

ASSOCIATION OF FAMILY HEALTH TEAMS OF ONTARIO

# BRIGHT LIGHTS AWARDS



2019

## **Nomination**

### **Patient and family-centred care**

**Kitty Seager (CRE, CTE, RPN) - Haldimand Family Health Team**

#### **Smoking Addiction Program Success in a Rural Family Health Team**



The Haldimand Family Health Team (HFHT) is the only FHT serving Haldimand County. The prevalence of smoking in this large rural geographic area is higher than that of Ontario and Canada. The HFHT's Smoking Addiction Program is patient centred, provides access to smoking cessation counselling, nicotine therapy, health education, and support in a patient driven group setting. The Program maintains consistently higher than average 12-month quit rates (STOP program data) and has significantly reduced wait-times for access to service and the time to attempt a quit. Current wait time decreased from 6-months to immediate admission into the intake group.