

ASSOCIATION OF FAMILY HEALTH TEAMS OF ONTARIO

# BRIGHT LIGHTS AWARDS



2019

**Nomination**

**Community and social accountability**

**Couchiching Family Health Team**

**North Simcoe Muskoka Works Together to Integrate Trans Health Care into Primary Health Care**



After a regional study on the needs of trans individuals in the area revealed that most trans individuals will not seek health care for fear of discrimination, even when they have urgent health care needs, Orillia Soldiers' Memorial Hospital (OSMH) partnered with the Couchiching Family Health Team to meet the needs of this often forgotten population. To ensure the program was relevant to trans individuals, the CFHT struck the Trans Health Steering Committee, bringing together service providers and community members with lived experience to help guide the development of this program in the most meaningful way.