

**2019  
Annual  
Conference**  
September  
19-20



**Health System Integration  
Built on the Foundation  
of Team-Based Primary  
Health Care**

**Ministry of Health  
and Long-Term Care**

Office of the Deputy Premier  
and Minister of Health and  
Long-Term Care

777 Bay Street, 5th Floor  
Toronto ON M7A 1N3  
Telephone: 416-327-4300  
[www.ontario.ca/health](http://www.ontario.ca/health)

**Ministère de la Santé  
et des Soins de longue durée**

Bureau du vice-premier ministre et  
ministre de la Santé et des  
Soins de longue durée

777, rue Bay, 5e étage  
Toronto ON M7A 1N3  
Téléphone : 416 327-4300  
[www.ontario.ca/sante](http://www.ontario.ca/sante)



September 19, 2019

**Association of Family Health Teams of Ontario  
2019 Conference**

Dear friends,

I would like to extend my best wishes to everyone attending the Association of Family Health Teams of Ontario (AFHTO) 2019 Conference.

On behalf of the Government of Ontario, I want to thank the membership of the AFHTO for their hard work in delivering excellent care for patients and championing interprofessional models.

Primary care is often the first point of contact for most Ontarians. We look forward to primary care teams playing an essential role as we work towards building a modern and integrated public health care system centred around the needs of patients. Having strong primary care leadership and participation as we create Ontario Health Teams is instrumental in developing integrated solutions to keep patients out of hospital and remain healthy and independent at home or in their community.

By relentlessly focusing on patient experience, and on better connected care, together with our partners like the AFHTO, we will reduce wait times and end hallway health care.

I hope you all have an enjoyable and informative conference.

Sincerely,

A handwritten signature in blue ink that reads "Christine J. Elliott".

Christine Elliott  
Deputy Premier and Minister of Health

# Welcome!

Thank you for joining us at the AFHTO 2019 Conference “Health System Integration Built on the Foundation of Team-Based Primary Health Care”!

Change can come fast and furious, and Ontario’s healthcare system is no exception. With the introduction of Ontario Health Teams, ‘upheaval’ could be considered an understatement. But the fundamentals remain—no matter the structure surrounding them, patients need care. And primary health care teams need to position themselves to provide this care in the best way possible.

‘Integration’ may be the word of the day, but primary care teams already embody it. At AFHTO’s 2019 Conference over 800 primary care providers, interprofessional health care providers, patients and community partners will explore how comprehensive care creates the patient medical home.

We hope you have fun and bring home a wealth of ideas to continue improving care in your communities.

## What’s Inside?

|                                |    |
|--------------------------------|----|
| Schedule at a Glance           | 2  |
| Floorplan                      | 4  |
| Session and Speaker Profiles   | 5  |
| Members’ Only Sessions         | 8  |
| Concurrent Session at a Glance | 9  |
| Poster Displays                | 12 |
| Sponsors                       | 14 |
| Exhibitor List + Floorplan     | 15 |
| Volunteer Acknowledgement      | 16 |

## The Great #AFHTO2019 Game is on!

Look for the game booklet and fulfill the challenges for your chance to win some excellent prizes, **including a TEACH online course in support of the STOP program!** Simply drop your completed entries into one of the ballot boxes on the registration desk (Convention Centre North).

Lucky winners will be drawn after the closing plenary session.

## Stay connected



Wi-Fi Network: WESTIN\_CONFERENCE  
Access Code: AFHTO2019

For PSAV Onsite Tech Assistance:  
647-212-6950

- Allows for one (1) connection per device
- Only for use in convention centre.  
Hotel guest rooms have separate login.

## Get social



Facebook: Association of Family  
Health Teams of Ontario (AFHTO)



Twitter: @afhto

**JOIN THE CONVERSATION: #AFHTO2019**

# Schedule At a Glance

\*\* Attendees who have pre-selected their concurrent sessions will find a personalized agenda on the back of their name badge \*\*

## PRE-CONFERENCE DAY: WEDNESDAY, SEPTEMBER 18, 2019

| TIME              | SESSION   | ROOM  |
|-------------------|---|---|
| 5:00 PM - 7:00 PM | <b>Members' Program</b><br>Collaborative Governance: Moving at the Speed of Trust | Marine Room,<br>Convention Centre South,<br>1st Floor |

## CONFERENCE PROGRAM | THURSDAY, SEPTEMBER 19, 2019

| TIME               | SESSION   | ROOM  |
|--------------------|---|---|
| 8:00 AM - 10:00 AM | <b>Registration and Breakfast</b><br><i>Exhibit hall and poster displays open</i>   | Metropolitan Ballroom<br>Convention Centre North,<br>2nd Floor  |
| 8:30 AM - 12:00 PM | <b>Members' Programs</b><br>8:30 am - 9:30 am Annual General Meeting*<br>10:00 am -12:00 noon Session for Leadership Triad<br>10:00 am - 12:00 noon IHP & QIDSS Sessions* | Harbour Ballroom A & B<br>Convention Centre South,<br>2nd Floor<br><br>Refer to agenda on badge or<br>session schedule on pg. 8 |
| 12:00 PM - 2:00 PM | <b>Opening Plenary, Bright Lights Awards Ceremony* &amp; Lunch Buffet</b><br><i>Featuring Dr. Zayna Khayat, Future Strategist with SE Health</i>                          | Metropolitan Ballroom<br>Convention Centre North,<br>2nd Floor  |
| 2:00 PM - 2:25 PM  | <b>Poster and Exhibit Break</b><br><i>Viewing posters are eligible for Section 2 MOC credits</i>  | Metropolitan Ballroom Convention<br>Centre North, 2nd Floor   |
| 2:30 PM - 4:15 PM  | <b>Concurrent Sessions</b><br>2:30 pm - 3:15 pm Concurrent Session A<br>3:30 pm - 4:15 pm Concurrent Session B  | Refer to agenda on badge or<br>session schedule on pg. 9  |
| 4:30 PM - 6:00 PM  | <b>Get More From Your EMR Sessions</b>  | Refer to agenda on badge or<br>session schedule on pg. 8  |
| 6:15 PM - 7:15 PM  | <b>Optional Programming - \$ ticket entry*</b><br>Fireside Chat with Helen Angus, Deputy Minister of Health   | Harbour Ballroom<br>Convention Centre South,<br>2nd Floor   |

