

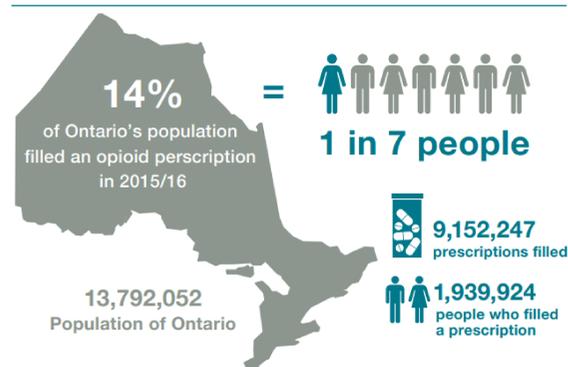
Collaboration to Address the Opioid Crisis

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BACKGROUND

Number of people who filled an opioid prescription and number of prescriptions filled, 2015/16



Data Sources: Narcotics Monitoring System, provided by the Ministry of Health and Long-Term Care; Population estimates, provided by the Ministry of Finance

Source: 9 million prescriptions, 2017¹

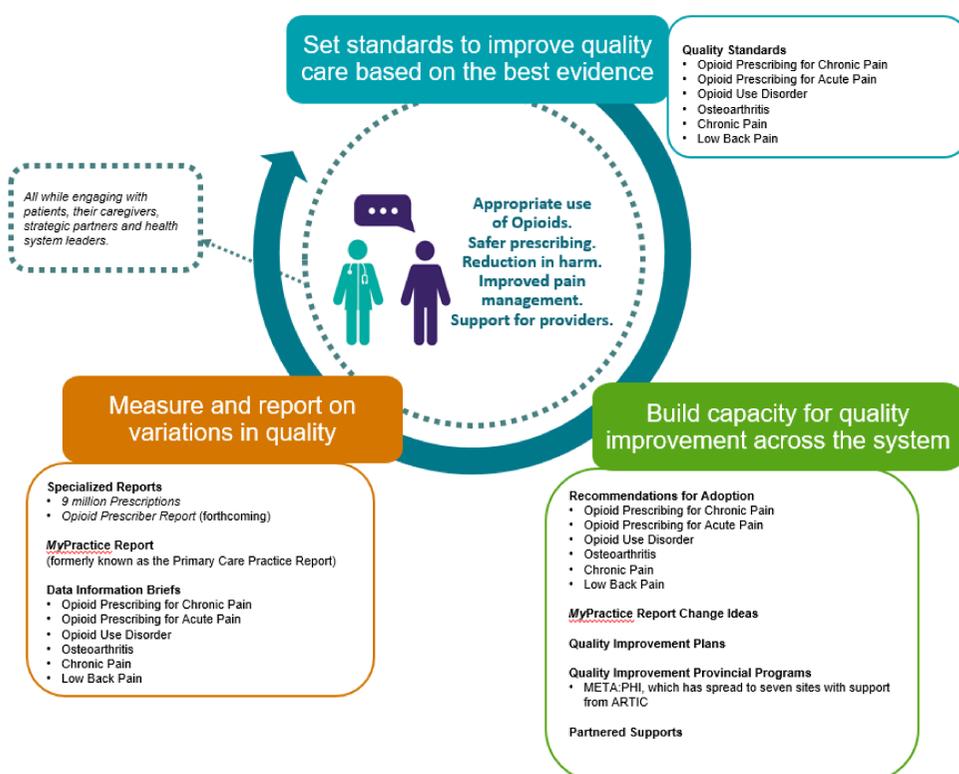
- In 2015/16, people in Ontario filled more than nine million opioid prescriptions¹
- Overdoses and deaths associated with opioid use, misuse, and abuse have been on the rise¹
- In 2015, 700 people died in Ontario from opioid-related causes, a 194% increase since 2003¹

COMMITTED TO COLLABORATING

Health Quality Ontario is collaborating with partners from across the health care system to develop an integrated body of work to help clinicians, patients, and the health system in addressing this complicated issue (Figure 1). Through this integrated approach, Health Quality Ontario's goal is to support the following:

- Appropriate use of opioids for Ontarians
- Safer prescribing
- Harm reduction
- Effective pain management

Figure 1: Health System Collaboration to Address the Opioid Crisis



Reference

1. Health Quality Ontario. 9 million prescriptions: What we know about the growing use of prescription opioids in Ontario. Toronto: Queen's Printer of Ontario; 2017. Available from: <http://opioidprescribing.hqontario.ca/>.

