

Data Discipline – *You Can Herd Cats!*

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Disclosures

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(CPCSSN)

Objectives

1. 'Make a case' for pursuing data discipline
2. How to get started
3. Team building and culture change
4. Tips and tricks

A bit about us

- FHT established in 2006
- Academic FHN (23 attending physicians) – teaching site for the Dept of Family Medicine, with 50 PGY1 residents each year.
- 4.5 teams, spread across two sites
- ~13 500 patients
- FHT staff: 1 pharmacist, 1 dietitian, 2 social workers, 4 NPs, 5 RNs, 0.6 foot care RPN, 6.5 clerical, & 0.5 data analyst
- Non-FHT staff: 6 RPNs, 0.57 after hours clinic RPN, 1.5 MOA, 2.5 clerical
- Interprofessional quality improvement committee
- OSCAR – open source EMR
- CPCSSN sentinel site

A bit about CPCSSN (Canadian Primary Care Sentinel Surveillance Network)

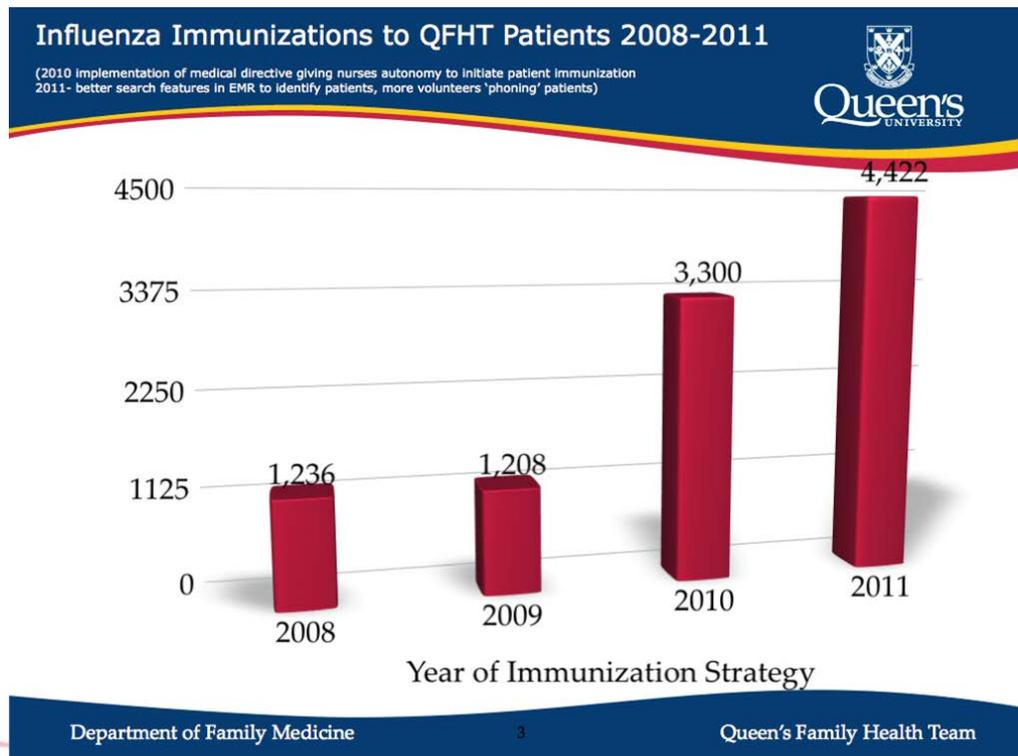
- Established 2008, funded by Public Health Agency of Canada, a sub-entity of the College of Family Physicians Canada
- Goal is to create a Pan Canadian Primary Care Surveillance System
- Unvarnished, anonymized data taken every 3 months from participating physicians
- Algorithms used to identify 8 chronic diseases even if poor data quality
- Benefit to participating physicians is feedback reports and more individualized reporting which can be used to clean data

Data discipline – what is it?

