

BRIGHT LIGHTS AWARDS 2021

Nomination: Reducing unnecessary care

Hamilton FHT Green Initiative Team

Hamilton FHT Green Initiative (HFHTGI)



The HFHTGI is a two-pronged approach to educate and encourage primary care teams to provide sustainable green care while modeling sustainability within their offices. The health care system accounts for ~5% of Canada's total greenhouse emissions and with ~30% of interventions not needed, health care negatively and, often, unnecessarily contributes to climate change. The HFHTGI works with health care and environmental experts to create easily-implemented solutions within practices to reduce wastage, unnecessary interventions, and provide sustainable alternative treatments (e.g., low-carbon inhalers). The HFHTGI is scaling up work with external organizations to improve sustainability within all regions of health care.