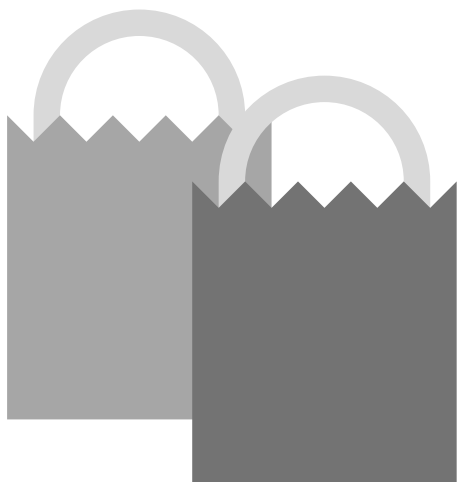


# SAFE GROCERY SHOPPING DURING COVID19



**MAKE A LIST**  
TO MINIMIZE THE  
AMOUNT OF TIME YOU  
SPEND IN THE STORE

**CHOOSE A STORE**  
THAT IS PRACTICING  
SOCIAL DISTANCING



**DISINFECT**  
YOUR CART HANDLE WHEN  
ENTERING AND YOUR  
HANDS WHEN EXITING



**WASH YOUR HANDS**  
WITH SOAP AND WATER  
WHEN YOU GET HOME AND  
AFTER YOU PUT THE  
GROCERIES AWAY

**DO NOT**  
USE SOAP TO WASH PRODUCE  
BECAUSE THE RESIDUE CAN  
CAUSE VOMITING OR DIARRHEA