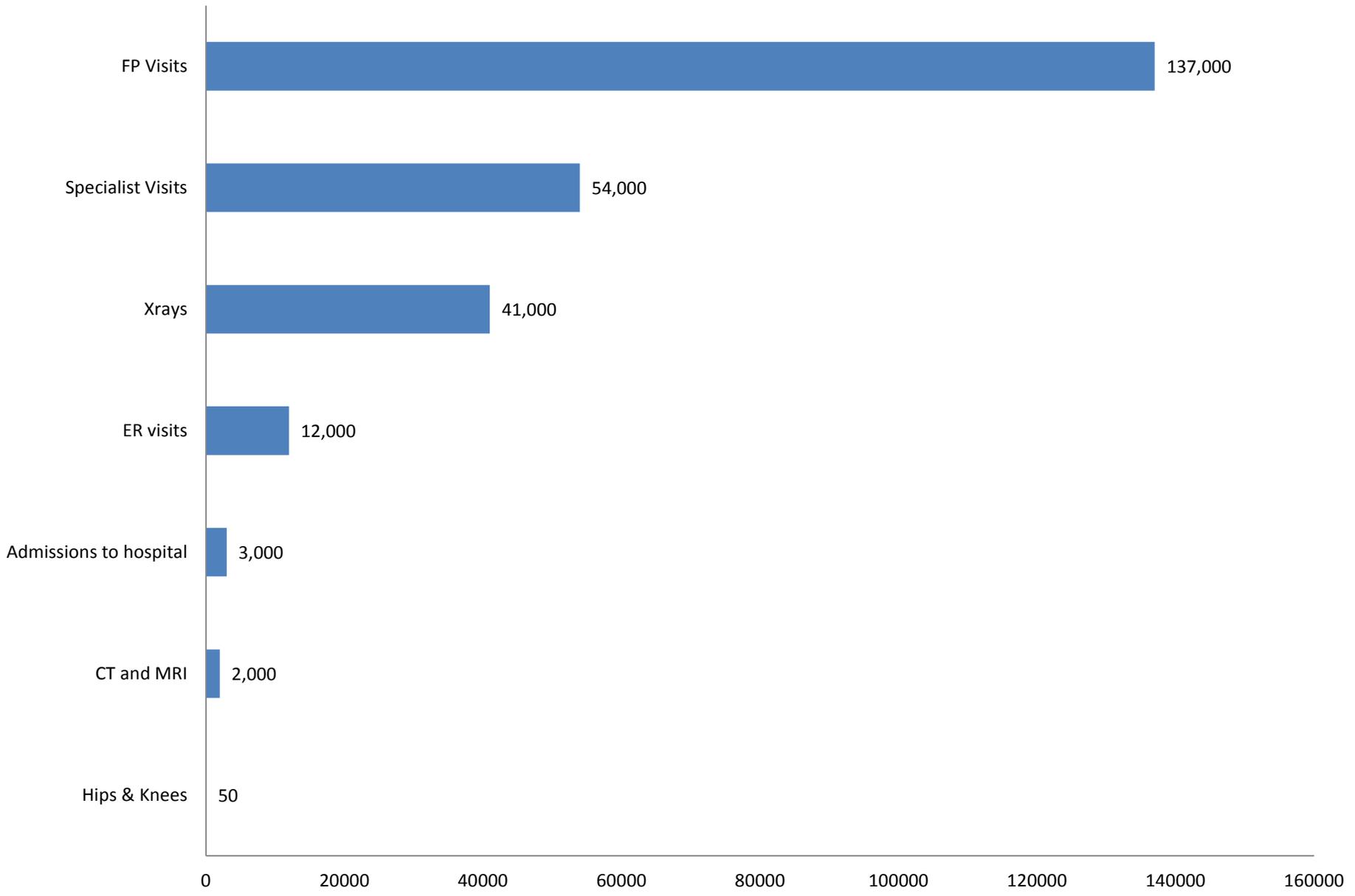
- Accurately represents a particular scenario
- Timely & complete
- Consistent
- Trustworthy
- “Everything in the right spot”



Why does it matter?



Healthcare Encounters per day in Ontario (Institute for Clinical Evaluative Studies 2003)



Why does it matter?

- It can help you offer better care
- It can make it easier to offer better care
- It can help to engage your entire team
- It might not be as difficult to implement as you think...

How to get there?



You are here



Dr. Who's Diabetic Patient Care

(as of August 29, 2012)

Last Name	First Name	Latest A1C	Latest Systolic	Latest Diastolic	Latest LDL
Patient	One	6.4	132	63	1.67
Patient	Two		138	87	3.89
Patient	Three	6.7	125	88	1.56
Patient	Four	9.9	128	67	3.35
Patient	Five	6.6	127	67	2.1
Patient	Six	8.7	144	79	
Patient	Seven	11.8	139	73	2.09
Patient	Eight	7.3	114	76	
Patient	Nine	7.6	145	82	2.4
Patient	Ten	8.7	113	90	1.29
Patient	Eleven	11.5	131	76	2.13
Patient	Twelve	7.6	130	86	1.96
Patient	Thirteen	8.2	105	88	1.44
Patient	Fourteen	6.7	118	89	3.12

Last Name	First Name	Overdue							
		A1C	BP	ACE-I/ARB Rx	LDL	Eye Exam	Foot Exam	ACR	eGFR
Patient	One	No	No	No	YES	YES	YES	YES	No
Patient	Two	YES	No	YES	YES	YES	YES	YES	YES
Patient	Three	No	No	No	No	YES	YES	YES	No
Patient	Four	No	No	YES	No	YES	YES	YES	No
Patient	Five	No	No	No	No	No	No	No	No
Patient	Six	No	YES	YES	YES	YES	YES	YES	YES
Patient	Seven	YES	No	No	YES	No	YES	YES	YES
Patient	Eight	No	No	YES	YES	YES	YES	YES	YES
Patient	Nine	No	No	No	No	YES	YES	YES	No
Patient	Ten	No	No	No	No	YES	YES	YES	No
Patient	Eleven	YES	No	No	No	YES	YES	YES	No
Patient	Twelve	YES	YES	YES	YES	YES	YES	YES	YES
Patient	Thirteen	No	No	No	No	No	YES	YES	No
Patient	Fourteen	No	No	No	No	No	YES	YES	No

If diabetic patients are missing from this list or should be removed from this list, please email Abi (abigail.scott@dfm.queensu.ca)

Important

Patients need to have a diagnosis of **DIABETES MELLITUS*** (ICD-9 code **250**) in the Dx Registry to be included in this report

Dx Registry	
ATRIAL FIBRILLATI...	17-Aug-2012
AORTIC ATHEROSCL...	20-Jul-2012
ALCOHOL DEPENDE...	05-Jul-2012
PROBLEMS WITH HE...	21-Jun-2012

