

The Association of Family Health Teams of Ontario (AFHTO) provides leadership to promote the expansion of high-quality, comprehensive, well-integrated interprofessional primary care for the benefit of all Ontarians and is the advocate and resource for 190 teams who provide interprofessional comprehensive primary care.

Nominations to join AFHTO's board will open soon! The Governance Committee of the board invites anyone who works within an AFHTO member organization to apply.

# TOP 10 REASONS YOU SHOULD JOIN THE AFHTO BOARD

## **10.** Your Voice is Likely to be Heard – And Have Impact. There's no better time than now.

Now is the time to have a voice at the table, shaping and influencing the direction of team-based care. You'll hear the impactful voices of others, too. Being on the AFHTO board gives you a valuable opportunity to influence change and play a key role in strategizing for the future of AFHTO and teambased primary care in Ontario.

## 9. You can Expand Your Network

Joining the AFHTO board allows you to meet new people, including government officials and stakeholders, community partners, leaders, and other board members. Building your connections can be a nice perk and can open doors for future endeavours.

## 8. You will be Informed

Being on the board will provide a direct communication channel with AFHTO and is a great way to keep you and your team up to date with province-wide issues. Being informed of external factors and influencers impacting primary care can be a huge benefit for your own local board too!

# 7. Enriches Your Professional Development

Joining the board can build and enhance your professional skills and help you to develop new skillsets. By becoming a member of an effective and strategic board, you can gain or improve your ability to make decisions, think critically, and solve problems through a forward-thinking, strategic lens. The role offers many opportunities for leadership development.

#### 6. Provides Credibility

Selection for a board position shows that an organization is entrusting you with a vital, visible, and highimpact role. It is a public endorsement of your expertise and value. This affiliation is one you can communicate and promote, and it can raise your professional profile among your peers, within your organization, and across the sector.

#### 5. It Can be Fun and Rewarding

It feels *good* to make a difference and contribute professionally to the expansion of team-based primary care for the benefit of all Ontarians.

# 4. You Can Expect to be Well Fed (once a quarter anyway!)



The AFHTO board meets once per quarter at our office space on University Avenue in downtown Toronto. Meetings are typically held from 10:30-3:30pm with a lovely catered lunch and sweet treats. We can assure you won't go home hungry!

## 3. You Get to Visit Toronto

Shopping, restaurants, night life, CN Tower, the ROM...there's no shortage of exciting things to do in Toronto!

# 2. You're Part of a Bigger TEAM

When you join the AFHTO board, you join the AFHTO team. Although small and mighty, we share the same passion and dedication for developing a healthcare system that is based on a strong foundation of comprehensive primary care.

## 1. It Can Lead to Your Next Opportunity

Being on the AFHTO board creates incredible opportunities to meet influential, intelligent, and wellconnected people. You will also have the chance to build strong government relations with elected officials. Who knows what opportunities these interactions can lead to!