

BRIGHT LIGHTS AWARDS

Nomination: It takes a team: collaboration inside and out

Dufferin Area Family Health Team

Innovative, collaborative quality improvement to optimize clients' experience accessing and participating in structured psychotherapy



In late 2021, the Dufferin Area Family Health Team (DAFHT) partnered with Waypoint – a Network Lead Organization (NLO) for the Ontario Structured Psychotherapy (OSP) Program - to become a new Service Delivery Site. DAFHT was enthusiastically engaged right from our first planning meeting, hired staff quickly, enrolled staff in the required provincial training, then began serving clients with a focus on individuals residing in Bolton, Caledon, and Dufferin. The team at DAFHT has taken every opportunity to provide the OSP Program with constructive suggestions to adjust service provision, optimize accessibility, enhance outcome monitoring, and deliver high quality client centred care.