Disease Registry

Coding System:	Diagnosis
icd9	ABDOM AORTIC ANEURYSM
	ATRIAL FIBRILLATION
	ALCOHOL DEPENDENCE SYNDR*
	PROBLEMS WITH HEARING
	ROSACEA
	TINNITUS*
	ALLERGIC RHINITIS*
	BENIGN NEOPLASM PROSTATE
	DRUG DEPENDENCE*
	SCHIZOPHRENIC DISORDERS*
	HEART FAILURE*
	EPILEPSY*
	HEARING LOSS*
	ALZHEIMER'S DISEASE
	GLAUCOMA*
	ANXIETY STATES*
	ACNE NEC
	GOUT*
	OSTEOARTHRISIS NOS*
	EMPHYSEMA*
	HUMAN IMMUNO VIRUS DIS
	ASTHMA*
	DIABETES MELLITUS*
	ALCOHOLIC FATTY LIVER
	AORTIC ATHEROSCLEROSIS

Code Search Add

Quick List

default

GO

- [ABDOM AORTIC ANEURYSM](#)
- [ABN GLUCOSE TOLERAN TEST](#)
- [ABN PAP SMEAR-CERVIX](#)
- [ACNE NEC](#)
- [ALCOHOL ABUSE-IN REMISS](#)
- [ALCOHOL DEPENDENCE SYNDR*](#)
- [ALCOHOLIC FATTY LIVER](#)
- [ALLERGIC RHINITIS*](#)
- [ALZHEIMER'S DISEASE](#)
- [ANXIETY STATES*](#)
- [AORTIC ATHEROSCLEROSIS](#)
- [ASTHMA*](#)
- [ATHEROSCLEROSIS*](#)

CPCSSN FEEDBACK REPORT, DATA 2010-Q4

Denominator for calculating the prevalence came from Yearly Contact Group (YCG), which was adjusted for CCHS-2009 Utilization Correction Factor (UCF).

Province = Alberta

Network = SAPCReN (Calgary)

Site/Clinic ID = 01

Sentinel/Provider ID = 01

B. Prevalence

Conditions	National	Province	Network	Site	Sentinel
Hypertension	17.6%	17.1%	15.9%	16.5%	16.8%
Diabetes	7.8%	6.9%	6.2%	8.1%	8.6%
Depression	11.8%	16.0%	14.7%	16.9%	19.6%
COPD	2.6%	2.5%	2.0%	2.3%	2.7%
Osteoarthritis	7.5%	9.5%	8.4%	8.3%	10.3%
Parkinson's	NA	NA	NA	NA	NA
Epilepsy	NA	NA	NA	NA	NA
Dementia	NA	NA	NA	NA	NA
N (YCG, adjusted)	121,034	16,443	5,555	1,432	709

C. Chronic Illnesses

Conditions	National	Province	Network	Site	Sentinel
None	67.3%	64.7%	66.8%	64.2%	59.9%
1 condition	21.5%	22.8%	22.5%	23.0%	26.0%
2 conditions	8.4%	8.9%	8.0%	9.8%	11.1%
3 conditions	2.4%	3.1%	2.2%	2.4%	2.3%
4 conditions	0.4%	0.5%	0.4%	0.5%	0.6%
5 conditions	0.0%	0.0%	0.0%	0.1%	0.1%
6 conditions	NA	NA	NA	NA	NA
7 conditions	NA	NA	NA	NA	NA
8 conditions	NA	NA	NA	NA	NA
N (YCG, adjusted)	121,034	16,443	5,555	1,432	709

A. Demographics (YCG)

Indicators	National	Province	Network	Site	Sentinel
Age (mean years)	49.4	47.4	47.0	48.3	51.1
% Paediatric (<18 yrs)	4.5%	4.7%	5.6%	5.9%	4.0%
% Geriatric (>65 yrs)	19.8%	15.1%	14.0%	15.7%	21.2%
Sex (% male)	38.5%	35.0%	39.6%	45.6%	45.0%
N	97,393	13,220	4,425	1,138	571

D. Indicators (YCG)

Conditions	National	Province	Network	Site	Sentinel
D1. HYPERTENSION	N=21,252	N=2,821	N=881	N=236	N=119
% BP on Target (<140/90)	73.2%	66.9%	66.2%	63.1%	60.5%
% on target last quarter*	69.4%	65.7%	68.1%	60.4%	60.1%
Missing (n)	(4,024)	(13)	(12)	(0)	(0)
D2. DIABETES	N=9,384	N=1,132	N=344	N=116	N=61
% HbA1C on Target (<7)	52.6%	54.5%	47.7%	38.9%	49.1%
% on target last quarter*	45.6%	50.5%	43.4%	36.8%	48.9%
Missing (n)	(1,811)	(171)	(107)	(8)	(2)
% BP on Target (<130/80)	40.5%	44.4%	38.3%	43.1%	42.6%
% on target last quarter*	38.5%	40.4%	32.3%	44.1%	45.6%
Missing (n)	(1,661)	(14)	(10)	(0)	(0)
% LDL on Target (<2)	38.3%	42.2%	42.2%	44.1%	44.3%
% on target last quarter*	35.3%	40.5%	45.2%	40.4%	41.3%
Missing (n)	(5,420)	(817)	(29)	(5)	(0)
D3. COPD	N=3,152	N=417	N=111	N=33	N=19
% Smoking Current	41.9%	36.7%	38.2%	100.0%	100.0%
% Smoking Past	24.4%	20.4%	38.2%	0.0%	0.0%
% Smoking Never	33.7%	43.0%	23.6%	0.0%	0.0%
% smokers last quarter*	47.7%	43.6%	35.2%	96.7%	92.1%
Missing (n)	(1,830)	(98)	(56)	(23)	(15)

* fabricated

Lessons Learned #1

- Just start!
- Small is okay. (It's likely more work than you think!)
- Low-hanging fruit is okay.
- Pick something that isn't controversial
- Provide lots of training and support
- Talk about it
- Make it easy

DM: Recalls

Which adult diabetic patients should be called in for an appointment? Patients who have a patient status of 'Nursing Home' are excluded from this report. Note: Next Appt is with either a MRP, Resident, or NP.