\*Sessions not certified for Mainpro+ accreditation

# Schedule At a Glance

## CONFERENCE PROGRAM | FRIDAY, SEPTEMBER 20, 2019

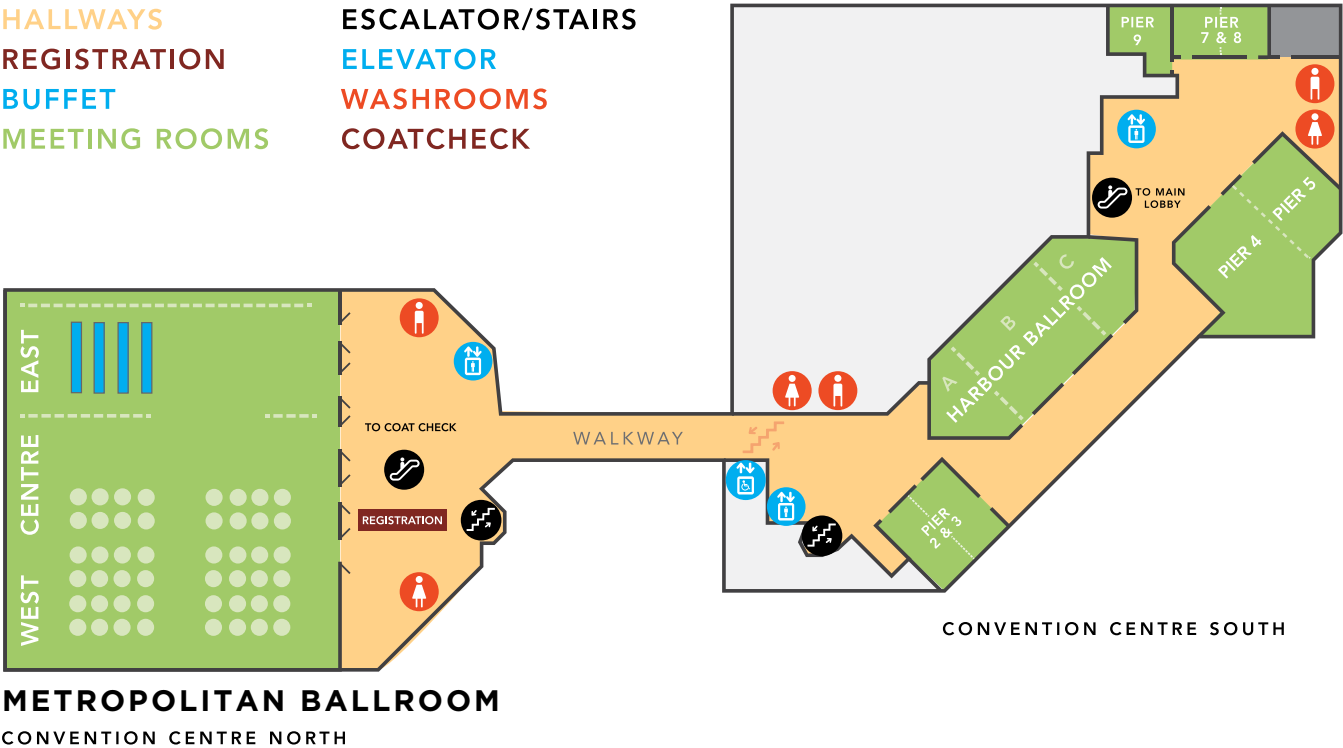
| TIME                | SESSION   | ROOM   |
|---------------------|---|--|
| 7:30 AM – 9:30 AM   | <b>Registration and Breakfast</b><br><i>Exhibit halls and poster displays open</i>                                | Metropolitan Ballroom<br>Convention Centre North,<br>2nd Floor |
| 7:30 AM – 8:30 AM   | <b>Regional ED Meetings*</b>  | Refer to agenda on badge or<br>session schedule on pg. 8       |
| 8:45 AM – 10:30 AM  | <b>Concurrent Sessions</b><br>8:45 am - 9:30 am Concurrent Session C<br>9:45 am - 10:30 am Concurrent Session D   | Refer to agenda on badge or<br>session schedule on pg. 10      |
| 10:30 AM – 11:00 AM | <b>Poster and Exhibit Break</b><br>Viewing posters are eligible for Section 2 MOC credits                         | Metropolitan Ballroom Convention<br>Centre North, 2nd Floor    |
| 11:00 AM – 12:45 PM | <b>Concurrent Sessions</b><br>11:00 am -11:45 am Concurrent Session E<br>12:00 pm - 12:45 pm Concurrent Session F | Refer to agenda on badge or<br>session schedule on pg. 11      |
| 12:45 PM – 2:30 PM  | <b>Lunch Buffet &amp; Closing Plenary</b>   | Metropolitan Ballroom<br>Convention Centre North,<br>2nd Floor |

