

# From Prenatal To Postpartum And Beyond

## How to maximize your capacity for comprehensive care for mothers and babies

### Prenatal and Beyond

The goal of the prenatal clinic is to more efficiently use family health team resources to conduct higher quality and a larger volume of prenatal care.

In order to maximize roles within scopes of practice, team member job satisfaction, and patient access, team members from various professions were engaged in the planning and delivery.

### Postpartum Care

Postpartum care is provided by the nurse practitioner or registered nurse and physician, based on preference, complexity and availability.

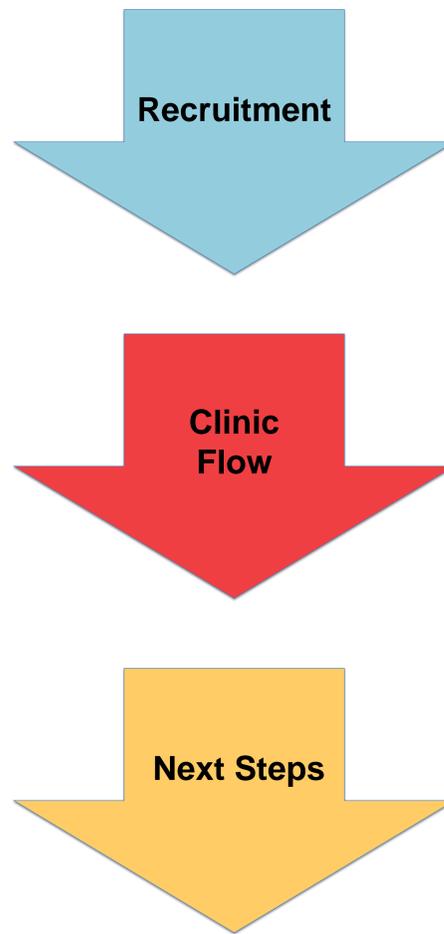
Postpartum services, including mental health and breast feeding support are available to all patients.

### Well Baby Care

On-going well baby care for new patients is provided individually or in a well baby group.

Under medical directives the registered nurse at the FHT can provide well baby visits independently, decreasing clinic visits.

The well baby group visits are run by the nurse practitioner and registered nurse.



Currently patients are recruited into the program internally and through referral. Future planning will include further referral sources and processes.

Prenatal visits have been condensed to a half day per week in order to improve flow and efficiencies.

- All patients are booked in the nurse practitioner's schedule, and cross-booked with the physician.
- The social worker's schedule is available for making a connection with those who need it.
- The registered nurse assists with measurements and education as needed.
- Phone appointments are available for any questions outside of clinic time and are triaged by the registered nurse or nurse practitioner.
- The registered dietitian is available by referral for consultation regarding gestational diabetes.

- Collaborate with other community agencies to share resources and responsibilities.
- Start group visits in partnership with other family practice obstetrics providers, in order to increase time efficiency based on our patient population.
- Partner with a other community agencies and groups, e.g. a peer lactation support group.

### Our Interdisciplinary Team Members



#### Physician

Maintains a relationship with patients by checking-in with all patients at the end of the visit. This relationship is important as the physician will be delivering the baby.



#### Nurse Practitioner

Runs the clinic, by seeing the patients, ordering necessary testing, performing a physical exam and answers questions. Performs a supportive role in consultation with other providers and when the physician is away.



#### Registered Nurse

Available for phone triage, patient education visits, case management, and support for lactation education.



#### Social Worker

Available for mental health support and additional screening, as well as lactation education and support.



#### Registered Dietitian

Available for patient education and provider consultation when there is a risk for gestational diabetes.



#### Pharmacist

Available for education with patients and providers regarding medication choice and safety in pregnancy.