

# BRIGHT LIGHTS AWARDS

2023

**Nomination: 1. Using a population-based approach to provide care to the community**

**Hamilton Family Health Team**

## **A Postal Code Visualization of Patient Distribution and Referrals to Mental Health and Psychiatry Programs at the Hamilton Family Health Team**



Using a novel approach to mapping referrals to psychiatry and mental health counselling, this study tangibly demonstrated not only the differential need for mental health services across the community, but also, perhaps more importantly, how distributing FHT resources equally perpetuates health inequities and reduces access to these services for communities already facing marginalization.