\* Sessions not certified for Mainpro+ accreditation

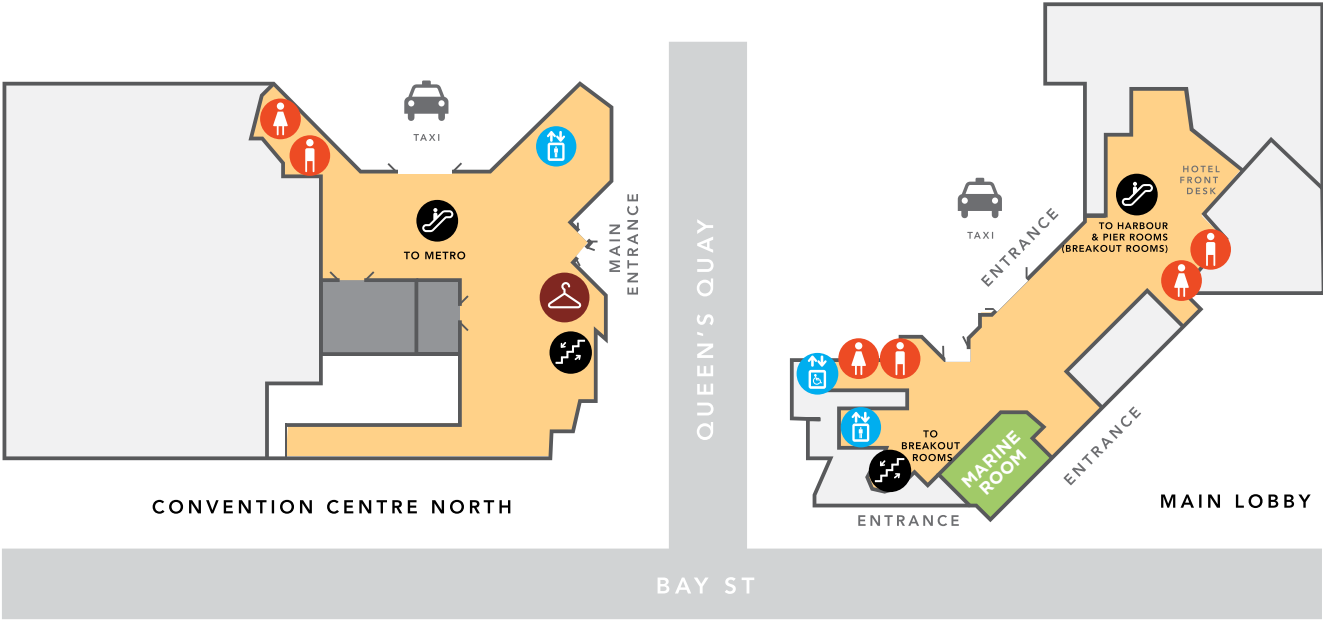
# Westin Floorplan

HALLWAYS  
REGISTRATION  
BUFFET  
MEETING ROOMS

ESCALATOR/STAIRS  
ELEVATOR  
WASHROOMS  
COATCHECK



## SECOND FLOOR



## STREET LEVEL

# Session & Speaker Profiles

THURSDAY, SEPTEMBER 19, 2019

## 2019 Opening Plenary: The Future of Primary Health Care

12:30 pm – 1:15 pm | Metropolitan Ballroom  
Convention Centre North, 2nd floor

An unprecedented amount of change is coming to our health system in this era of digitization and democratization, and formation of Ontario Health Teams. These changes will challenge many aspects of the roles, structures and governance models of traditional players like primary care.

Dr. Zayna Khayat, Future Strategist with SE Health, will explore how changing patient & family needs, outdated/unsustainable business models, emerging digital tools and new legislation are accelerating the shift towards the future of health(care).

- Address from outgoing president  
Beth Cowper-Fung
- Introduction of incoming president  
Dr. Thomas Richard
- Address from the Honourable Christine Elliott,  
Deputy Premier and Minister of Health



**Zayna Khayat** is Future Strategist with SE Health (formerly, Saint Elizabeth Health Care) a health and social impact enterprise

with a major focus on creating a better future for aging adults in their homes and communities. Zayna is Faculty of Singularity University' Exponential Medicine stream, and is adjunct faculty in the Health Sector Strategy stream at the Rotman School of Management at the University of Toronto.

Dr. Khayat was previously the lead of health system innovation at MaRS Discovery District, a health innovation hub in Toronto, Canada. In 2017 she was seconded to the REshape Innovation Centre at Radboud university medical centre in the Netherlands. Zayna completed her Ph.D. in diabetes research from the University of Toronto (2001), followed by a career in strategy consulting, including as a Principal in the healthcare practice of The Boston Consulting Group (BCG). She currently resides in Toronto with her husband and three children and is proficient in French and Arabic languages.



**The Honourable Christine Elliott, Deputy Premier and Minister of Health**

# Session & Speaker Profiles

THURSDAY, SEPTEMBER 19, 2019

## “Bright Lights” Awards Ceremony

**1:15 pm – 2:00 pm | Metropolitan Ballroom**  
Convention Centre North, 2nd floor

The “Bright Lights” Awards recognize our members’ leadership, outstanding work and significant progress being made to improve the value delivered by interprofessional primary care teams across Ontario. Winners will be announced in seven categories aligned with the conference themes, for innovations that are scalable and sustainable, make a big impact, and can be shared with other teams across the province. Four award recipients will also receive an education grant valued at \$1,250.

“Bright Lights” Award recipients are:

- Innovators – making small changes for maximum impact to improve patient experience and outcomes
- Team Players – interprofessional teams, collaborators and relationship builders
- Demonstrating Impact – can show how their work is benefitting the health care system

## Fireside Chat with Deputy Minister of Health, Helen Angus

**6:15 pm – 7:15 pm | Harbour Ballroom**  
Convention Centre South, 2nd Floor

This is a great opportunity to hear the Deputy speak about Ontario Health and the formation of Ontario Health Teams in this time of health system transformation.



**Helen Angus** was appointed Deputy Minister of Health on July 29, 2019. Most recently, Helen served as the Deputy Minister of Treasury Board

Secretariat and the Secretary of Treasury Board and Management Board of Cabinet. Previously, she was Deputy Minister of International Trade and Deputy Responsible for Women’s Issues, and Deputy Minister of Citizenship, Immigration and International Trade. Helen has also served as an associate deputy minister at the Ministry of Health and Long-Term Care (MOHLTC) with responsibility for Policy and Transformation.

Prior to her return to the Ontario Public Service in 2012, Helen served as the Vice President responsible for the Ontario Renal Network at Cancer Care Ontario (CCO). She was also CCO’s Vice President of Planning and Strategic Implementation and Vice President of Research and Analysis at the Canadian Institute for Health Information.

Helen was educated at the University of Toronto and holds a Master of Science degree in planning.

# Session & Speaker Profiles

FRIDAY, SEPTEMBER 20, 2019

## Closing Plenary

1:15 pm – 2:15 pm | **Metropolitan Ballroom** Convention Centre North, 2nd floor

Featuring Dr. Rueben Devlin, Special Advisor and Chair of the Premier's Council on Improving Health Care and Ending Hallway Medicine, and Stephen, a patient speaker.



An orthopaedic surgeon, during **Dr. Devlin's** 17 years practicing in Newmarket, he held senior hospital positions, including Chief

of Surgery and Chair of the Medical Advisory Committee.

Subsequently Dr. Devlin served as the President and Chief Executive Officer of Humber River Hospital in Toronto from 1999 to 2016. As the CEO he not only led the operational transformation of the hospital, Dr. Devlin was also responsible for the vision and implementation of North America's first fully digital hospital.

Dr. Devlin was appointed as Special Advisor and Chair of the Premier's Council on Improving Health Care and Ending Hallway Medicine in June 2018. In this role, he will be leading the Council to advise the Premier of Ontario and Ministry of Health and Long-Term Care on strategic priorities and actions that will lead to improved health and wellness outcome for Ontarians, high patient satisfaction, and more efficient use of government investment using an effective delivery structure.



