

2022 CONFERENCE REGISTRATION KIT
OCTOBER 12, 2022

afhto association of family
health teams of ontario

reconnect & reimagine: moving forward together



Ministry of Health

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and Minister of Health

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October 12, 2022

Association of Family Health Teams of Ontario
2022 Conference

Dear friends,

I would like to extend my best wishes to everyone participating in the 2022 Association of Family Health Teams of Ontario Conference.

The past couple years have seen our health care system face unprecedented challenges. Yet during this difficult time, primary care teams have shown tremendous resilience and commitment to patients, helping to ensure that Ontarians continue to receive high quality care when they need it.

Premier Ford and our entire government are very grateful for everything you have done to support Ontarians and to protect our health and well-being. We cannot thank you enough for the great work you do every day to meet the different needs of diverse communities and populations.

Team-based primary care will continue to play an integral role as our health system rebuilds and recovers from the COVID-19 pandemic. Primary care teams provide many patients across the province with access to comprehensive, collaborative, and integrated care and you are a critical part of building a more connected and sustainable health care system.

Thank you again for your commitment to providing exceptional, patient-centred care. I wish you all a very informative and successful conference and look forward to joining you.

Sincerely,

A handwritten signature in black ink, appearing to read "Sylvia Jones".

Sylvia Jones
Deputy Premier and Minister of Health

Welcome!

Thank you for joining us at the AFHTO 2022 Conference “Reconnect and Reimagine: moving forward together”!

Primary care is the foundation of a high performing health system. This simple truth has been asserted and backed up by evidence again and again. But even self-evident truths can find it hard to gain traction in established systems. Unwieldy ships do not turn easily, even those prone to reform attempts which stall due to factors including built-in resistance to change and fragmentation. Over the past couple of years, we have seen the predictable results as the ship gets hit repeatedly by centennial waves.

But if we have seen the results, we have also seen better possibilities, better futures. We have seen what proactive, responsive, and collaborative action can do. Team-based primary care and partners have stepped up, crew in a ship we need to steer towards safer shores. To do this we need to reconnect and reimagine, moving forward together.

We hope you have fun and bring home a wealth of ideas to continue improving care in your communities.



STAY CONNECTED

Wi-Fi Network: Sheraton_CONFERENCE
Access Code: afhto2022

- Only for use in meeting spaces. Hotel guest rooms have separate login.

WHAT'S INSIDE?

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GAME ON!

Look for your game card and get exhibitors' signatures for a chance to win Beats by Dr. Dre Headphones! You'll get a treat too! Simply drop your completed card in one of the ballot boxes on the registration desk (Concourse).

GET SOCIAL



Facebook: Association of Family Health Teams of Ontario (AFHTO)



Twitter: @afhto

Join the conversation: **#AFHTO2022**

Schedule-at-a-Glance

**** Attendees who have pre-selected their concurrent sessions will find a personalized agenda on the back of their name badge ****

PRE-CONFERENCE DAY: TUESDAY, OCTOBER 11, 2022

3:45 pm - 4:45 pm	Members' Program Q&A with Fernando Tavares, Primary Health Care Branch, Ministry of Health* <i>(Only open to EDs and Admin Leads)</i>	Willow East
5:00 pm - 5:30 pm	Members' Program Annual General Meeting* <i>(Only open to voting members)</i>	Chestnut
5:45 pm - 7:45 pm	Members' Program Fireside Chat with the Ministry of Health and Ontario Health – The Role of Primary Care during the Pandemic and Beyond* <i>(Paid event - require ticket for entry)</i>	Willow Centre
7:45 pm - 9:00 pm	Welcome Cocktails* <i>(Open to all attendees. Free appetizers, dessert and nonalcoholic drinks)</i> <i>Sponsored by OntarioMD</i>	Provincial Ballroom

