

Did you know migraine impacts **25% of women, 8% of men and 10% of children**? The World Health Organization (WHO) states that the disabling effects of severe migraine are “comparable to dementia, quadriplegia and active psychosis” (Shapiro RE, Goadsby PJ, Cephalgia 2007). **Furthermore, the WHO classified the constant nature of chronic migraine as “more disabling than blindness, paraplegia, angina or rheumatoid arthritis.”** (Harwood RH et al., Bull, World Health Org. 2004).

Migraine Canada™ is a federally registered charity committed to improving the lives of the 5 million Canadians with migraine and other headache disorders through advocacy, awareness, education, research and support.

We have a growing list of patient-centred resources, including Adult Acute and Preventive dosing guides and a Migraine Management Library. In collaboration with leading Canadian pediatric neurologists and pharmacists, Migraine Canada™ also has reference documents on Dosing Recommendations for Acute Migraine Attacks for children aged 6-17 years of age for healthcare providers, a Parent Dosing Guide for families, and Medical Notes templates for prescribed medication with an emphasis on the importance of administering treatment at the onset of an attack. These are only a few examples of resources Migraine Canada™ has developed, all of which have been created or reviewed by our Scientific Advisory committee, with input from our Patient Advisory Committee.

Our HCP-targeted Migraine Minute eNewsletter is a concise monthly communication, highlighting relevant events, programs, and resource updates in bullet form. We also list headache specialists in our Headache Clinic locator and ship our resources to HCPs for free! Contact us to be added to the locator or to receive resource package!

Please visit migrainecanada.org or email info@migrainecanada.org to learn more.