**Stephen** was born and raised in Toronto and currently resides in

Peterborough with his daughter and his grandchildren.

Stephen has been employed completing home renovations and general contracting and is striving to improve his general health day by day so he can return to work to do what he loves.

# Members Only Sessions

## WEDNESDAY, SEPTEMBER 18, 2019

| TIME             | SESSION  | ROOM  |
|------------------|--|---|
| 5:00pm - 7:00 pm | "Collaborative Governance: Moving at the Speed of Trust" | Marine Room, Convention Centre South, 1st Floor |

## THURSDAY, SEPTEMBER 19, 2019

| TIME              | SESSION                 | ROOM                   |
|-------------------|-------------------------|------------------------|
| 8:30 AM - 9:30 AM | Annual General Meeting* | Harbour Ballroom A & B |

**10:00 AM TO 11:00 AM**      **Interprofessional Networking Session\***      **Metro Ballroom West**

For members to meet, mingle and share insights with peers in similar roles from across Ontario. The joint session organized by the IHP Advisory Council will take place in the first hour.

IHPs are a critical piece of Ontario's health care system, and as significant change is happening with the development of Ontario Health Teams, their voices are as critical as ever. The Change Foundation will speak to the change that is underway, and the hour will focus on how IHPs, patients, and caregivers can be leaders in health system transformation.

**11:00 AM - 12:00 PM**      **Profession-Based Networking Sessions | Breakouts\***

*Presented by the IHP Session Leads*

This is an opportunity for all members to meet, mingle and share insights with peers in similar roles from across Ontario. Agendas for each session will be developed by their Lead.

The following groups will participate and host a networking session:

- Administration (Marine)
- Chiropracist (Metro Ballroom)
- Health Promoter (Pier 8)
- Kinesiologist (Metro Ballroom)
- Mental Health and Social Worker (Pier 2)
- Nurse (RN/RPN) (Pier 5)
- Nurse Practitioner (Pier 3)
- Occupational Therapist (Metro Ballroom)
- Pharmacist (Pier 9)
- Physician Assistant (Metro Ballroom)
- Physiotherapist (Metro Ballroom)
- Psychologist (Metro Ballroom)
- Quality Improvement Decision Support Specialist (QIDSS) (Pier 4)
- Registered Dietitian (Pier 7)
- Respiratory Therapist (Metro Ballroom)

**10:00 AM - 12:00 PM**      **Leadership Triad Session**      **Harbour Ballroom A & B**

Ontario Health Teams: What's Next?

*Session open only to board members, chairs, EDs and Lead MDs or NPs of AFHTO member organizations.*

Join us for this two-hour Ministry-led session focused on the Ontario Health Teams. Ministry officials and advisors from the Minister's Office will discuss the future of integrated care in Ontario and the role of team-based primary care.

**11:00 AM TO 12:00 PM**      **EMR Networking and Knowledge Exchange**

- Accuro EMR (Pier 7)
- OSCAR EMR (Pier 9)
- Telus Practice Solutions (Pier 4 and 5)

## FRIDAY, SEPTEMBER 20, 2019

| TIME              | SESSION   | ROOM   |
|-------------------|---|--|
| 7:30 AM - 8:30 AM | Regional ED Meetings* <ul style="list-style-type: none"> <li>• East (Pier 9)</li> <li>• GTA (Pier 7)</li> </ul> | <ul style="list-style-type: none"> <li>• North (Pier 8)</li> <li>• South (Pier 5)</li> </ul> |

\* Sessions not certified for Mainpro+ accreditation

# Concurrent Sessions at a Glance - Day 1

**Theme 1.** Access to care: improving access to team-based care

**Theme 2.** Continuous care: ensuring seamless transitions for patients across the continuum of care

**Theme 3.** Comprehensive team-based care

**Theme 4.** Patient and family-centred care

**Theme 5.** Community and social accountability

**Theme 6.** Enabling high-performing primary health care

## 2:30pm to 3:15pm (CS A)

## 3:30pm to 4:15pm (CS B)

|   |   |  |   |  |
|---|---|--|---|--|
| 1 | A1 Meeting Seniors needs in rural Ontario –<br>Living outside the box<br>Wawa FHT   Pier 8  |  | B1 Enabling the Adoption of Patient E-Communication<br>South East Toronto FHT, TBS BIU   Harbour A & B                              |  |
| 2 | AB2 Reducing Silos and Improving Health Care Experience: Integrated Care for Seniors with Complex Needs<br>Carefirst FHT, New Vision FHT   Pier 2 & 3                           |  |   |  |
|   |   |  | B2 What matters to patients in the transition from hospital to home<br>Health Quality Ontario   Harbour C                           |  |
| 3 | A3-a Optimizing resilience despite pain: An interdisciplinary team approach for a strength-building chronic pain management program<br>Guelph FHT   Pier 4                      | A3-b The skinny on self-acceptance and the weight of shame: healthier eating through self-compassion, a group approach<br>Taddle Creek FHT   Pier 7                            | B3 The Creation of the Timmins Integrated Palliative Care Team - Working Together to make a Difference<br>Timmins FHT, VON   Pier 9 |  |
| 4 | A4 What the Fax? Improving Patient Care with Ocean eReferral<br>South East LHIN, North East LHIN, Champlain LHIN, Erie St. Clair LHIN, eHealth Centre of Excellence   Harbour C |  | B4-a Jargon? What medical jargon? : Health literacy as a determinant of health<br>Toronto Western FHT   Pier 5                      | B4-b TECC-Y: Using technology to provide a “one-stop shop” of holistic care for youth at their fingertips!<br>Centre for Addiction and Mental Health (CAMH)   Pier 7 |
| 5 | AB5 How to Embed Health Equity and Integrate Social Justice Advocacy into Your Team<br>St. Michael’s Hospital Academic FHT   Marine   |  |   |  |
| 6 | A6-a Digital Coalition – How a coalition of the willing is changing the face of primary care<br>South West LHIN, Partnering For Quality Digital Health   Harbour A & B          | A6-b Safer Opioid Prescribing through a Clinic-wide Urine Drug Testing System – the HARMS Program<br>Marathon Family Health Team, Northern Ontario School of Medicine   Pier 9 | B6 Evidence-Based Patient Care: The Impact of Translating Knowledge to Practice in Primary Care<br>Guelph FHT   Pier 4              |  |

