



THE ONTARIO

**caregiver**  
ORGANIZATION

RESOURCES AND  
EDUCATION

# Planning For An Unexpected Emergency: A Caregiver Guide (1/2)

**There are often set plans and routines that caregivers, whether a parent, friend or family member, rely on to create a sense of order and comfort in their daily life. Although life includes emergency situations that we can't prevent, caregivers can be well-prepared should an emergency comes to pass.**

“Planning For An Unexpected Emergency: A Caregiver Guide (two parts)” is designed to address the issues and concerns of caregivers associated with developing and implementing a crisis plan. The two-part webinar will go into the psychological, emotional, and practical components of such a plan. We will take into account the uniqueness of the caregiver relationship.

## **About our presenter:**

Sam Miller is a Registered Psychotherapist and has extensive experience in Trauma Response and Treatment and Wellness Initiatives. Sam has worked with many organizations and corporations in creating healthy, respectful, workplace environments as well as managing work-related traumatic events. In his psychotherapy practice, Sam has worked with a variety of clients both privately and within many different workplace settings. He has dealt with different clinical issues ranging from anxiety and

stress to workplace change, conflict resolution and management-employee relations. Sam holds an undergraduate degree in Psychology and a Master of Arts in Educational Psychology from McGill University.

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**Date:** February 18, 2021 (Part 1)  
March 18, 2021 (Part 2)

**Time:** 12 p.m. – 1 p.m.

**Location:** Zoom

(link to be provided during registration)

**Cost:** Free

**Register today**

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