CONFERENCE DAY: WEDNESDAY, OCTOBER 12, 2022

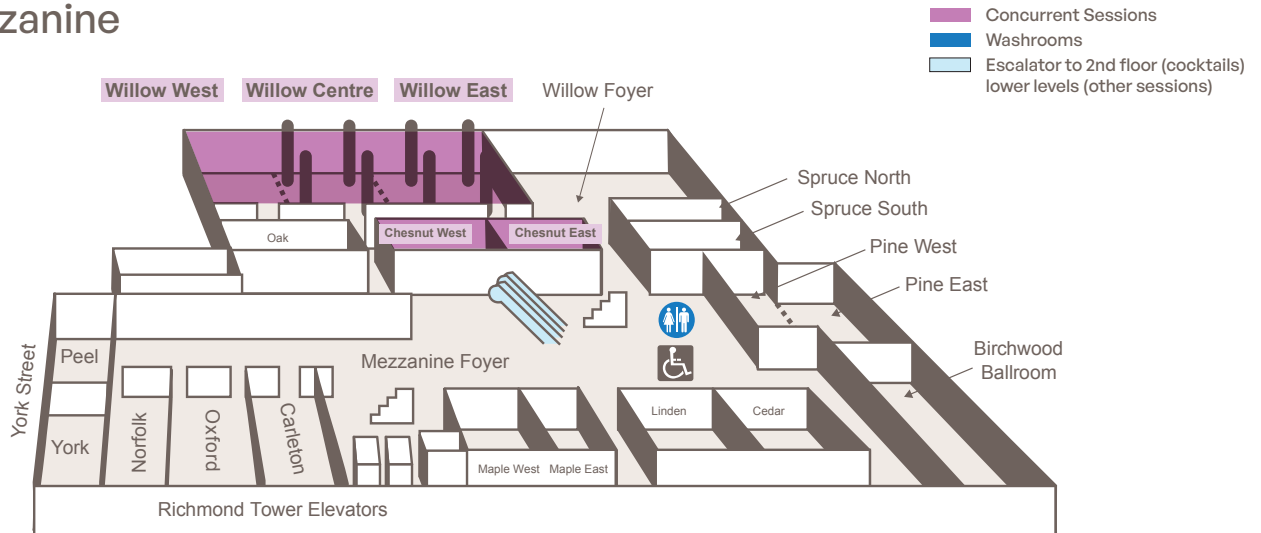
7:45 am - 8:30 am	Registration and Breakfast <i>Exhibit hall and poster displays open</i>	Registration - Concourse Breakfast - Sheraton Hall
8:30 am	On-demand sessions available	Check your email on conference day
8:30 am - 9:30 am	Networking+*	Refer to page 5
9:45 am - 10:45 am	Welcome & Opening Plenary Can primary care survive without a team? Can primary care thrive with a team? <i>Featuring Dr. Thomas Bodenheimer</i>	Osgoode Ballroom
11:00 am - 11:45 am	Concurrent Session A	Refer to agenda on badge or session schedule on pg. 7
11:45 am - 12:15 pm	Poster and Exhibit Break	Sheraton Hall
12:15 pm - 1:30 pm	Bright Lights Awards Ceremony & Lunch Buffet* <i>Awards presented with the support of Boehringer Ingelheim</i>	Osgoode Ballroom
1:45 pm - 2:30 pm	Concurrent Session B	Refer to agenda on badge or session schedule on pg. 7
2:45 pm - 3:30 pm	Concurrent Session C	Refer to agenda on badge or session schedule on pg. 7
3:30 pm - 4:00 pm	Poster and Exhibit Break	Sheraton Hall
4:00 pm - 4:45 pm	Closing Plenary The Power and Pitfalls of Resilience <i>Featuring Bee Quammie</i>	Osgoode Ballroom

***Sessions not certified for Mainpro+ accreditation**

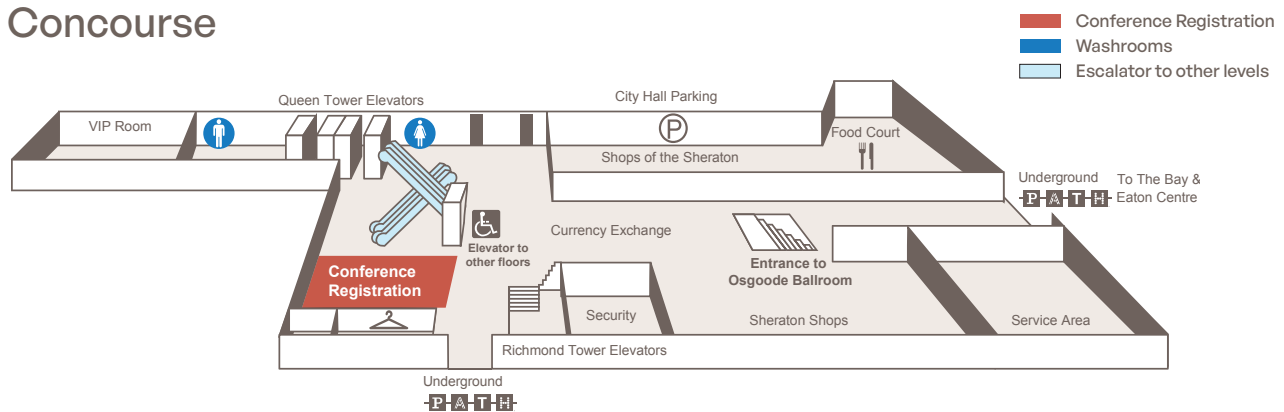
Sheraton Floorplan

Most sessions are in the Willow and Chestnut rooms in the mezzanine, with posters and exhibit booths in Sheraton Hall and plenaries and Bright Lights in Osgoode-lower concourse. Registration will be at the concourse.

