

Resources for Continuing Professional Development

Explore free online courses and resources for primary care providers on machealth.ca. Developed in conjunction with subject matter experts, experts in online learning, and not-for-profit or government partners.

Asthma Action Plan

machealth.ca/programs/asthma-action-plan

Get an overview of asthma action plans and their role and evidence for use in primary care. The tools and resources align with the latest Canadian Thoracic Society guidelines for the diagnosis and management of asthma.



Canadian Geriatric Psychiatry Online Program

geripsych.machealth.ca/geripsych

Designed originally for geriatric psychiatry sub-specialty residents, this program is composed of a series of 15 online courses covering core competencies in geriatric psychiatry that is useful for other professionals providing care to older adults. Courses cover a range of topics, including approach to assessment; late-life psychosis; depression; dementia; anxiety; and others.

Child Psychiatry

machealth.ca/programs/child_psychiatry

Two case-based online courses on Pediatric ADHD and Eating Disorders cover a broad overview of the epidemiology, clinical assessment, differential diagnosis, and evidence-based psychosocial and pharmacologic management of these relatively common conditions in children and adolescents.



COPD in Primary Care

machealth.ca/programs/copd

This evidence-based education and management program about Chronic Obstructive Pulmonary Disease (COPD) consists of two online courses: one focused on the initial assessment, diagnosis, prognosis, and management, including the importance of spirometry interpretation, and the second on an approach to pharmacotherapy. The tools and resources align with the latest Canadian Thoracic Society (CTS) guidelines.

Dementia Foundations

dementiafoundations.machealth.ca

This 4-hour program was designed for unregulated care providers such as personal support workers, healthcare aids, care companions, and others working in home, community, or long-term care settings. However, from experience, some RNs, NPs, and MDs have also found the courses very helpful, especially if they have less experience working with patients with dementia and their families. This is a fee-based program.

Developmental Coordination Disorder

machealth.ca/programs/developmental_coordination_disorder

Developmental Coordination Disorder (DCD) is a common health condition that impacts motor skill development. Children with DCD have difficulty learning and doing everyday tasks like printing, getting dressed, or riding a bike. With the right support, children with DCD can participate successfully in school, at home, and in the community. This program was designed to increase your knowledge about DCD and your confidence in supporting a child's development and participation.



Extreme Heat Events

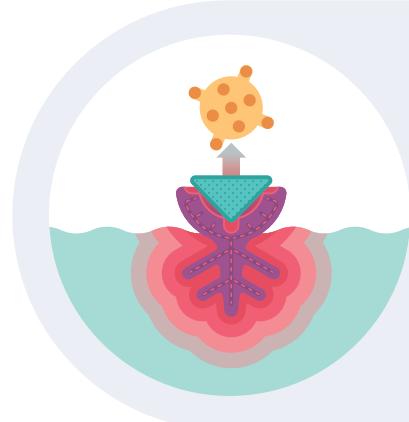
machealth.ca/programs/ehe

The duration and frequency of extreme heat events is on the rise in Canada, and this program was designed to give healthcare providers training and tools to better prevent and manage heat-related illnesses.

Ontario's Enhanced 18-Month Well-Baby Visit

machealth.ca/programs/18-month

Learn about the various components of Ontario's Enhanced 18-Month Well-Baby Visit, including the use of standardized assessment tools such as the Rourke Baby Record and the Looksee Checklist. Review the neuroscience that underpins the importance of this developmental evaluation and get a hands-on introduction to the use of tools with interactive patient case examples.



Opioids Clinical Primer

machealth.ca/programs/opioids_clinical_primer

Comprised of 6 individual online courses in two streams, 'Managing Opioid Use Disorder' and 'Managing Chronic Pain', this program provides an overview of key concepts and skills for clinicians facing common challenges in managing patients with chronic pain. These include reducing the risks of opioids, managing opioid use disorder, and understanding the connection between mental health, chronic pain, and substance use. Developed in conjunction with Ontario's six medical schools. Clinician resources include the Buprenorphine Reference Guide.

Radon

machealth.ca/programs/radon

Exposure to radon gas is the second leading cause of lung cancer after smoking and is linked to 3,000+ deaths annually in Canada. Learn about the health risks of radon and how to reduce patient exposures based on Health Canada's national radon awareness program.

