

## SAMPLE Determining Program Elements Template (STEP 3)

Program Inputs	Key Questions to Consider
<p>1. Lead NP – Kelly (~ 1h per week) Lead MD – Michelle (consultant to team only) SW – Rhonda (~ 1h q 2 weeks) RD – Andrea (~ 1h q 2 weeks)</p> <p>2. The team has a special interest and care focus in ED.</p> <p>3. Intake will begin with an assessment by the NP, with subsequent visits to the SW for counselling around disordered eating and the RD for maintaining optimized nutritional meal planning. The NP will monitor the pt’s medical condition weekly then as needed until discharge.</p> <p>5. Community ED Programs are aware of the FHT program and have provided resources in the past. Two way communication has been very positive.</p>	<ol style="list-style-type: none"> <li>1. <b>How much time/effort/resources will be required? (money, facilities, clients, program staff, equipment, etc.)</b></li> <li>2. <b>Do you have the staff with appropriate credentials and experience, and commitment to the program?</b></li> <li>3. <b>What are the roles, responsibilities, and expectations of staff delivering the program?</b></li> <li>4. <b>Are there other stakeholder who should be involved in the program?</b></li> <li>5. <b>Are there opportunities for collaboration?</b></li> </ol>
Program Activities	Key Question to Consider
<ol style="list-style-type: none"> <li>1. Weekly follow up by the Lead NP to assess vitals, check blood work, ECG as necessary, weight measurement and overall health assessments. The SW and RD will initiate bridging therapy to help pt and family discuss the behaviours associated with disordered eating.</li> <li>2. Pts would receive care from the usual home site of the applicable IHP, on a weekly basis for at least the first 4 weeks, then assessed for frequency as per pt’s condition.</li> </ol>	<ol style="list-style-type: none"> <li>1. <b>What activities, interventions or work will achieve the desired objective(s)?</b></li> <li>2. <b>When and where will the program be delivered?</b></li> </ol>
Linking to Performance Measures & Targets	Key Question to Consider
<ul style="list-style-type: none"> <li>- % of patients who are waiting for treatment for an eating disorder who have maintained their weight between the time of referral to the treatment centre and the time they are actually admitted</li> <li>- % of patients who are waiting for treatment for an eating disorder who do not have an ER visit between the time of referral to the treatment centre and the time they are actually admitted</li> <li>- % of patients who are waiting for treatment for an eating disorder who do not have a hospital admission between the time of referral to the treatment centre and the time they are actually admitted</li> </ul>	<ol style="list-style-type: none"> <li>1. <b>What meaningful metrics will you use to monitor the success of the program?</b></li> <li>2. <b>Do you have access to the information needed to measure the objectives?</b></li> <li>3. <b>Have you identified:</b> <ul style="list-style-type: none"> <li>- what you will measure?</li> <li>- where the data is available?</li> <li>- any limitations on accessibility?</li> <li>- concerns about reliability?</li> <li>- any concerns about validity?</li> </ul> </li> <li>4. <b>What is the target you are trying to achieve? Is this based on historical or outside data sources?</b></li> </ol>