

ASSOCIATION OF FAMILY HEALTH TEAMS OF ONTARIO

BRIGHT LIGHTS AWARDS

2019

Nomination

Comprehensive team-based care

Dufferin DBT Program

Collaborating with Community Partners to Provide Evidence-Based Care for Patients Struggling with Suicidality



The Dufferin DBT Program is an example of what is possible, when a FHT actively partners with other organizations to develop a specialized program, thereby increasing access for complex patients to evidence-based treatment. Moreover, our initiative has extended team-based care outside the roster and reduced travel barriers for a number of patients who otherwise would have to commute frequently to another community to access similar treatment. Led by the Dufferin Area Family Health Team, the Dufferin DBT Program is also supported by - and utilizes providers from - CMHA Peel-Dufferin, SHIP, and Family Transition Place.