TOOLS TO SUPPORT IMPROVEMENT

Partnered Supports for Opioid Prescribing and Pain Management

- Helping patients manage pain is complex and extends beyond primary care. To help navigate this challenging landscape and support providers across the health care system, tools and resources are being expanded through a connected effort of health groups across Ontario
- Beginning with family physicians and spreading to other prescribing groups, this program aims to communicate what's available, what you can do, and who can help

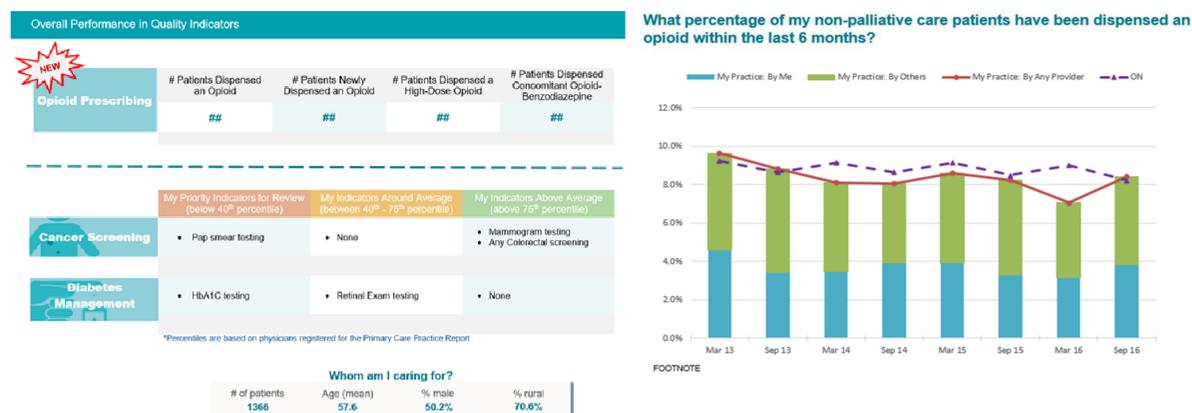
Collaborators	Resources
Ontario College of Family Physicians	Medical Mentoring for Addictions and Pain: provides mentoring support that connects family physicians with experts in chronic pain and addictions across the province of Ontario.
Centre for Effective Practice	One-on-one educational outreach visits (also known as <i>academic detailing</i>) and access to clinical tools and supports focused on delivering objective, balanced, evidence-informed information on best practices to providers.
Ontario MD	Digital tools, such as eConsult and the EMR Physician Dashboard, which optimize the use of electronic medical records and their data to help providers understand current patterns of care. Expert users of these tools are also available to answer questions and offer support via a Peer Leader Program.
Association of Family Health Teams of Ontario	Quality Improvement Decision Support Specialists (QIDSS) and analytic support for family health teams.

Quality Standards

- Three quality standards are in development specific to opioid prescribing for acute pain, chronic pain, and opioid use disorder
- Recommendations for adoption will accompany each of the standards, focusing on local, regional, and system-level supports that are needed for successful adoption of the quality statements (March 2018)

MyPractice Report: Primary Care

- A confidential report that allows family physicians to see their own opioid prescribing patterns compared with the provincial average
- The first report in this series will be available to registered physicians in late November 2017
- Key measures will include practice-level data on opioid prevalence, new starts, concomitant prescribing of opioids and benzodiazepines, and prescribing of high-dose opioids
- Team-level MyPractice Reports with opioid prescribing data will be available to family health team and community health centre executive directors in the future



A snapshot of some of the information available in the forthcoming MyPractice Report – Primary Care. These data are for demonstration purposes and do not reflect the real results of any primary care practice.

"Reflecting on my data outside of the pressures of a clinical encounter helped me identify opportunities for how I can better help my practice population in the best possible management of pain. Even looking at this data every 6 months will be a useful exercise and I hope will result in improved pain management for several of my patients."

– Dr. David Kaplan, Provincial Clinical Lead, Primary Care, Health Quality Ontario

Quality Improvement Plans

- For 2018/19, organizations will be asked to describe what steps they are taking to support the effective treatment of pain, including opioid treatment practices, and promoting alternatives to opioids for pain management
- Development of an opioid-related indicator is planned for 2019/20

Specialized Report – Opioid Prescribing

- A follow-up report to Health Quality Ontario's public-facing report 9 Million Prescriptions will be released in December 2017. The report will focus on opioid prescribing practices in Ontario for new starts – instances in which people begin taking an opioid medication for the first time in at least 6 months