

BRIGHT LIGHTS AWARDS

2023

Nomination: 3. Organizing primary care to advance Ontario Health Teams

Two Rivers Family Health Team and Grandview Family Health Team

Community Mental Health & Addictions Clinic (C-MAC) Pilot Project: a collaborative approach to integrated care within primary care and the OHT



Recognizing the need for quick access mental health and addictions services in our community, the C-MAC was established to mitigate ER visits and remove barriers to accessing timely care. Using a collaborative approach between primary care and other affiliate OHT members, an 8-week pilot project was implemented at Cambridge Memorial Hospital. The target population focused on patients of all ages who required access to mental health services, providing equitable care for a priority population. Our mixed-methods evaluation approach provided insight into the success of the pilot project and highlights the need for permanent access to these services.