Saegis Shield

CYBERSECURITY AND PRIVACY ELEARNING FOR CANADIAN HEALTHCARE

Top Three Cybersafe Habits for Remote Care

DO LOG ON BETTER

- ✓ Use multi-factor authentication.
- ✓ Use strong and unique passwords for each of your accounts.
- ✓ Use a password manager.

DO CONNECT WITH CARE

- ✓ Always use a secure remote access solution. Do not use a shared WiFi.
- ✓ Do not use email or free file sharing for Protected Heath Information.
- ✓ Have a firewall, encryption and security software installed and updated.

DON'T GET OUT OF DATE

- ✓ Always update your phone and computer with the latest patches and releases.
- ✓ Make sure you have recent recoverable backups that will not get encrypted if there is an attack.

3 Key Tips to Defending against Phishing and Malware

1

DO verify sender identities

2

DO NOT click on unsolicited links or attachments

3

DO NOT assume that your provider handles cybersecurity risk for you

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A MEMBER OF THE CMPA FAMILY