

## Team Building

Book Club (2x per year)

"Near miss vs. good catch" (in meetings or huddles)

Walk and talk team meetings

Shared culture and values

Shared lunch hour (office closes)

Fishbowl Fridays (at Boston Pizza or other restaurants with drink specials)

Protected and supported time (blocked in EMR)

Dazzlers (Team members recognize other members at monthly meetings)

Monthly team meetings (distribute responsibilities of chair, minutes, etc.)

Celebrate great work by writing on sticky note, collect and celebrate at the end of month

Axe throwing, zip lining, sign painting

Appreciation cards

Charity month

Volunteer together

Co-delivered programs (multiple disciplines working together)

## Team Building cont.

Speaking at FHO meetings

Intentional bumping (e.g. lunch room)

Funky Fridays (send around Funk music video to team members each Friday)

Team SOS (email, skype, phone) for all members

FHT Birthday celebrations (bowling, yoga, lunch and PM off)

IHP walking group (at lunch)

Invite people to share about learnings and highlights of previous week/month/other

Pool party

Communications (face to face, email)

November "blah" (special activities in November and February)

Step challenge (team-based)

Flexing time to attend meetings

Block off time in schedule

Distribute work of running meetings

Education /shared posting/email/newsletter

Clinical collaborative committee

## Team Building cont.

Maintain momentum for regular meetings with team

Booklet outlining each team member's scope

ED acknowledges a profession at each meeting, sharing scope and successes

IHP awareness month

Management support

Pose questions of challenges and/or opportunities to team members along with invitations to participate in informal troubleshooting and development sessions

Wellness challenge

Thirsty Thursday (end of day, had to come up with person 'brew

Open door policy/communication

FHT 500 (mini golf, baseball, etc)

Secret Santa

## Team Building cont.

Greater appreciation from staff on importance of meetings

Patient care committee

QI meetings

Hallway interactions

Pre-meeting chats over lunch

FHT website

Retreat (concern about closing clinic for one day)

Introduction of all new staff (bio and pictures)

Activity challenges

Link activities to practice or interest

Treats on desks