

Cybersecurity / Breach Clinic Update '21

AFHTO Mar 4/2021

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Our Objectives Today

1 Discuss the current cybersecurity trends in healthcare

- ² Look at the top threats facing your team / best practices to reduce risk
 - 3 Explore what a cyber attack looks like and what to do
 - 4 Describe how and where to report breaches
- 5 Questions to ask an IT consultant / your network team





ALERT

Risk and number of breaches are on the rise in Canada

Cyber threats to Canadian health organizations

This Alert is intended for IT professionals and managers of notified organizations. Recipients of this information may redistribute it within their respective organizations.



Why Target Healthcare?

- Disjointed Legacy Systems
- Competing High Level Priorities
- Staff Untrained on Cybersecurity
- Motivated to Recover Quickly
- Public Safety / Public Funding





Consequences of Breaches in Healthcare

- Patient safety
- Breach of privacy
- Downtime
- Significant stress
- Financial / legal consequences
- Reputational damage





Breach Threats facing Your Team





Team Best Practices

- Back-ups
- Secure Mail
- Update Devices
- Complex passwords
- MFA
- Be Phishing Aware
- Updated / Followed Policies

Knowledge

Empowers

You

Annual / Ongoing Training

PLEASE REPORT A CYBER INCIDENT / BREACH

Notify Individuals, Privacy Commissioners, and Regulatory bodies Incident Management and Operational Coordination Team



CONNECT WITH CCCS



Cyber Centre Publications : https://cyber.gc.ca/en/publications

Cyber Center Alert & Advisories: https://cyber.gc.ca/en/alerts-advisories To report fraud: Canadian Anti-Fraud Centre 1-888-495-8501 antifraudcentre-centreantifraude.ca

To report a cybercrime: Local police or Royal Canadian Mounted Police <u>www.rcmp-grc.gc.ca</u>

To report a cyber incident
 Canadian Center for Cyber Security
 Cyberincident@cyber.gc.ca

Questions to Ask Technology Vendors

- IT Consultants
- EMR
- Network
 Administrators



Submitted Q & A

- What threats to look out for when working from home?
- How to avoid ransomware?
- How much ransom are attackers asking for currently? Do most pay?
- How do I evaluate my organization's IT security?
- How much cyber security insurance do I need?
- Safe working from home options. Is VPN the best option?
- What are the risks between on premise vs cloud solutions?
- What are some new security threats?



Experts agree, a well prepared and trained line of human defense is CRITICAL to protect against privacy and cybersecurity breaches.





Prevention is Key!

It is much safer for patients and significantly more cost-effective than recovering from a breach.

