

BRIGHT LIGHTS AWARDS

2023

Nomination: 1. Using a population-based approach to provide care to the community

Burlington Family Health Team

Equitable Team-Based Care for All in the Burlington Community - The Executive Director of Burlington Family Health Team, Joanne Pearson, has developed a culture, strategy and innovative programming using a population-based approach to provide care to the whole community.



A population health approach was used to identify needs, segment the population, and co-design BFHT community programs for equity-deserving populations: Community Psychotherapy Program, Community Physiotherapy Program, Community Remote Care Management for COPD, CHF and Frail Seniors, System Navigation for Community Primary Care Providers, Mental Health & Addictions Virtual Care Library, Community Wellness Hub for seniors in affordable housing. Burlington has only 2 small FHTs (approximately 20 physicians total), no CHCs and no NP-Led clinics. Offering these community programs and team-based care to all citizens fills a great gap and builds equitable primary care for all, regardless of primary care model/attachment.

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