

SAMPLE Setting Program Direction Template (STEP 2)

Program Description & Goal Statement	Key Questions to Consider
<p>1. The goal of the program is to:</p> <ul style="list-style-type: none"> - provide interim support and education to patients waiting for treatment at an eating disorders program <p>2. The program will meet this goal by providing a core resource and care team with a special interest and focus in the treatment of eating disorders, who will assess and follow referred patients until the time they enter a formal eating disorders program.</p> <p>3. FHT providers have limited resources in-house when caring for pts who have been diagnosed with an eating disorder.</p> <p>4. The program demonstrates a collaborative approach to primary care and the application of best practices.</p>	<p>1. What is the goal of the program? What do you want to accomplish?</p> <p>2. How do you plan to meet this goal?</p> <p>3. How is the program expected to have a positive impact?</p> <p>4. Does this align with the mission and strategic direction of the FHT/NPLC?</p>
Target Population	Key Questions to Consider
<p>1. Pts diagnosed with an ED who are waiting for entry to a formal treatment program, who meet the eligibility criteria for that program, and who agree to transfer care to that program when space becomes available.</p> <p>2. The team could carry a caseload of 5-10 pts at any given time.</p> <p>3. Pts would be referred to the FHT's ED Bridge Program by the pt's usual provider, once they have consented to entering a formal eating disorder program</p> <p>4. Health needs include regular monitoring of blood pressure and heart rate, behaviours related to the ED, and unique methods of assessment and treatment which do not exacerbate the disorder further</p>	<p>1. Who will benefit from the program? Whom are you hoping the program will change?</p> <p>2. How many program participants would you like to include?</p> <p>3. How will you recruit and/or retain them into your program?</p> <p>4. What are their health needs and how will the program address their needs?</p>
SMART Objectives	Key Questions to Consider
<p>1. Pts of the program will achieve or maintain medical stability (as defined below) at the time of discharge to the formal ED treatment program:</p> <ul style="list-style-type: none"> - Patients who are waiting for treatment for an eating disorder who have maintained their weight between the time of referral to the treatment centre and the time they are actually admitted - Patients who are waiting for treatment for an eating disorder who do not have an ER visit between the time of referral to the treatment centre and the time they are actually admitted - Patients who are waiting for treatment for an eating disorder who do not have a hospital admission between the time of referral to the treatment centre and the time they are actually admitted 	<p>1. What are the expected outcomes?</p> <ul style="list-style-type: none"> - What Will Change (e.g., knowledge, attitudes, skills, behaviours)? - For Whom? - By How Much? - By When? <p>Think "SMART" when writing your program objectives: <i>Specific, Measurable, Achievable, Relevant, Time-limited.</i></p>

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