

BRIGHT LIGHTS AWARDS

2023

Nomination: 2. Optimising teams' capacity and creating efficiencies

Barrie and Community Family Health Team

Obesity management strategy - providing evidenced based practice and addressing wait times



Our dietitian and pharmacy teams have collaborated to develop our obesity management services to align with evidence-based practice. All three pillars for obesity management are now part of the BCFHT program. The Tools for Successful Weight Management with Medications (SWM) group class was added in response to an increase in referrals for medications for obesity. This patient education streamlines pharmacist time with patients and saves prescribers time by supporting prescriptions and offering delineated set follow ups. Our program design has been very helpful in processing referrals and addressing our wait times, improving access to both our Dietitian and Pharmacy services.

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