Step 1: Team/Demi-team/MRP:
Step 2: Generate Query
[Show/Hide Options](#)



DM: Recalls

Which adult diabetic patients should be called in for an appointment? Patients who have a patient status of 'Nursing Home' are excluded from this report. Note: Next Appt is with either a MRP, Resident, or NP.

[Hide/Show Query](#)

MRP	Demo	First_Name	Last_Name	Phone	Alert	Roster	Status	Days_Since_A1C	A1C	Days_CBC	Days_LDL	Days_eGFR	Days_ACR	Next_Appt
						RO	AC							
						RO	AC	665	5.0	553	665	665		2012-06-08
						RO	AC	653	8.5	800	653	653		
						RO	AC	457	6.6	457	457	457		
						RO	AC	451	6.0		451			
						RO	AC	403	7.4	403	403	403		
						RO	AC	388	6.3	388	388	388		
						RO	AC	374	6.2	374	456	374		
						RO	AC	359	7.6	359	452	359		
						RO	AC	309	6.6	309	462	309		
						RO	AC	309	6.2	357	487	388		2012-06-08
						RO	AC	290	6.2	290	88	290		2012-06-15

Front of Report: Results

Last Name	First Name	Latest A1C	Latest Systolic	Latest Diastolic	Latest LDL	Next Appt	May Need Insulin *
Patient	One	6.5	116	77	2.24		
Patient	Two	8.5	128	75	1.73		
Patient	Three	9.1	120	86	3.49		YES
Patient	Four	6.8	114	68	2.05	5-Sep-12	
Patient	Five	560	140	69	1.81	5-Sep-12	
Patient	Six	7.6	131	81	1.98		
Patient	Seven	6.3	118	69	1.12		
Patient	Eight	7.7	124	73	2.86	21-Oct-12	
Patient	Nine	6	119	71	2.1		
Patient	Ten		133	62	2.14		
Patient	Eleven	6.4	110	79	2.13	28-Sep-12	
Patient	Twelve	8.6	144	85	3.21		
Patient	Thirteen	8.2	118	70	3.17	7-Sep-12	
Patient	Fourteen	6.4	117	62		2-Nov-12	

* Patients whose latest HbA1c was 9% or higher and who do not have an active insulin prescription

Also, you will see in Measurements:

Measurements	
Diabetes Flowsheet	
LDL	... 2 19-Sep-2012
Alb creat ratio	... 4 13-Sep-2012
Dilated Eye Exam...	Yes 03-Sep-2012
Foot Exam Test k...	Yes 22-Aug-2012
ESR	... 1 21-Aug-2012
A1C	... 0.074 26-Jul-2012
Retinopathy	... No 28-Jun-2012
Foot Exam	... Yes 21-Mar-2012
BP	... 120/70 21-Jul-2011

