

South Georgian Bay COVID-19 Home Oxygen Monitoring Program - Virtual Visit Follow Up

COVID-19 Investigations

Home oximetry measurements today:

Date:

At rest: (%)

At rest: (%)

AM:

PM:

After 30 seconds of exertion: (%)

AM:

PM:

Chest X-ray on following date was unremarkable:

COVID-19 Symptoms

Date of symptom(s) onset ...Program"item10447".text_of_al *Can indicate a higher chance of hospitalization

General:

Fever Max temp:

Low energy

Joint pain

Hot flashes

Body aches

Respiratory:

Dyspnea at rest

Cough with sputum

Dry Cough

Pleuritic chest pain

Dyspnea on exertion

Hemoptysis

Sore throat

Nasal congestion

Cardiac:

Chest tightness

Presyncope

Palpitations

Neurological:

Headache

Confusion

Brain fog

Focal weakness

Change in hearing hyperacusis

Peripheral neuropathy

Fizzing

Pain or burning

Numbness

GI:

Abdominal pain

Diarrhea

Nausea

Vomiting

Decreased appetite

Change in taste or smell

Weight loss

Oral Intake

Normal

Decreased

None

Other:

Rash

Other

Psychiatric

Mood

Anxiety

Details:

Management Recommendations

- Avoid NSAID for symptom management
- Self-isolation guidelines reviewed
- Elevated risk for COVID-19 respiratory deterioration
- Elevated risk for COVID-19 cardiac deterioration
- Follow-up with nurse daily as part of home monitoring program
- Red flags reinforced

General Health Red Flags- Seek urgent medical attention for the following:

- Severe shortness of breath at rest
- Difficulty breathing
- Pain or pressure in chest
- Cold, clammy or pale mottled skin
- New confusion or weakness
- Blue lips or face
- Becoming difficult to rouse
- Coughing up blood
- Reduced urine output
- Return of fever after afebrile period* may signal development of COVID pneumonia.
- Return of cough after period of improvement* may signal development of COVID pneumonia
- Any new or concerning symptoms: Loss of consciousness, new chest pain, continuous fever despite medication, vomiting or diarrhea, dizziness, headache or oxygen level 92% or less

Oximetry red flags:

- A new reading of less than 92% - contact the Primary Care Provider/ COVID Assessment Centre/ ER (911)
- A new reading of 92% or higher WITH new or worsening symptoms, contact the Primary Care Provider
- If there is no change, continue to monitor the patient for 14 days from symptom onset

Follow-up with family physician

Meets discharge criteria Discharge Date:

Reminded to return the oxygen saturation monitor to GBFHT

SUMMARY: