

Join us for **ECHO Ontario Mental Health** Winter 2021 Programming!

ECHO is a virtual, interactive education and capacity building model that supports healthcare providers in delivering high quality, evidence-based mental health and addictions care in their local communities.

[Click here to register](#)

Winter Programs Currently Accepting Applications:

Mondays
2 - 4 p.m.
8 weeks

Addiction Medicine &
Psychosocial
Interventions:
Concurrent Disorders
& Complexity

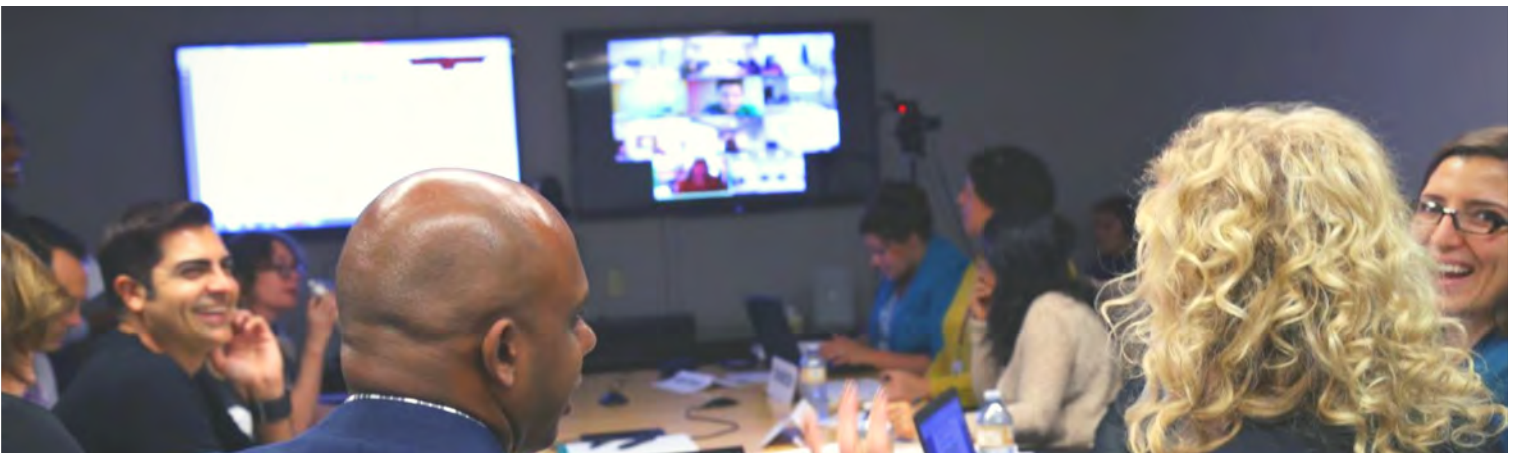
Tuesdays
9 - 10:30 a.m.
12 weeks

Psychotherapy:
Cognitive
Behavioural
Therapy (CBT)

Fridays
12 - 1:15 p.m.
11 weeks

Integrated
Mental and
Physical Health

For more information visit: camh.echoontario.ca



Connect with health care providers across Ontario to gain new skills, knowledge, and confidence in mental health and addictions care! It's fun, offered at no cost and is accredited through the College of Family Physicians of Canada and the Royal College of Physicians and Surgeons of Canada.