Comes from the Diabetic Flowsheet in the patient's chart

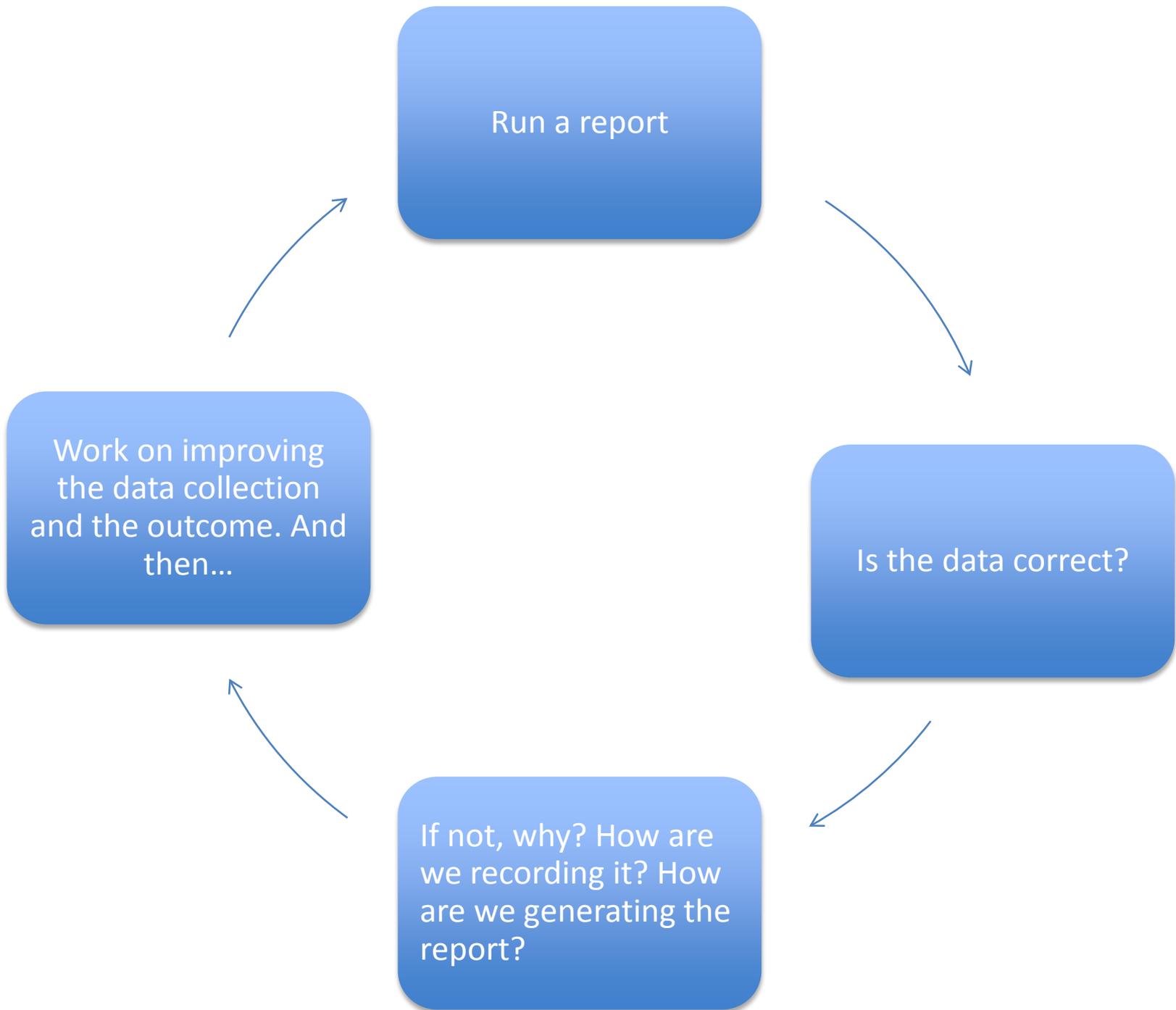
TEST, DAVID M 3				
Reminders				
Allergies				
Medications				
Glycemic Control				
	Value	Comments	Most Recent	Previous
A1C		A1C	0.074 ; 2012-07-26	0.089, 2011-10-26

TEST, CARL**Reminders:****Pharmacy:** SDM - Princess 136 (Bagot)**Allergies:** HMG-COA REDUCTASE INHIBITORS,
PENICILLIN**Medications:** VENTOLIN DISKUS 200µG 1 OD 0 Day 0 Qty Repeats: 0,
test 0 0 30 Qty Repeats: 0,
AMOXICILLIN 250MG 1 OD 0 Day 0 Qty Repeats: 0,
AVA-RAMIPRIL 5MG 1 OD 30 Days 30 Qty Repeats: 0,
PMS-LOSARTAN 50MG 1 OD 30 Days 30 Qty Repeats: 0,
VARENICLINE 1.0MG TABLET 0 bid 0 Day 28 Qty Repeats: 4,
AMOXICILLIN 500MG 2 bid 3 Days 12 Qty Repeats: 3,
AMOX 500 CAP 500MG 1 bid 10 Days 20 Qty Repeats: 0,
VARENICLINE 0.5MG/VARENICLINE 0 od 3 Days 1 Qty Repeats: 0**Preventions:**Other: **Diabetic Flowsheet****Vitals**

Measurement	Value	Comment	Last Value	Last Date	Last Comment
Height:	<input type="text"/> cm	<input type="text"/>			
Weight:	<input type="text"/> kg	<input type="text"/>			
BMI:	<input type="text"/>	<input type="text"/>			

