

# BRIGHT LIGHTS AWARDS

2023

**Nomination: 4. Embedding mental health and home care in primary care**

**Seniors Home Support Program with Markham Family Health Team**

**Greater than the sum of its (our) parts! How an interdisciplinary primary care team is integrating care for homebound seniors.**



Unable to attend office based primary care and challenged with navigating health services within a fragmented system, a growing number of homebound seniors living in Markham and Stouffville now have a lifeline, both metaphor and a literal 'one number to call', to integrated primary care. Launched in June 2021, the Seniors Home Support (SHS) Program is providing homebound seniors with a much-needed continuum of routine preventative care, in-house geriatric counsel, urgent chronic disease management, and palliative care. SHS' achievements showcase what interdisciplinary providers can accomplish by working together and across sectors to transcend traditional boundaries of care.