

BRIGHT LIGHTS AWARDS

2023

Nomination: 2. Optimising teams' capacity and creating efficiencies

Owen Sound Family Health Team

Putting Long COVID treatment in their own back yard.



Our Post COVID clinic was a brainchild of one of our Nurse Practitioners when we witnessed so many patients who were suffering with ongoing issues, long after having COVID. With all specialty clinics offering care for Long COVID patients being over 2 hours away, the next step was naturally to start our own. Not only has it been a tremendous support for our patients but an outstanding resource for our physicians. Having the more time-consuming specialty care taken over by our IHPs has given the patients the resources and time to improve, at the same time allowing the physician to focus on the remainder of their health. Without this clinic many patients would not have answers for their symptoms. Our family health team recognized the lack of community supports for patients discharged from hospital after severe Covid-19 illness, and also identified several patients struggling with recovery after mild covid illness. We determined the closest clinic offering specialty care is over 2 hours away with a wait list of nearly a year. The Post Covid Clinical Team committed to offering local supports and developed an interdisciplinary model of care after reviewing available literature and clinical tools.

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