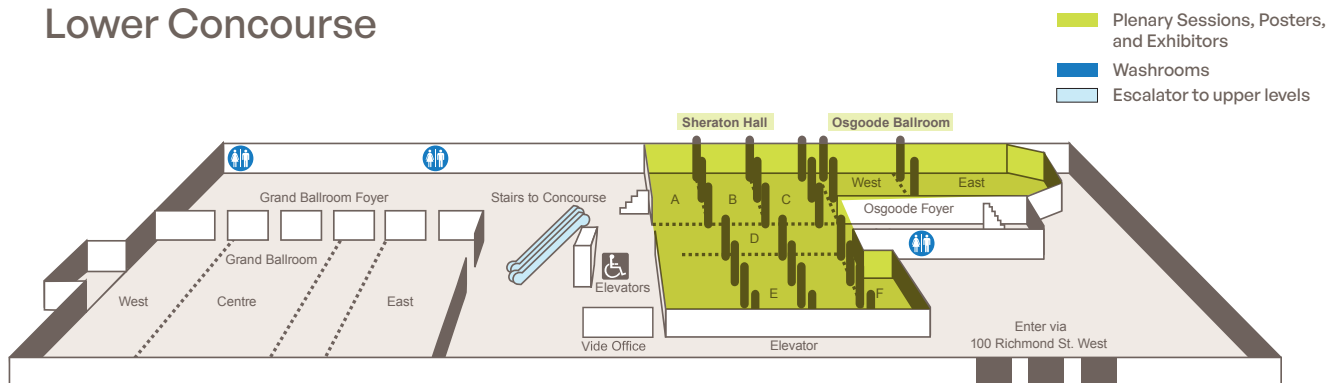
Mezzanine



Concourse



Lower Concourse



Session + Speaker Profiles

A Fireside Chat with the Ministry of Health and Ontario Health: The Role of Primary Care during the Pandemic and Beyond

Tuesday, October 11, 2022, from 5:45 – 7:45 pm | Location: Willow Centre

Speaker: Ontario Health CEO, Matt Anderson



Matthew Anderson is an experienced health care leader, team-builder, and advocate for positive change. Before joining Ontario Health, Matthew was President and CEO of Lakeridge Health. At Ontario Health, Matthew is leading one of the largest mergers in healthcare history bringing together 21 agencies.

Matthew began his career in data analytics and IT. He became Vice President and Chief Information Officer at UHN in 2000. In 2008, he was named CEO of the Toronto Central Local Health Integration Network and in 2010, became CEO of William Osler Health System.

Speaker: Deputy Minister of Health, Dr. Catherine Zahn



Dr. Catherine Zahn became Deputy Minister of Health in September 2021. Dr. Zahn has a 35-year history of contributions to the Ontario health care sector, as a practicing physician, and in progressive leadership roles at the University Health Network. Before becoming Deputy Minister, she served as President and CEO of the Centre for Addiction and Mental Health (CAMH) from 2009 to 2021.

Throughout her career, Dr. Zahn has worked to promote equitable access to health care for Ontarians, including those with mental illness. She has made numerous contributions through her leadership in hospital integration, technology assessment, chronic disease management, stroke care coordination and mental health care system integration.

Dr. Zahn is a Professor in the Faculty of Medicine at the University of Toronto (U of T) and a Fellow of the Royal College of Physicians and Surgeons of Canada. She received her MD (honours) from the Faculty of Medicine at U of T, where she completed her residency training in neurology. She also holds an MSc in health administration from U of T and has completed the Directors Education Program at the Rotman School of Management. Recent honours include membership in the Order of Canada, Doctor of Laws degrees (honoris causa) from Western University, (London, Ontario) and Ryerson University, (Toronto, Ontario), the Bryden Award for Outstanding Achievement (York University) and the Faculty of Medicine Lifetime Achievement Award (U of T).

