

BRIGHT LIGHTS AWARDS

2023

Nomination: 4. Embedding mental health and home care in primary care

Family First Family Health Team

Mobile Diagnostic Unit (MDU): Primary Care Services for Homebound Patients in Eastern Ottawa



The MDU was successfully piloted in 2016 -2017; however, was discontinued in 2018 due to a lack of funding. With consistent and excellent patient care, governance, and several asks, Family First Family Health Team was awarded permanent funding for the MDU in 2022. After four months of providing services, the MDU has enrolled 55 patients and completed 265 home visits. Offering a wider range of primary care services and preventative care than the pilot, and covering a larger geographical area, the MDU is improving access to primary care services to our most vulnerable and complex patients in their home.