Lessons Learned #2

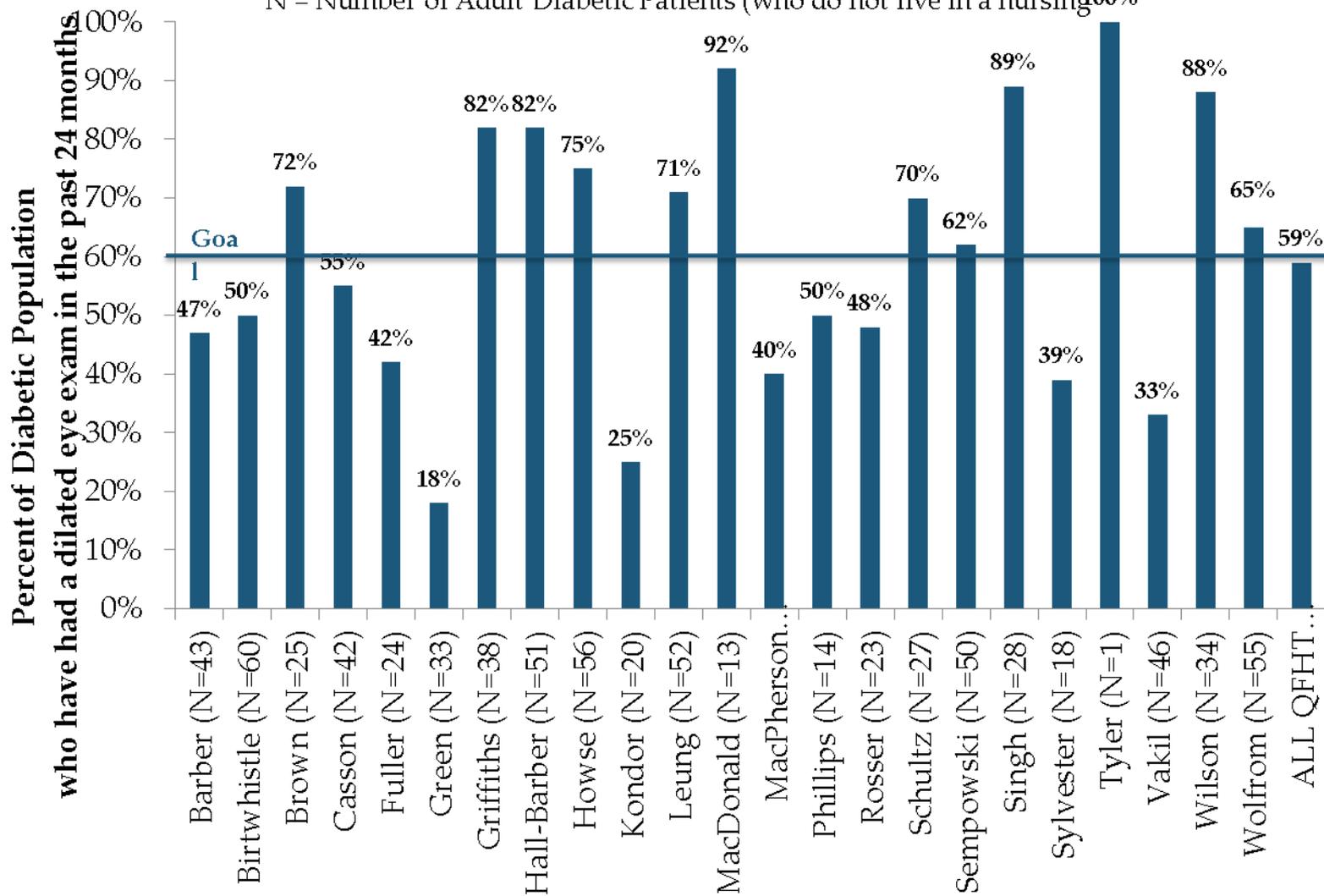
- Give them the data. It doesn't have to be perfect at the beginning – in fact, this is how to build buy-in and how you clean up the data.
- This will take time – that is okay.
- This is a great opportunity to clarify roles and improve/standardize processes.



Timely Dilated Eye Exam (as of October 11, 2012)

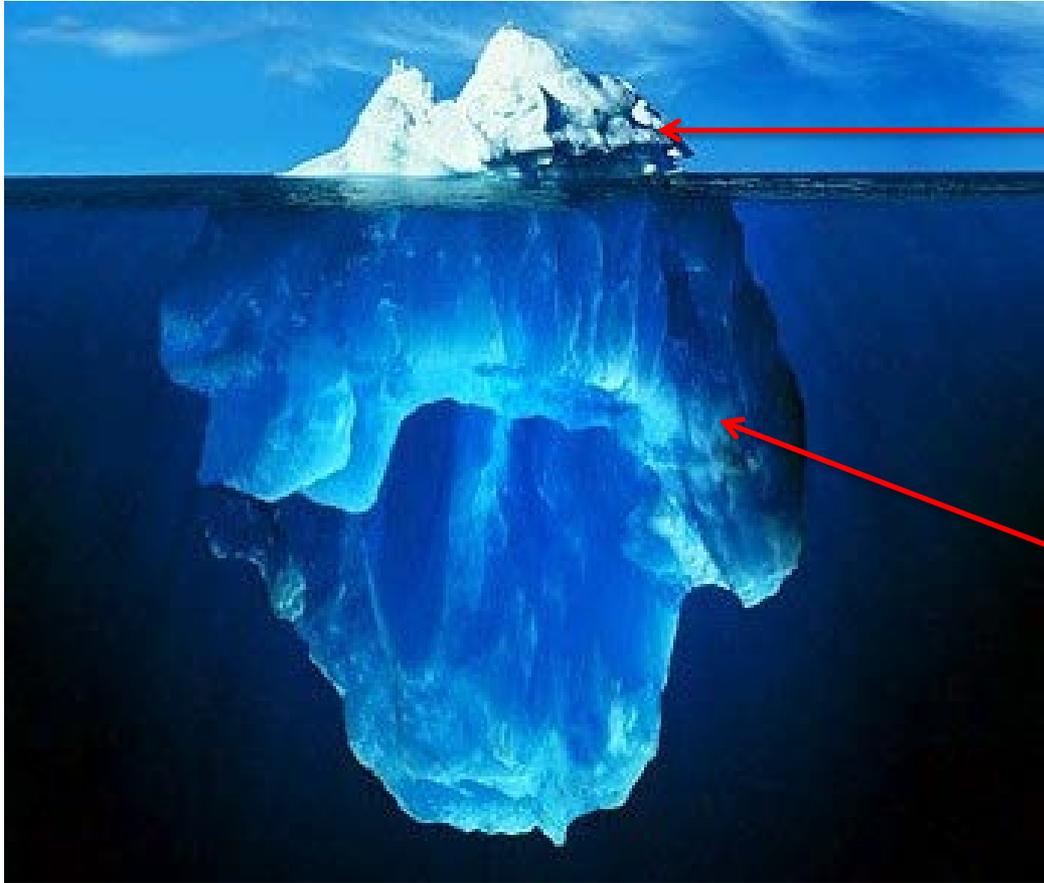
■ Dilated Eye Exam in the past 24 months