Session + Speaker Profiles

2022 Opening Plenary: Can primary care survive without a team? Can primary care thrive with a team?

Wednesday, October 12, 2022 | 9:45 am - 10:45 am | Location: Osgoode

Speaker: Dr. Thomas Bodenheimer



Thomas Bodenheimer MD, MPH is a general internist who received his medical degree at Harvard and completed his residency at UCSF. He spent 32 years in full-time primary care practice in San Francisco's Mission District – 10 years in community health centers and 22 years in private practice. He is currently Professor Emeritus of Family and Community Medicine at University of California, San Francisco, and Founding Director of the Center for Excellence in Primary Care (CEPC). He is co-author of Understanding Health Policy, 8th Edition, 2020, and Improving Primary Care, 2006 (both McGraw-Hill). He has written numerous health policy articles in the New England Journal of Medicine, JAMA, Annals of Family Medicine, and Health Affairs.

Agenda

- Introduction of incoming president Sara Dalo

“Bright Lights” Awards Ceremony

Wednesday, October 12, 2022 , from 12:45 pm - 1:30 pm | Location: Osgoode

With address from the Honourable Sylvia Jones, Deputy Premier and Minister of Health

The “Bright Lights” Awards recognize our members’ leadership, outstanding work and significant progress being made to improve the value delivered by interprofessional primary care teams across Ontario. Winners will be announced in five categories aligned with the conference themes, for innovations that are scalable and sustainable, make a big impact, and can be shared with other teams across the province. Award recipients will also receive an education grant valued at \$750.

“Bright Lights” Award recipients are:

- Innovators – making small changes for maximum impact to improve patient experience and outcomes
- Team Players – interprofessional teams, collaborators and relationship builders
- Demonstrating Impact – can show how their work is benefitting the health care system

Awards presented with the support of Boehringer Ingelheim

Session + Speaker Profiles

2022 Closing Plenary: The Power and Pitfalls of Resilience

Wednesday, October 12, 2022 | 4:00 – 4:45 pm | Location: Osgoode

Featuring Bee Quammie



What can we learn when we really listen to each other? Bee’s presentations centre on the stories that often aren’t told, providing spaces where audiences can learn, be empowered, and find a relatable voice. In addition to speaking, she’s a writer, award-winning digital content creator, health advocate, and media commentator.

She’s host of kultur’D | The Pop Culture & Diversity Show on Global News Radio am640, and has been blogging for over a decade, including her longest-running personal blog, ‘83 To Infinity.

Bee holds a degree in Health Sciences from the University of Western Ontario and Post-Graduate Certificate studies in Health Promotion from George Brown College.

Her work in healthcare has focused on mental health research, international health, and brain injury/dementia support and advocacy. Bee has worked with entities like the Alzheimer Society of Ontario, helping to lead provincial discussions in dementia and technology and with program promotion across the province, while also conducting work with the Ontario Provincial Police on awareness of community policing and dementia.

Networking+ Sessions


TIME	SESSION DETAILS	MEETING ROOM
8:30 AM to 9:30 AM	Networking+ Sessions* For attendees to meet, mingle and share insights with peers in similar roles from across Ontario: <ul style="list-style-type: none">AdministrationBSM EDsChiropodistHealth PromoterNurse (RN/RPN)Nurse PractitionerOccupational TherapistPharmacistPhysicianPsychologistRegistered DietitianRespiratory Therapist	Osgoode Ballroom
8:30 AM to 9:30 AM	Northwest/Northeast region EDs Social Workers Focus Group Southwest region EDs Toronto Central EDs Quality Improvement Decision Support Specialist (QIDSS)	NE/NW EDs – Chestnut East Social Workers Focus Group – Willow West Southwest Region EDs – Chestnut West Toronto Central Region EDs – Willow Centre QIDSS – Willow East


* Sessions not certified for Mainpro+ accreditation

On-Demand Sessions

Release Date: Oct 12, 2022

[Click here for on-demand session descriptions](#)

