

ASSOCIATION OF FAMILY HEALTH TEAMS OF ONTARIO

BRIGHT LIGHTS AWARDS



2019

Nomination

Patient and family-centred care

North Perth Family Health Team and STAR Family Health Team

Time to Talk- Engaging Caregivers and Providers in Primary Care Settings



Caregivers often are responsible for the care of loved ones on a day-to-day basis. As part of Connecting the Dots for Caregivers, STAR and North Perth FHTs have improved awareness and recognition of the importance of family caregivers in the health system. Co-designed by providers and caregivers, the Time to Talk Toolkit is a recognition and support tool that aims to facilitate awareness of caregivers, understand their role and the value they bring to the care team and encourage meaningful conversations. Through provider leadership, the Toolkit has been successfully implemented at both FHTs.