

ASSOCIATION OF FAMILY HEALTH TEAMS OF ONTARIO

BRIGHT LIGHTS AWARDS



2019

Nomination

Comprehensive team-based care

Mt Sinai Academic Family Health Team

Group Perinatal Care (GPC) in the Mount Sinai Academic Family Health Team (MSAFHT)



GPC was implemented at MSAFHT in 2016. Perinatal care and education is provided by an interprofessional team including registered midwives, prenatal nurse, registered dietitian, family medicine residents and family physicians. The births are conducted by the family physicians and residents. This unique GPC program extends into the postpartum period and includes a home visit by a midwife, group sessions addressing education and support around adjustment to parenthood, childhood vaccination and introduction of solids. This novel program is the first to integrate registered midwives into an Ontario academic family health team involving them both in patient care and resident education.