 Theme 1: It takes a team: collaboration inside and out




 Theme 2: Health equity at the centre

 Theme 3: Sustainable solutions to primary care problems

 Theme 4: Mental health and addictions

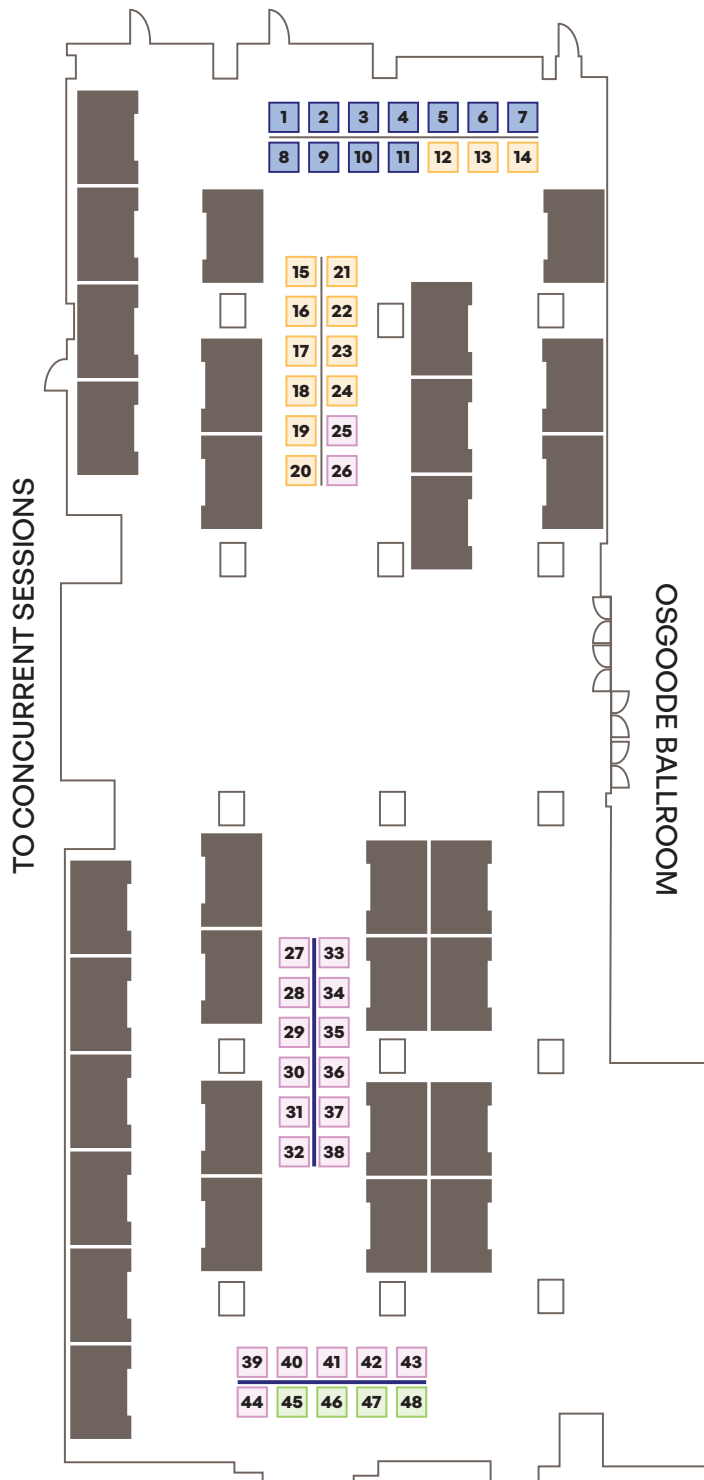
THEME	TITLE
1	Creation and Implementation of a Homebound Vaccination Program During the COVID-19 Pandemic: A Multi-Disciplinary Approach
1	An Integrated Care Team for Older Adults: Embedding Geriatric Expertise in a FHT
2	Implementing Youth Advisory Councils in Primary Care Settings: The Importance of Acknowledging Youth Patient Voices
3	“No Side-Effects from This” Implementing a Medication Reconciliation Program Post-Hospital Discharge That is the Best Medicine!
4	Managing dementia at home: the Ontario Programs for Sustaining family caregivers
4	Healing From The Inside, Out: Trauma Informed Mindfulness Training for PTSD
4	Implementation of an Adult ADHD Group through Interprofessional Collaboration on a Family Health Team Improves Functional Outcomes

Concurrent Sessions

 Theme 1: It takes a team: collaboration inside and out	 Theme 3: Sustainable solutions to primary care problems
 Theme 2: Health equity at the centre	 Theme 4: Mental health and addictions

