

South Georgian Bay COVID-19 Home Oxygen Monitoring Program - Virtual Visit

Patient Referred From

Public Health District Health Unit Emergency Room Hospital Discharge Primary Care Provider (PCP)

COVID-19 Information

Positive COVID-19 Infection Yes No
Date of symptom(s) onset ...Program"item10447".text_of_al
Date of positive COVID-19 Swab
COVID-19 Complications Yes No
Non-COVID-19 Active issues Yes No
Possible/known exposure Travel Workplace Contact with known COVID-19 patient
Family member exposure and COVID-19 status
 Yes No
Possible gatherings post exposure Yes No
Medications used for management of COVID-19 symptoms
 Yes No

Social history

Smoking: Yes Nonsmoker Number of packs per day:
Cannabis: Yes No Grams per day:
Vaping: Yes No Mg per day:
Illicit drug use: Yes No
Alcohol: Yes No (Quit) Number of drinks per week
Living situation: Home with spouse and/or children Alone Retirement Home Other
Help with daily activities: Independent Family Home care

Relevant Co-morbid Conditions + Risk Factors for COVID-19 Severe Disease

First Nations Person of Colour
 Diabetes COPD Obesity

Wt: ...test_value

Ht: ...latest_value

BMI:

Risk factors for COVID-19 severe disease

Age \geq 60 Male sex BMI > 35 Smoking Diabetes mellitus Active cancer
Hypertension Cardiac Disease Respiratory disease

COVID-19 Investigations

Home oximetry measurements today:

Date:

At rest: (%)

AM:

PM:

After 30 seconds of exertion: (%)

AM:

PM:

Chest X-ray on following date was unremarkable:

COVID-19 Symptoms

General:

**Can indicate a higher chance of hospitalization*

Fever Max temp:

Low energy

Joint pain

Hot flashes

Body aches

Respiratory:

Dyspnea at rest

Cough with sputum

Dry Cough

Pleuritic chest pain

Dyspnea on exertion

Hemoptysis

Sore throat

Nasal congestion

Cardiac:

Chest tightness

Presyncope

Palpitations

Neurological:

Headache

Confusion

Brain fog

Focal weakness

Change in hearing hyperacusis

Peripheral neuropathy

Fizzing

Pain or burning

Numbness

GI:

Abdominal pain

Diarrhea

Nausea

Vomiting

Decreased appetite

Change in taste or smell

Weight loss

Oral Intake

Normal

Decreased

None

Other:

Rash

Other

Mood

Anxiety

Details:

Recommendations

- Avoid NSAID for symptom management
- Self-isolation guidelines reviewed
- Elevated risk for COVID-19 respiratory deterioration
- Elevated risk for COVID-19 cardiac deterioration
- Follow-up with nurse daily as part of home monitoring program
- Red flags discussed

General Health Red Flags- Seek urgent medical attention for the following:

- Severe shortness of breath at rest
- Difficulty breathing
- Pain or pressure in chest
- Cold, clammy or pale mottled skin
- New confusion or weakness
- Blue lips or face
- Becoming difficult to rouse
- Coughing up blood
- Reduced urine output
- Return of fever after afebrile period* may signal development of COVID pneumonia.
- Return of cough after period of improvement* may signal development of COVID pneumonia
- Any new or concerning symptoms: Loss of consciousness, new chest pain, continuous fever despite medication, vomiting or diarrhea, dizziness, headache or oxygen level 92% or less

Oximetry red flags:

- A new reading of less than 92% - contact the Primary Care Provider/ COVID Assessment Centre/ ER (911)
- A new reading of 92% or higher WITH new or worsening symptoms, contact the Primary Care Provider
- If there is no change, continue to monitor the patient for 14 days from symptom onset

- Follow-up with family physician
- Follow-up with specialist regarding:

Summary