

Diet and Lifestyle as Contributors to Cognitive Health

Presented by:



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Learning Objectives:

1. To explore results from epidemiological studies trials relating to diet and dementia.
2. To develop a balanced perspective on best practices as it relates to nutritional strategies to help optimize brain health
3. To address interactions amongst lifestyle practices as they relate to cognitive health

Friday, October 21, 2016

Noon – 1 pm EST

Classroom ABC

Also available via Telehealth & Webcast.

To Participate Through Telehealth:

Provide your Telehealth Coordinator TSM # 59156680 to confirm your site

To Participate by Live Webcast:

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****Rounds are restricted to healthcare professionals in active practice, students, and Baycrest staff.***