TIME	THEME	TOPIC	LOCATION	CS CODE
A 11:00 am - 11:45 am	1	The value of IHPs in team based primary care: large scale measurement and effects on outcomes	Willow Centre	A1
	2	Seeing the forest, not just the trees: Testing a new comprehensive measure of quality in primary care	Willow East	A2-a
	2	The Hamilton Income Clinic: A novel interdisciplinary clinic model to assist people experiencing homelessness with Ontario Disability Support Program applications	Chestnut East	A2-b
	3	Kinesiologists: A Key Primary Care Team Member	Willow West	A3
	4	The “Good Enough” Parent: Supporting Caregivers of Adult Children with Mental Health and Substance Use Disorders	Chestnut West	A4
B 1:45 pm - 2:30 pm	1	Collaborative OHT Approach Makes COVID-19 Therapeutics Accessible in the Community	Willow Centre	B1
	2	Affirming Care for Trans People: Experiential Education for an Interprofessional Care Team	Chestnut West	B2
	3	NP-Led Adult ADHD Assessment & Management Program for FHT	Chestnut East	B3-a
	3	Medical Nutrition Therapy 2.0: How a Digital Technology (RxFood) for New Dietary Diagnostics Met the Quadruple Aims	Willow West	B3-b
	4	If you build it, better care will come – Eating Disorders Management Resources for Primary Care	Willow East	B4
C 2:45 pm - 3:30 pm	1	Primary Care’s Role in COVID-19 Vaccination Efforts in Ontario	Willow Centre	C1
	2	Black Same Gender Loving Men: Navigating Structural Barriers and Anti-Black Racism in Health Care	Chestnut East	C2
	3	Dementia care partner education using the iGeriCare web-based platform	Willow East	C3-a
	3	A framework to support the progressive implementation of integrated team-based care for the management of COPD: A collective case study	Osgoode	C3-b
	3	Why Develop Guidance for the Clinically Appropriate Use of Virtual Care in Primary Care?	Willow West	C3-c
	4	Delivering a universal parenting program using physician versus self-referral: A comparison of two virtual groups and lessons learned	Chestnut West	C4

Poster Displays



THEME 1: IT TAKES A TEAM: COLLABORATION INSIDE AND OUT

1. Championing Integrated Care: Primary and Community Care Response Teams
2. The Importance of Interdisciplinary Care in the Treatment of Diabetic Foot Ulcers
3. Sharing and learning from each other to improve clinic phone wait times
4. Diabetes - It Takes a Village
5. Leveraging Primary care Ontario Practice based Learning and Research (POPLAR) Network to Improve Quality in Primary Care: the SPIDER study
6. Building Resilience Individually and as a Team
7. Primary Care Occupational Therapy: The Value of Access for Patients
8. Team-based Opioid Stewardship in Ontario: A Pharmacist Perspective
9. How ECHOs amplify: the power of Project ECHO Rheumatology in your FHT in managing inflammatory arthritis and autoimmune diseases
10. From Silos to Success: Collaboration of Primary Care Models Tackling Community Needs
11. Sustainable, ongoing collaborations for practice-based, data driven QI: thirteen years of experience

THEME 2: HEALTH EQUITY AT THE CENTRE

12. 'Housing for Health': Caring for and Prioritizing Vulnerable Community Members Experiencing Homelessness in Dufferin County
13. Accountable Spaces: Improving Service Provider Readiness to Serve 2SLGBTQI+ Clients in the Community
14. Serving the Underserved: Bringing Interprofessional Primary Care to High Needs Communities
15. Promoting Smoking Reduction and Cessation with Indigenous Peoples of Reproductive Age and their Communities: A Best Practice Guideline
16. Practical Applications for Equity, Diversity and Inclusion Work in Primary Care: Ideas on where to start
17. Road to Recovery: A Multi-Pronged Approach to Support COVID-19 Vaccinations and Beyond in North York

Poster Displays

18. Addressing equity and efficiency with patient reminders
19. Reimagining HIV prevention and care in the ACB communities through meaningful stakeholder engagement
20. Achieving More Equitable Complex Concussion Management: Lessons from ECHO Concussion, a telemedicine education program
21. Using neighbourhood level measures of deprivation to support clinical care
22. Supporting Pregnant, Lactating, and Parenting People who Consume Cannabis in Ontario: An Interactive Workshop to Enhance Healthcare Practices
23. Out of Mind but not Out of Sight: Identifying, Reaching and Addressing Health Care Needs of Vulnerable Patients during Pandemic
24. Clinical and Cultural Competencies for 2SLGBTQ Communities

THEME 3: SUSTAINABLE SOLUTIONS TO PRIMARY CARE PROBLEMS

25. Leveraging electronic medical record data to develop patient interventions: a pilot study
26. We Are Here for You- Virtual Baby and Me support education series
27. Linking primary care electronic medical record data with hospital data to support Ontario Health Teams
28. Telephone Follow-up Visits Offer a New Care Option for Patients with Hip & Knee Arthritis
29. Improving Experience of Virtual Rehab for Patients After Knee Replacement
30. Eliminating Barriers in Providing Care
31. Data Management and its use in informing programs
32. Clinical Practice in a Digital Health Environment: New Best Practice Guideline
33. Implementing a patient portal in a province-wide smoking cessation program to address systemic barriers to accessing program treatment.
34. Learning from adaptation: Primary care occupational, physical, and respiratory therapy practice in the first year of the COVID-19 pandemic
35. Primary Care, Specialists and Patients – Building a Better Workflow; Ensuring a Better Experience