N = Number of Adult Diabetic Patients (who do not live in a nursing home)









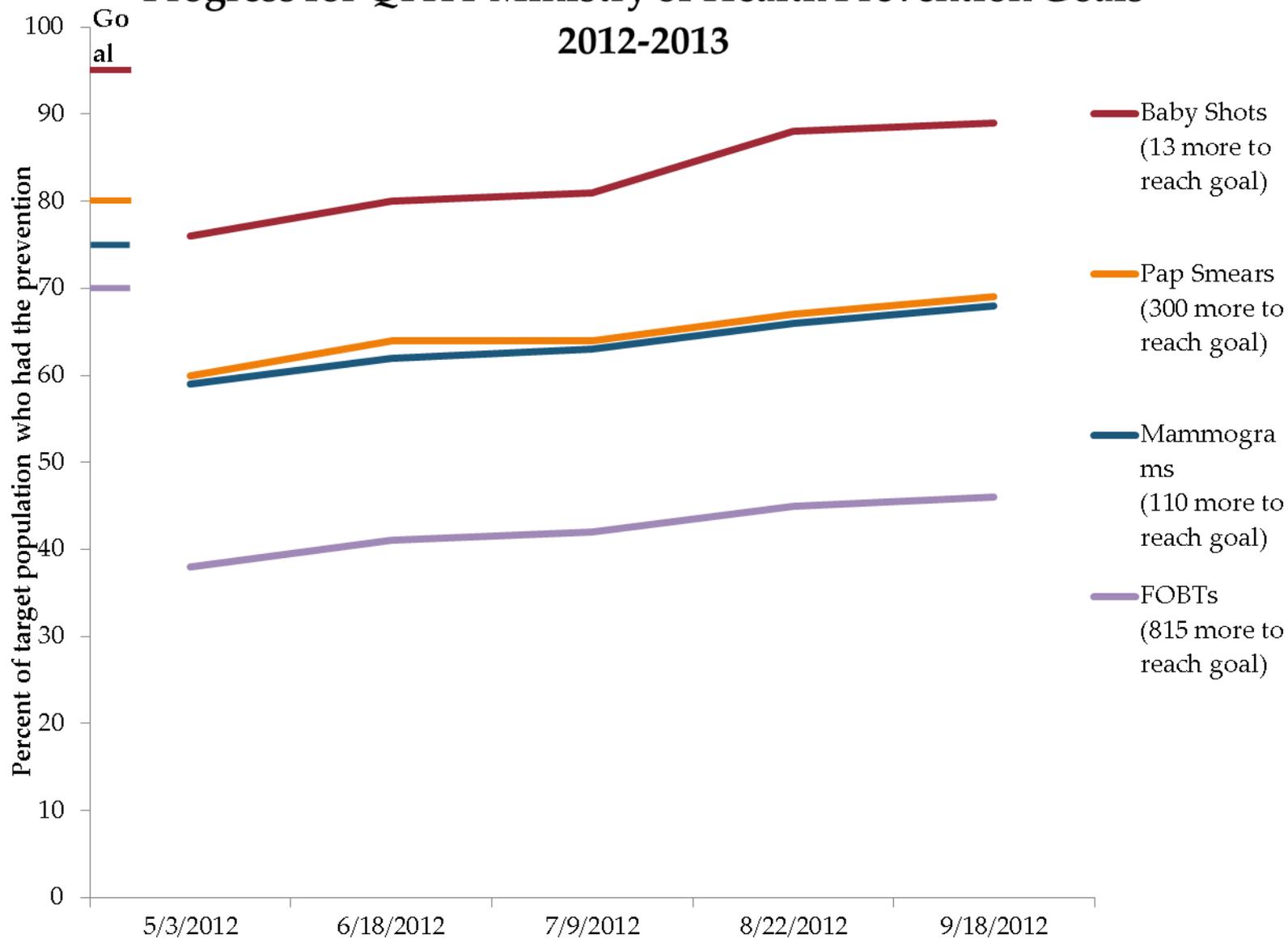
Patients who come in.

Everyone else.