# Concurrent Sessions at a Glance - Day 2

**Theme 1.** Access to care: improving access to team-based care

**Theme 2.** Continuous care: ensuring seamless transitions for patients across the continuum of care

**Theme 3.** Comprehensive team-based care

**Theme 4.** Patient and family-centred care

**Theme 5.** Community and social accountability

**Theme 6.** Enabling high-performing primary health care

## 8:45am to 9:30am (CS C)

## 9:45am to 10:30am (CS D)

|   |   |  |  |   |
|---|---|--|--|---|
| 1 | C1 Eat.Move.Repeat: A cross cultural, action based approach to lifestyle and wellness programs.<br>East End FHT, Timmins FHT, Misiway Milopemahtesewin CHC   Pier 4 |  | D1 Go Big or Go Home! Launching a novel, large-scale, community program beyond the roster<br>Burlington FHT   Harbour C  |   |
| 2 | CD2 The digital health toolbox: Enabling high-performance teams in the delivery of integrated, patient-centred care<br>eHealth Centre of Excellence   Harbour A & B |  |  |   |
| 3 | C3-a Sedative-Hypnotics Deprescribing – Beyond the Basics<br>North York FHT   Marine  | C3-b A multi-disciplinary CBT group for depression and anxiety with psychiatry supports<br>Guelph FHT   Pier 5 | D3-a Evaluation of Midwifery-led Group Perinatal Care in an Academic Family Health Team<br>Mount Sinai Academic FHT   Pier 7   |   |
|   | C3-c Comprehensive Team Based COPD Care for Vulnerable Patients<br>Village FHT   Pier 7   |  | D3-b Hit the Road Jack...Mobile Integrated Health Care. Beginning a new journey to support patients with Mental Health & Addictions in your community<br>Welland McMaster FHT, Niagara Emergency Medical Services   Pier 5 |   |
| 4 | C4 Interprofessional Therapeutic Yoga Programs: Supporting Healthy Lifestyles for Older Adults and People with Dementia<br>Sunnybrook Academic FHT   Pier 9         |  | D4 Beyond Patient Advisory Councils: Meaningful Engagement with Specific Populations (Youth) in Primary Care Settings<br>St. Michael's Hospital Academic FHT   Marine  |   |
| 5 | C5 Creative Expansion of Social Work Services<br>OakMed FHT   Harbour C   |  | D5-a Oh my! I forgot about the Social Determinants of Health in my Patient's Health! A program model that doesn't forget!<br>STAR FHT   Pier 4   | D5-b Bridges to Housing – a Powerful Example of Comprehensive Team Based Care<br>Inner City FHT, Seaton House, City of Toronto, Community Living Toronto   Pier 8 |
| 6 | CD6 Working towards one practice report for Ontario's primary care clinicians<br>Health Quality Ontario, OntarioMD   Pier 2 & 3                                     |  |  |   |

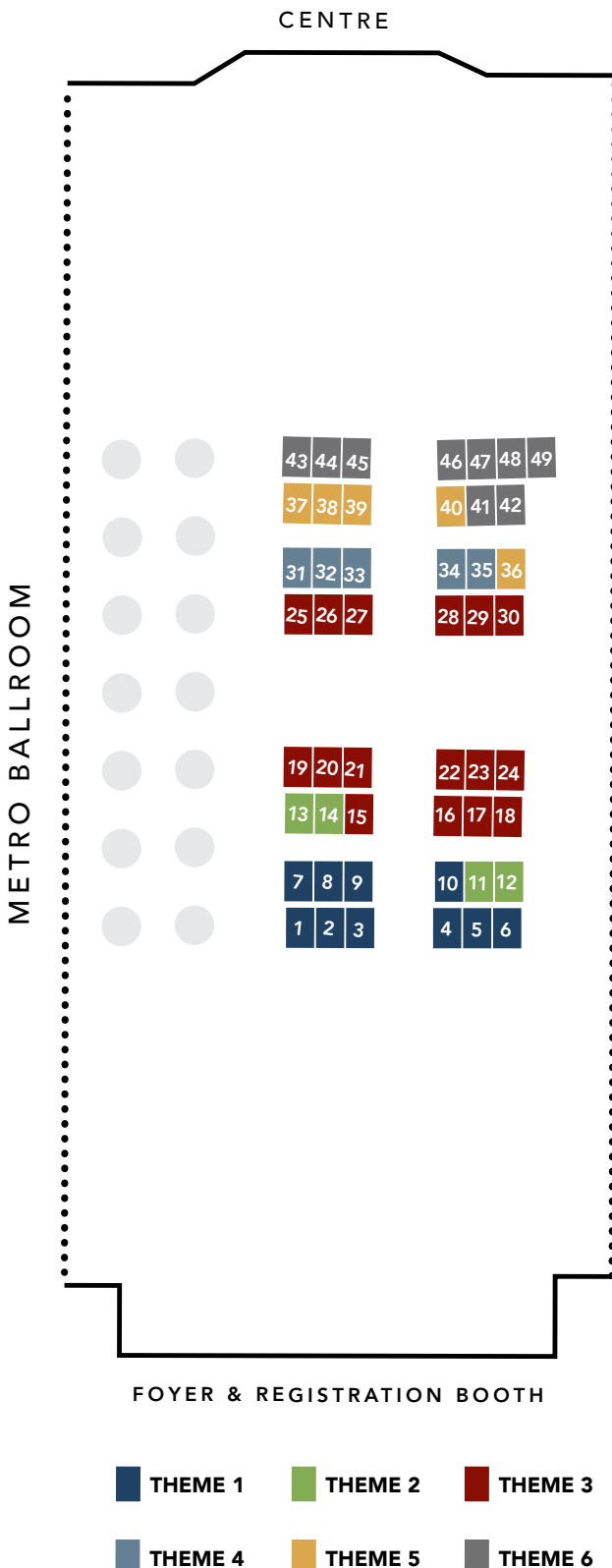
# Concurrent Sessions at a Glance - Day 2

11:00am to 11:45am (CS E)

