

ASSOCIATION OF FAMILY HEALTH TEAMS OF ONTARIO

BRIGHT LIGHTS AWARDS

Nomination

Mental health and addiction support in primary care

Georgian Bay Family Health Team

Stories Showcasing Integration: Development of an Evidence-Based Decision Aid for the Integrated Care Pathway for Children and Youth with Depression and Anxiety



To address system challenges and variance in availability of mental health services faced by children/youth in South Georgian Bay (SGB), the nominee adapted the #Cundill@CAMH Decision Aid to create a unique tool based on local models and needs. The tool ensures that evidence-based standardized care and recommendations are provided to children/youth with depression and/or anxiety. One evidence-based care pathway was developed through a collaborative effort between specialized children's mental health (New Path), adult mental health (Waypoint) and primary care (GBFHT). It can be implemented across Ontario to empower physicians to manage child/youth mental health and refer to specialist services when needed.