

ASSOCIATION OF FAMILY HEALTH TEAMS OF ONTARIO

BRIGHT LIGHTS AWARDS

2019

Nomination

Access to care: improving access to team-based care

Burlington Family Health Team

Go Big or Go Home! Launching a novel, large-scale, community program beyond the roster.



In September 2018, the Burlington Family Health Team established equitable community access to group-based physical therapy services to support anyone with a Burlington primary care provider. Through a generalist and population health approach, services focus on system navigation, education, self-management, exercise, and transition to community physical activity programming. This novel initiative exemplifies an unpiloted, sub-regional model that improves access to all Ontarians beyond the roster. The achievement highlights strategies to drive success, overcome challenges, leverage cross-sector relationships, align with local needs and provincial health reform, progress community health leadership and demonstrates an evidence-informed, innovative, integrative, values-based model of interprofessional care.