12:00pm to 12:45pm (CS F)

|   |   |   |  |   |
|---|---|---|--|---|
| 1 | <p><b>E1-a Pharmacist Medication Reviews via Videoconference: A Prospective Cohort Pilot Study in Remote and Rural Underserved Communities</b></p> <p>Northwest Telepharmacy Solutions   <i>Pier 7</i></p>  | <p><b>E1-b Challenges in implementing collaborative mental health care: the case study of PARTNERS -Primary Care Assessment and Research of a Telephone Intervention for Neuropsychiatric Conditions with Education and Resources</b></p> <p>Centre for Addiction and Mental Health, Waypoint Centre for Mental Health Care, University of Toronto Department of Psychiatry   <i>Pier 9</i></p> | <p><b>F1-a The TEAM is in: Adding More Players to Solo Practitioners' Teams</b></p> <p>Windsor FHT   <i>Marine</i></p>   | <p><b>F1-b An integrated model of comprehensive primary care for unattached patients</b></p> <p>Peterborough FHT, The Virtual Family Physician Network   <i>Harbour A &amp; B</i></p> |
| 2 | <p><b>E2 PREVENT - Improving the transition from hospital to home for patients with CHF/COPD (Preventing Readmissions and ER Visits in Elgin through Novel Transitions)</b></p> <p>Thames Valley FHT, East Elgin FHT, St. Thomas Elgin General Hospital   <i>Pier 4</i></p> | <p><b>F2-a Providing a seamless transition of care (shared care model) for colorectal cancer survivors within an urban family health team</b></p> <p>North York FHT   <i>Pier 8</i></p>   | <p><b>F2-b Keeping "A Breast"; Building Collaborative Care and Transitions to optimize breastfeeding success across the City of Hamilton through Primary Care</b></p> <p>McMaster Family Health Team, Maternity Centre of Hamilton   <i>Pier 7</i></p> |   |
| 3 |   |   | <p><b>F3 Cardiac Rehabilitation Within a Family Health Team- Improving Access For Our Community</b></p> <p>Stratford FHT   <i>Harbour C</i></p>  |   |
| 4 | <p><b>E4 Your Healthcare Journey with Us - A Patient and Clinic partnership to better understand and manage our relationships with one another</b></p> <p>McMaster FHT   <i>Harbour C</i></p>   |   | <p><b>F4 Increasing Rural Patient-Centered Care Through Multi-Digital Solutions</b></p> <p>Minto Mapleton FHT   <i>Pier 4</i></p>  |   |
| 5 | <p><b>E5-a Improving Community Prosperity by Addressing Social Determinants of Health</b></p> <p>Niagara Medical Group FHT   <i>Marine</i></p>  | <p><b>E5-b Out of the Closet and Into the Light: How one FHT secured annualized funding to provide transgender-specific health care to their region</b></p> <p>Couchiching FHT, NSM Trans Health Steering Committee   <i>Pier 8</i></p>   | <p><b>F5 Interactive Art Therapy: A Tool to Reduce Social Isolation Among seniors in a Primary Care Setting</b></p> <p>Don Mills FHT   <i>Pier 5</i></p>   |   |
| 6 | <p><b>E6 Becoming Ontario Health Teams: The Journey So Far</b></p> <p>Burlington FHT, Caroline FHT, Arnprior FHT, Fort William FHT, Joseph Brant Hospital   <i>Harbour A &amp; B</i></p>  |   |  |   |
|   |   | <p><b>EF6 Improving quality care through an EMR-enabled clinician dashboard</b></p> <p>OntarioMD   <i>Pier 2 &amp; 3</i></p>  |  |   |

# Poster Displays



## THEME 1: ACCESS TO CARE: IMPROVING ACCESS TO TEAM-BASED CARE

1. Flu Shots +..... Integrating Cancer Screening into flu shot clinics
2. Examining differences in mental health support and symptom reduction across rural, urban, and suburban sites in the CAMH PARTNERS Integrated Care Project
3. Antidepressant Utilization in the CAMH PARTNERS Project
4. The Triumphs and Trials of Collaborative Mental Health Care: Our Journey
5. Access to care: A primary care nurse practitioner led home visiting program for homebound individuals
6. Physical Disabilities in Ontario: How the Mobility Clinic is Levelling the Playing Field
7. Getting the Discussion Going – Advance Care Planning for the Community
8. Bronchiectasis: Self-Management Education starts in Primary Care
9. Improving access to specialist advice: incorporating eConsult into Family Health Teams
10. Sleep: We all need it. Starting an Interdisciplinary Sleep CBT-I Group in Primary Care - Worth The Effort

## THEME 2: CONTINUOUS CARE: ENSURING SEAMLESS TRANSITIONS FOR PATIENTS ACROSS THE CONTINUUM OF CARE

11. thehealthline.ca: System Navigation Made Easy
12. A Best Practice Guideline on Supporting Adults who Anticipate or Live with an Ostomy – Recommendations for Interprofessional Evidence-based Practice.
13. NP-Led Adult ADHD Program within the FHT – Identifying and managing adults with ADHD and Transitioning Adolescents with ADHD back to primary care from pediatricians
14. How to create an Ontario Health Teams Integrated Hub

## THEME 3: COMPREHENSIVE TEAM-BASED CARE

15. Optimizing Care for Individuals with Schizophrenia in an Urban Academic Family Health Team
16. “Specialized Senior’s Clinic”: An Interprofessional Assessment Clinic to Improve Coordinated Care for Frail Older Adults
17. Helping Seniors Age Well
18. The Benefits of a Nordic Pole Walking Program for Type 2 Diabetics in a Family Health Team

19. Integrating Depression Treatment into Smoking Cessation Programming: A Virtual Approach to Encourage Practice Change among Ontario Family Health Teams
20. Why Weight: Recognizing and Integrating Weight Management in a Chronic Disease Model
21. Put your best foot forward: An interprofessional approach to implementing innovative diabetes care tools through adaptation of a validated foot assessment
22. Getting Fit with the FHT – Exercise Programs in Primary Care
23. Dissemination and Evaluation of the “Direct Oral Anticoagulant (DOAC) Monitoring Tool” in Family Health Team Pharmacy Practice
24. It takes a Village: Allied Health Team’s comprehensive approach for individuals with Chronic Pain
25. Team based approach to Opioid management: a case for physiotherapy
26. Obesity as a Chronic Disease Program: A Physician -Supervised, Centralized Inter Professional Model
27. A collaborative team-based approach to diet and exercise in primary care: Experiences from primary care teams and patients in the CHANGE Program
28. Medication Reconciliation in a Rural Family Health Team
29. Enabling Active Patient Self-Management of Stress through Group Workshops
30. Community Care Health and Care Network Telepsychiatry Program: An Integrated Care Model