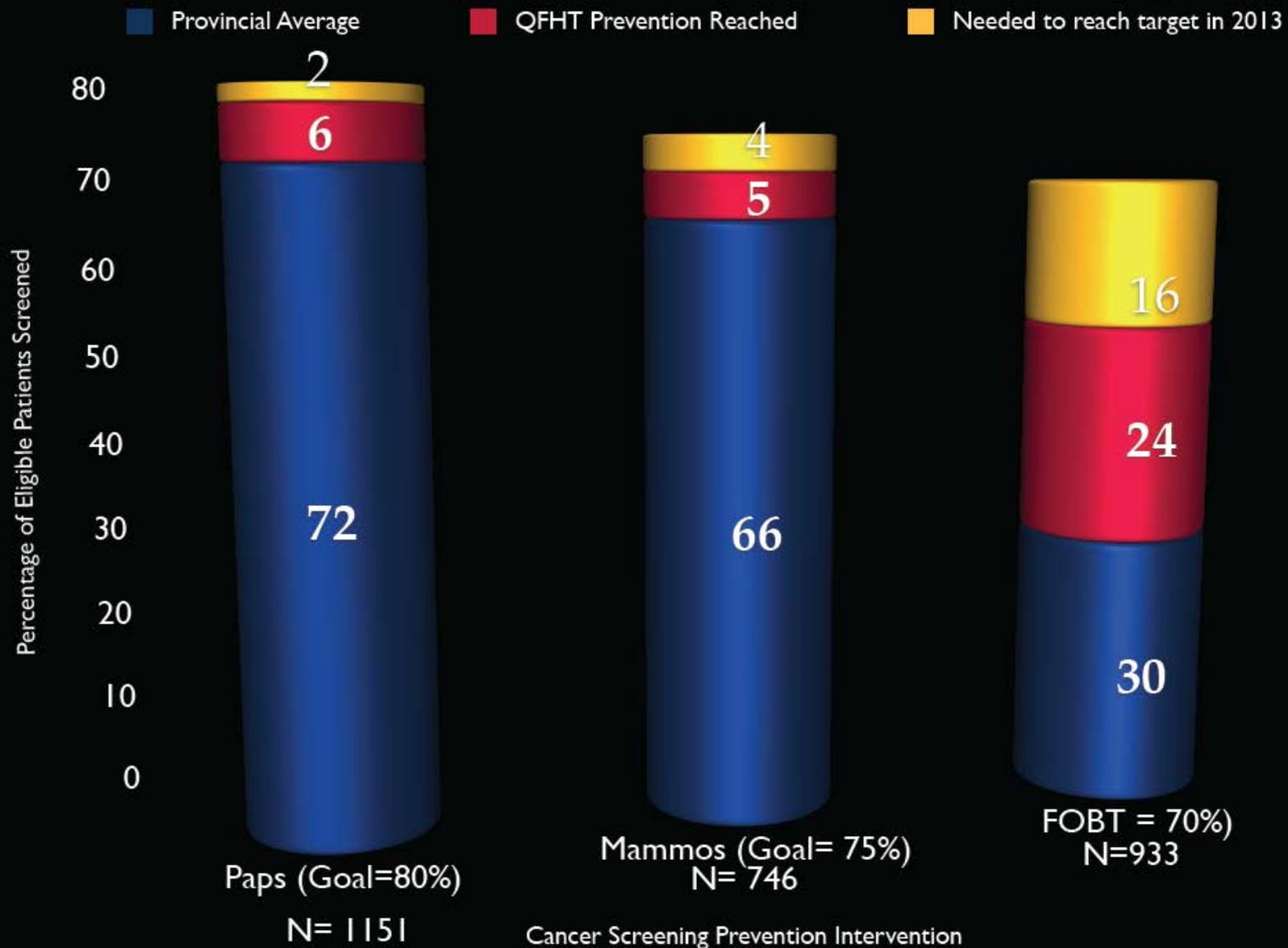
Lessons Learned #3

- Consider unblinding the reports – but make it a safe space
- Engage the entire team – share the work and the successes
- Give them the tools they need to be successful
- Care for your entire roster – not just the ones that come in

Progress for QFHT Ministry of Health Prevention Goals 2012-2013



Comparisons and Targets Of QFHT Cancer Screening (2012-2013)



Lessons Learned #4

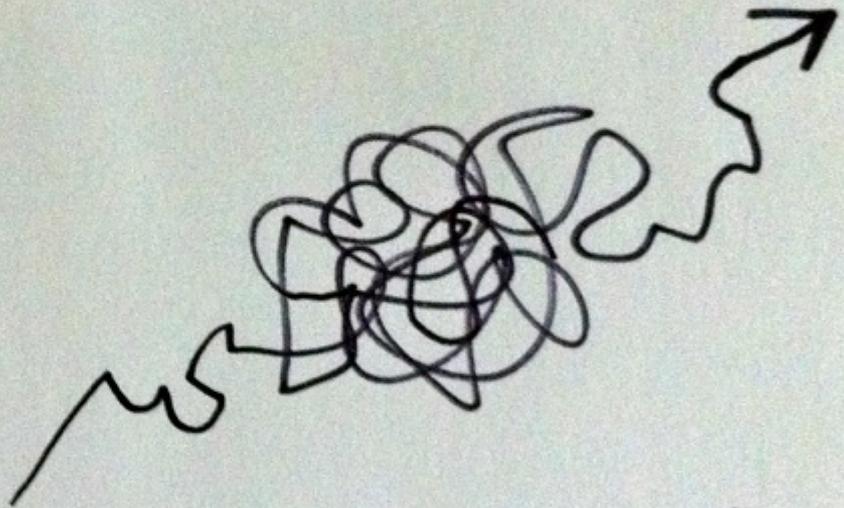
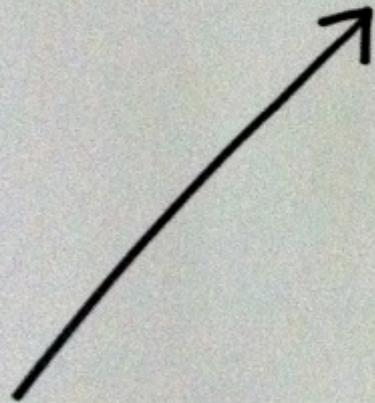
- Make it visual
- What would you like them to do with this information?
- Make clear goals
- Give frequent updates



Like you we see ourselves as resource poor

Success

Success



what people think
it looks like

what it really
looks like

Questions or ideas?



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