

BRIGHT LIGHTS AWARDS

Nomination: It takes a team: collaboration inside and out

**Aurora-Newmarket Family Health Team
Diabetes - It Takes a Village**



Our diabetes program demonstrates how a Family Health Team can collaboratively address all aspects of a patient's health when diagnosed with diabetes (DM), pre-diabetes or gestational diabetes. Diabetes is a multifactorial disease and subsequently our program uses a multidisciplinary and diverse approach in order to promote improved glycemic levels, blood pressure and lipid control. This is also done by addressing socioeconomic and mental health aspects involved with having a diagnosis of Diabetes.