#### **THEME 4: PATIENT AND FAMILY-CENTRED CARE**

31. Narrowing Gaps in Health Services Through Collaboration: Introduction of a Social Worker Specializing in Children, Youth and Families in a Family Health Team.
32. The role of the Kinesiologist in the Family Health Team: A collaborative approach to patient care
33. Integrating patient voices into primary care: co-creation of the Guelph FHT Patient & Family Advisory Committee
34. Aurora-Newmarket Family Health Team Preventative Screening Blitzes
35. Strengthening Collaborative Mental Health Care: Integrating the Perspectives of People with Lived Experience of Mental Health Challenges

#### **THEME 5: COMMUNITY AND SOCIAL ACCOUNTABILITY**

36. Cannabis, Marijuana or Weed? – Developing health education for community needs
37. A journey of a thousand miles begins with a single step: A collaborative approach to knowing our community and filling the gaps
38. Fitness- Not just for falls prevention
39. Toward Trans Affirming Primary Care: An Interdisciplinary Toolkit to Improve Access to Services for Transgender People
40. Improving equity of access through electronic consultation: a case study of an eConsult service

#### **THEME 6: ENABLING HIGH -PERFORMING PRIMARY HEALTH CARE**

41. Primary Care Clinician Adherence to Specialist Advice in Electronic Consultation
42. A targeted approach to mitigating opioid risks for high—risk patients experiencing chronic non-cancer pain
43. Practice Lead-The launch of a new role to enhance IHP practice
44. Performance data as a driver of quality improvement: Implementation and key learnings in a large, multi-site primary care organization
45. Demystifying EMR Technology Agreements: Reducing the burden of privacy due diligence
46. Tips & Tricks for Being a Preceptor for Health Care Professional students
47. Tackling the Opioid Crisis through Academic Detailing: A Tale of Two FHT’s ...
48. Quality Improvement and Information Management Specialists in Ontario Nurse Practitioner-Led Clinics – Demonstrating excellent outcomes and patient-centred care in a team-based model
49. The Electronic Asthma Management System (eAMS) Improves Primary Care Asthma Management

# Sponsor Acknowledgements

---

We wish to acknowledge the following sponsors of the AFHTO 2019 Conference:

## GOLD LEVEL

---



## SILVER LEVEL

---



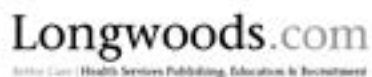
## BRONZE LEVEL

---



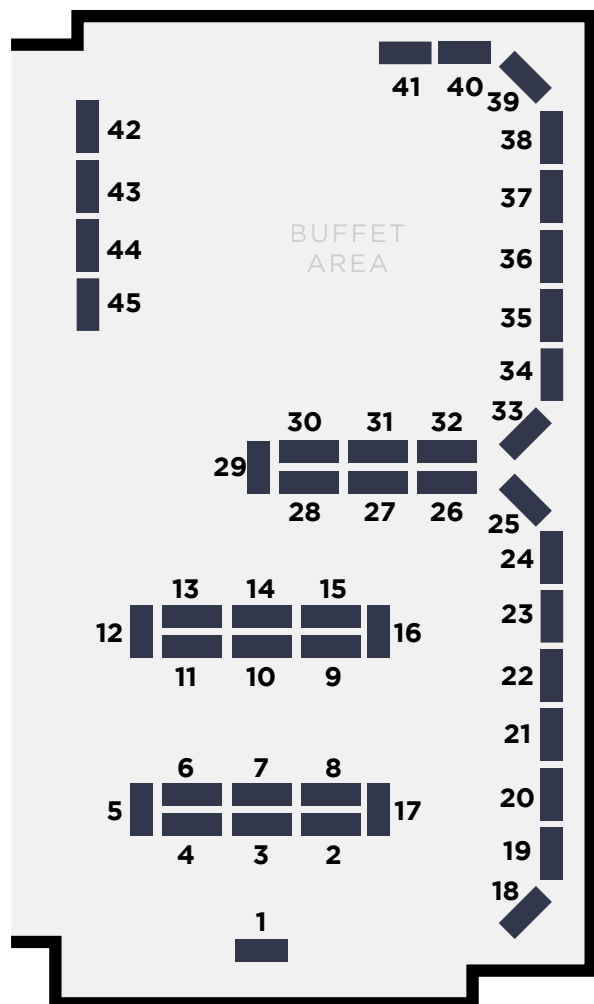
## MEDIA SPONSOR

---

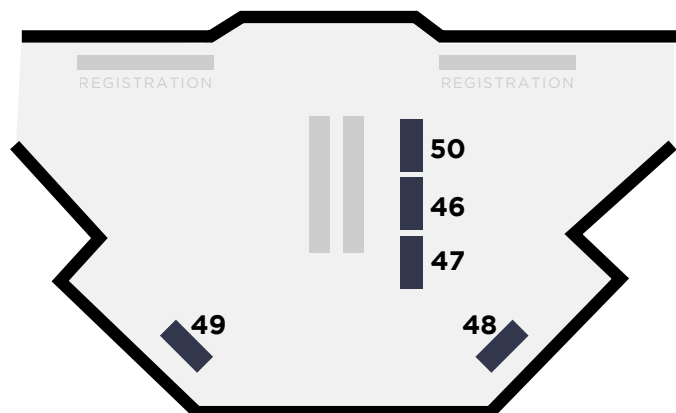


# Exhibitor List

## CONVENTION CENTRE, SECOND FLOOR METROPOLITAN BALLROOM EAST



## METRO FOYER & REGISTRATION BOOTH



- |   |  |
|---|--|
| 13 Abbott Nutrition                           | 22 MedPro Respiratory Care                   |
| 24 Accuro EMR                                 | 7 NorthWest Healthcare Properties            |
| 1 Auxita Inc.                                 | 19 Northwest Telepharmacy Solutions          |
| 41 Calea                                      | 21 Nutricia North America                    |
| 44 Canada-Africa Community Health Alliance    | 18 Online Self-Management Program            |
| 2 Canada Health Infoway                       | 34 Ontario Association of Social Workers     |
| 11 Canadian Centre for Accreditation          | 23 Ontario Chiropractic Association          |
| 33 Canadian Mental Health Association Ontario | 40 Ontario College of Family Physicians      |
| 20 Canadian Pharmacists Association           | 27 Ontario eConsult Centre of Excellence     |
| 30 CIBC                                       | 8 Ontario Physiotherapy Association          |
| 45 CognisantMD                                | 26 OntarioMD                                 |
| 50 ConnexOntario Health Services Information  | 39 Otsuka Pharmaceutical Canada              |
| 12 Digitcom                                   | 25 Prenatal Screening Ontario                |
| 32 DoctorCare                                 | 31 ProResp Inc.                              |
| 42 Empower Health / iamsick.ca                | 4 RB Health Canada (Mead Johnson Nutrition)  |
| 49 Gallagher                                  | 14 Registered Nurses' Association of Ontario |
| 10 GeriMedRisk                                | 16 Renascent Fellowship                      |
| 9 Gremac Maintenance                          | 17 Spectrum Therapeutics                     |
| 15 Grifols Canada                             | 37 Surgo Surgical Supply                     |
| 38 Health Myself Innovations Inc              | 48 TELUS Health                              |
| 6 Healthcare of Ontario Pension Plan          | 28 The Lung Association                      |
| 35 InputHealth                                | 36 thehealthline.ca Information Network      |
| 46 Kate Dewhirst Health Law                   | 3 Valneva Canada                             |
| 5 LifeLabs                                    |  |
| 47 McDonald HR Law                            |  |
| 43 MedicAlert Foundation Canada               |  |
| 29 Medline Medical Mart                       |  |

# Volunteer Acknowledgements

The AFHTO Conference would not be possible without the dedicated time and expertise provided by our team of volunteers. A sincere thank you to the following volunteers for all of their hard work to develop the AFHTO 2019 Conference program!

## AFHTO Membership Committee

Chair: Marg Alfieri, Centre for Family Medicine FHT

Sara Dalo, Windsor FHT

Kaela Hilderley, Elliot Lake FHT

## Profession-based Program Organizers

Health Promoters: Gem Lee-Herder, Toronto Western FHT

Nurse Practitioners: Kelly Van Camp, Queen's FHT

Occupational Therapists: Catherine Donnelly, Queen's FHT

Pharmacists: Lisa Dolovich, McMaster FHT & Christine Truong, North York FHT

Physiotherapists: Emily Watson, Burlington FHT

Psychologists: Veronica Asgary-Eden, Family First FHT

Registered Dietitians: Marg Alfieri, Centre for Family Medicine FHT; Alicia Sauve, Thames Valley FHT & Kimberly Crowther, Thames Valley FHT

Registered Nurses: Kasia Kalarus, London FHT & Isabelle Leclerc, Bruyere FHT

Respiratory Therapists: Sylvia Mortimer, Dufferin Area FHT

Social Workers: Shaun Ouellette, Tilbury District FHT

## Concurrent Session & Poster Reviewers

Jim Armstrong, Kawartha North FHT

Jason Bartell, Chatham Kent FHT

Sue Byers, Sauble FHT

Stephanie Houghton, South East Toronto FHT

Linda Jackson, St. Michael's Hospital Academic FHT

Jenny Lane, Leeds & Grenville Community FHT

Sheila Latour, Powassan and Area Family Health Team

Techiya Loewen, Prime Care FHT

Sam Marzouk, Guelph FHT

Angela Munday, Couchiching FHT

Hrishikesh Navare, South East Toronto FHT

Kathryn Nicholson, Ingersoll NPLC

Diana Noel, Village FHT

Steven Poirier, Barrie and Community FHT

Leila Ryan, Hamilton FHT

Sathuja Sivalogarahaj, Central Brampton FHT

Dragana Susic, Sunnybrook HSC

Denis Tsang, Village FHT

Chloe Walls, St. Michael's Hospital Academic FHT

Emily Watson, Burlington FHT

Lindsay Wong, Health for All FHT

Dave Zago, Brockton and Area FHT

## EMR Meetings, Lead Organizers

Urslin Fevrier-Thomas, McMaster FHT

Kevin Samson, East Wellington FHT

Brice Wong, Windsor FHT

## Concurrent Session Program Hosts

Sue Byers, Sauble FHT

Heather Hadden, CarePoint Health

Mike McMahon, Thames Valley FHT

Mike Perry, City of Kawartha Lakes FHT

Karen Simpson, Arnprior FHT

Suzanne Singh, Mount Sinai Academic FHT

Tessa Vandenhoeck, Dufferin Area FHT

Danielle VanGennip, City of Kawartha Lakes FHT

Shereen Worrada, Dufferin Area FHT

David Zago, Brockton & Area, East Eglin, Hanover, Kincardine, Owen Sound and Sauble FHTs

## Bright Lights Review Committee

Jim Armstrong, Kawartha North FHT

Jason Bartell, Chatham Kent FHT

Amber Brown, Peterborough FHT

Stephanie Houghton, South East Toronto FHT

Jenny Lane, Leeds & Grenville Community FHT

Techiya Loewen, Prime Care FHT

Angela Munday, Couchiching FHT

Kathryn Nicholson, Ingersoll NPLC

Cassandra Popek, Smithville Medical Centre FHT

Denis Tsang, Village FHT

**And a huge thank you to our onsite volunteers!**

\_\_\_\_\_

[illegible]

## Tell us how we did!

Fill out the conference evaluation form in your registration kit or online at:

<https://www.surveymonkey.com/r/AFHTO2019>

## Apply for a Certificate of Attendance

- This Group Learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 11.50 Mainpro+ credits.
- Attendance at this program entitles certified Canadian College of Health Leaders members (CHE / Fellow) to 6.5 Category II credits towards their maintenance of certification requirement.

To receive a Certificate of Attendance for the AFHTO 2019 Conference, please fill out the form in your registration kit.

## The Association of Family Health Teams of Ontario (AFHTO)

60 St. Clair Avenue East, Suite 800,  
Toronto, Ontario M4T 1N5  
647-234-8605

[info@afhto.ca](mailto:info@afhto.ca) • [www.afhto.ca](http://www.afhto.ca)



Facebook: [afhto](https://www.facebook.com/afhto)



Twitter: [@afhto](https://twitter.com/afhto)

The Association of Family Health Teams of Ontario (AFHTO) is a not-for-profit association representing Ontario's primary care teams, which includes Family Health Teams, Nurse Practitioner-Led Clinics and others who provide interprofessional comprehensive primary care. AFHTO works to support the implementation and growth of primary care teams by promoting best practices, sharing lessons learned, and advocating on behalf of all primary care teams. Evidence and experience show that team-based comprehensive primary care is delivering better health and better value to patients.



association of family  
health teams of ontario