

# Join us for **ECHO Ontario Mental Health Fall Programming!**

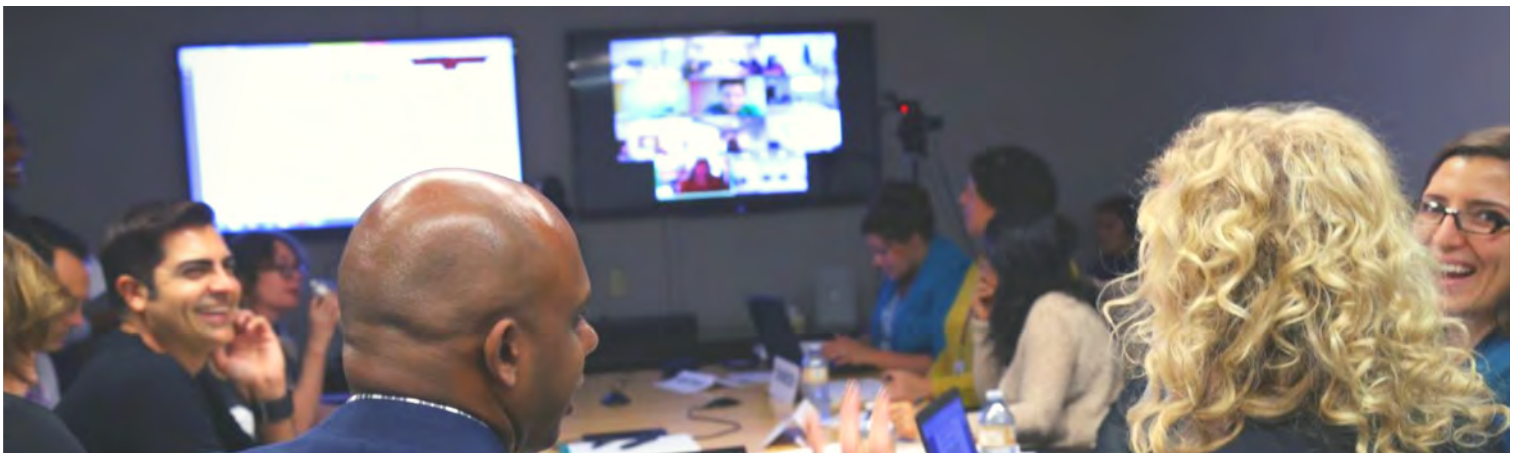
ECHO is a virtual, interactive education and capacity building model that supports healthcare providers in delivering high quality, evidence-based mental health and addictions care in their local communities.

[Click here to register](#)

## Fall Program Schedule:

<b>Mondays</b> 2 - 4 p.m. 8 weeks	<b>Tuesdays</b> 9 - 10:30 a.m. 12 weeks	<b>Tuesdays</b> 2 - 4 p.m. 36 weeks	<b>Thursdays</b> 9 - 10:30 a.m. 16 weeks	<b>Thursdays</b> 12 - 1:45 p.m. 10 weeks	<b>Fridays</b> 9:30 - 11 a.m. 6 weeks
Addictions Medicine and Psychosocial Interventions	Psychotherapy: Dialectical Behaviour Therapy (DBT)	General Mental Health	Trans and Gender Diverse Healthcare	Obsessive Compulsive Disorder (OCD): Enhancing CBT Skills for OCD	Adult Intellectual & Developmental Disabilities

For more information visit: [camh.echoontario.ca](https://camh.echoontario.ca)



Connect with health care providers across Ontario to gain new skills, knowledge, and confidence in mental health and addictions care! It's fun, offered at no cost and is accredited through the College of Family Physicians of Canada and the Royal College of Physicians and Surgeons of Canada.