

BRIGHT LIGHTS AWARDS

2023

Nomination: 2. Optimising teams' capacity and creating efficiencies

Aurora-Newmarket Family Health Team

Feeling Healthy Together: One Stop Shop to Optimising Patient Encounter(s)



Whole body health is the focus of this program. We realize that multiple appointments on different days, with several different practitioners, is not an efficient or effective way to manage health. By optimizing our team, we find we are able to address physical, mental and social wellbeing in a “one stop shop” approach. Patients of all ages are seen by their Physician or Nurse Practitioner, and our Registered Nurses, Occupational Therapist, Dietitian and/or Social Worker at one appointment in order to decrease the risk of disease and illness, address chronic disease management, promote cancer screening or smoking cessation.

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