

TEACH Specialty Course:

ADDRESSING NICOTINE USE AMONG YOUTH AND YOUNG ADULTS



Course dates: July 7th - August 3rd; August 4th - August 31st

COURSE DESCRIPTION

In this **13.5 hour faculty-moderated online course**, the learner will develop the knowledge, skills, and abilities to provide a wholistic, client-centred, biopsychosocial approach to screen, engage, and address nicotine use among youth (aged 15-19) and young adults (aged 20-24). The learner will also be able to apply these skills, develop treatment in collaboration with clients, and refer as necessary.

LEARNING OBJECTIVES

1. Identify the factors associated with the onset of nicotine use among youth and young adults.
2. Screen and assess nicotine use among youth and young adults.
3. Describe strategies for engaging youth and young adults who use nicotine in cessation and/or reduction.
4. Offer evidence-based psychosocial approaches to cessation with youth and young adults.
5. Tailor evidence-based pharmacological approaches to cessation with youth and young adults.
6. Discuss strategies to support youth and young adults who use nicotine with other concurrent issues and unique considerations:
 - a. Alcohol use
 - b. Cannabis use
 - c. Smoking combustible cigarettes
 - d. Unique considerations for youth and young adults who are:
 - i. transitional-aged
 - ii. street-involved
 - iii. pregnant or postpartum
 - iv. living with chronic health conditions (physical and mental)

CONTACT US

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The Training Enhancement in Applied Cessation Counselling and Health (TEACH) Project aims to ensure that practitioners who provide services to people who use tobacco have the specialized knowledge and skills to deliver effective, evidence-based cessation interventions.