36. Digital First for Health Strategy: Evidence2Practice Ontario Program
37. Technology enabled collaborative care (TECC) for adults with diabetes: Results from a feasibility study
38. Developing a Practice Guidance Tool for Prescribing Cascades in Primary Care Teams
39. Leading Change From the Ground Up: An Approach for Sustainable Change in Primary Care
40. Exploring the impact of ECHO Ontario Integrated Mental and Physical Health on participants' approach and attitude towards the care of complex patients
41. Using "bots" to support more efficient workflows and reduce the risk of clinician burnout
42. Evaluation of real-time collection of patient-reported experience to support continuous improvement
43. POPLAR, the Primary care Ontario Practice-based Learning and Research Network
44. Intelligent automation to improve chronic disease identification and coding in primary care

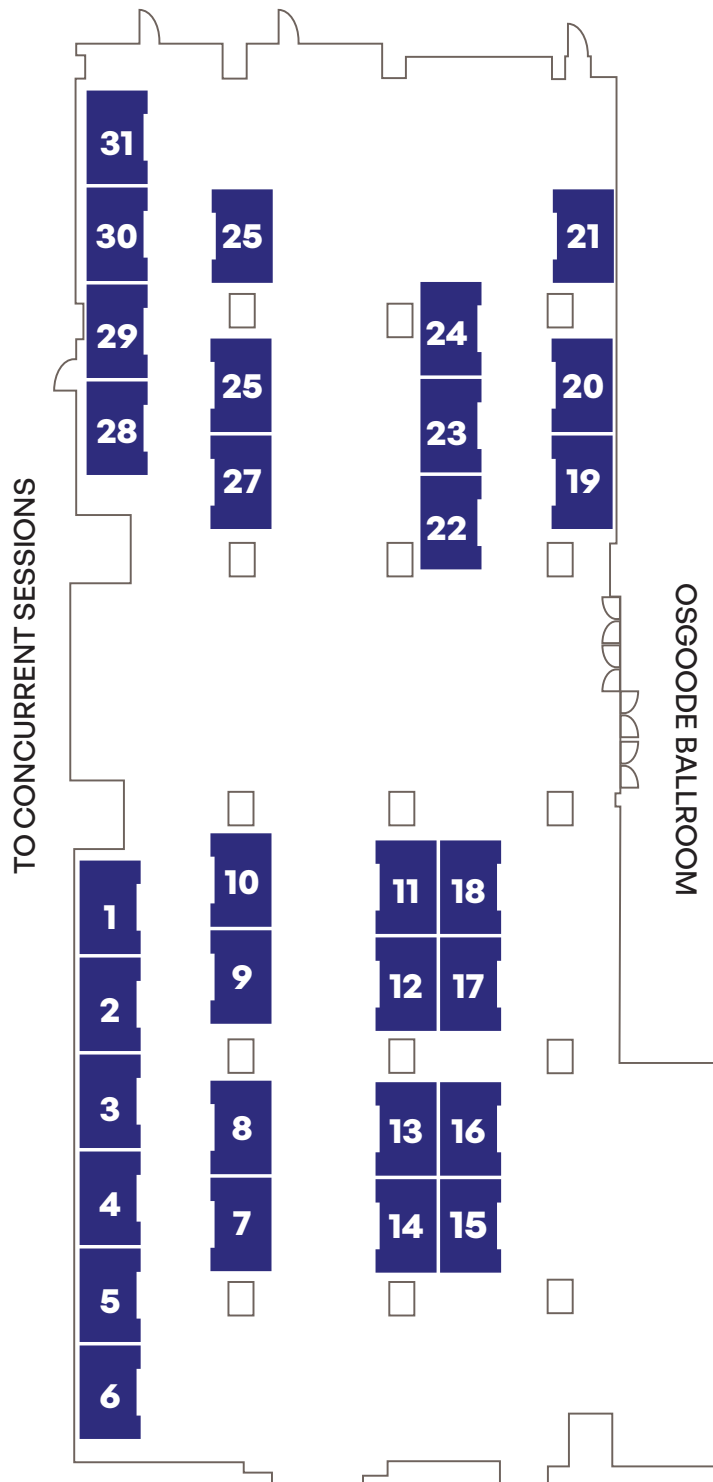
THEME 4: MENTAL HEALTH AND ADDICTIONS

45. Optimizing the role of social work in primary care across Ontario: A mixed methods study
46. Empowering our Patients Receiving Mental Health and Addictions Treatment using Measurement Based Care
47. Implementation and Impact of an Interprofessional Postpartum Support Group
48. Party n Play/ Chemsex: Mental Health, Resilience and Culturally and Clinically Competencies for GBMSM

VIRTUAL POSTERS (THEMES 2 AND 3)

- Access Impacts to Primary Care Rehabilitation Practice During the COVID-19 Pandemic
- Amplifying the voices of Black communities: A participatory approach to designing smoking cessation programming for Black Torontonians
- Integrated primary care workforce planning in the City of Toronto: Co-development and operationalization of a fit-for-purpose planning toolkit

Exhibitor Map + List



#	Organization
29	Caddie Health
2	Canada Health Infoway
10	Canadian Pharmacists Association
8	Centre for Effective Practice
26	Centre for Mindfulness Studies
3	CMHA BounceBack
21	CognisantMD
30	Dexcom
7	ECHO Ontario
6	eHealth Centre of Excellence
17	FHT Solutions
19	Gremac Maintenance
24	HOOPP
20	InBodyCanada
13	Kate Dewhirst Health Law
27	LifeLabs
1	LIVING HEALTHY CHAMPLAIN
14	McDonald HR Law
11	MERCK
9	NorthWest Healthcare Properties
5	N-Two Medical Inc.
22	OntarioMD
18	Pfizer Vaccines
23	Prenatal Screening Ontario
31	ProResp Inc.
2	Registered Nurses' Association of Ontario (RNAO)
16	Roche Diagnostics
25	Surgically Clean Air
15	TAPTYPE LTD.
12	TELUS Health
4	Virtual Hallway

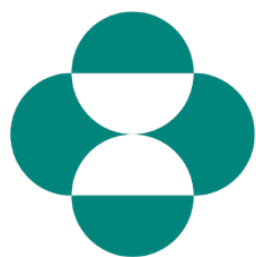
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Thank you to our volunteers!

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Dr. Crystal Holly, *ESF académique Montfort*

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Connor Kemp, *Maple FHT*

Angela Munday, *Couchiching FHT*

Diana Noel, *CarePoint Health*

Shaun Ouellette, *Tilbury District FHT*

Alejandra Priego, *St. Joseph's Urban FHT*

Paul Smits, *Summerville FHT*

Raj Sohi, *Markham FHT*

Dragana Susic, *Sunnybrook Academic FHT*

Erin Ziegler, *Queen Square FHT*

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Erin Ziegler, *Queen Square FHT*

And a huge thank you to our onsite volunteers!

TELL US HOW WE DID!

Fill out the conference evaluation form in your bag or online at:

<https://www.surveymonkey.com/r/AFHTO2022Conference>

JOIN US NEXT TIME FOR THE AFHTO 2023 CONFERENCE!

October 25, 2023

Sheraton Centre Toronto Hotel

The call for Concurrent Session and Poster abstracts will open in April 2023.

APPLY FOR A CERTIFICATE OF ATTENDANCE

This Group Learning program has been reviewed by the College of Family Physicians of Canada and is awaiting final certification by the College's Ontario Chapter.

Attendance at this program entitles certified Canadian College of Health Leaders members (CHE / Fellow) to:

- Full conference, **2.5 Category II credits**
- On-demand sessions, maximum of **2.75 Category II credits*** towards their maintenance of certification requirement.

Pre-recorded on-demand sessions will accrue the following MOC II credits:

- 1 session = 0.25
- 2 sessions = 0.75
- 3 sessions = 1.25
- 4 sessions = 1.5
- 5 sessions = 2
- 6 sessions = 2.25
- 7 sessions = 2.75

To receive a Certificate of Attendance for the AFHTO 2022 Conference, please fill out the form in your bag or at the link in your post-conference email.

The Association of Family Health Teams of Ontario (AFHTO)

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The Association of Family Health Teams of Ontario (AFHTO) is a not-for-profit association representing Ontario's primary care teams, which includes Family Health Teams, Nurse Practitioner-Led Clinics and others who provide interprofessional comprehensive primary care. AFHTO works to support the implementation and growth of primary care teams by promoting best practices, sharing lessons learned, and advocating on behalf of all primary care teams. Evidence and experience show that team-based comprehensive primary care is delivering better health and better value to patients.