

SAMPLE Needs Assessment Template (STEP 1)

Complete this template as the initial step in turning an idea into a clinical program

<p style="text-align: center;">CURRENT CONTEXT & LANDSCAPE</p> <p>1. <i>The length of time between a patient’s diagnosis of an eating disorder and entry into a formal eating disorders treatment program can be weeks to months. During that time, these patients are often medically unstable and in need of some type of immediate intervention.</i> <i>It is difficult to account for the number of pts with an Eating Disorder (ED) in the practice (EMR) without a standardized diagnostic code.</i></p> <p>2. <i>“Bridge” the time pts spend waiting for entry to a formal community ED Program through coordinated, in-office interventions by a multi-disciplinary team.</i></p> <p>3. <i>Pts with an ED have the potential for rapid health decline if not carefully followed; most providers struggle with the unique complexities of the care or ensuring follow up has been arranged</i></p>	<p style="text-align: center;">Key Questions to Consider</p> <p>1. What is the current situation or problem?</p> <p>2. What is your program idea?</p> <p>3. Why do we need this program? a. Where do you perceive the care gaps to be?</p>
<p style="text-align: center;">IDENTIFYING PROBLEM & GATHERING DATA</p> <p>1. <i>Community ED Treatment Programs in the FHT catchment area include NYGH, Southlake, HSC, and Rouge Valley.</i> <i>Wait times 4-12 weeks</i></p> <p>2. <i>Once a pt has consented to treatment, an opportunity exists to engage the pt and family in therapy as soon as possible.</i></p> <p>3. <i>Close monitoring and supportive therapy helps timely intervention should the pt’s condition deteriorate. Knowing how to care for these pts effectively prevents the possibility of doing harm by reinforcing ED best practice measures.</i></p>	<p style="text-align: center;">Key Question to Consider</p> <p>1. What does the data show regarding health needs, risk factors and/or care gaps? a. What resources or programs are already available to address the identified need?</p> <p>2. Is there an ability to have an impact on the situation or care gap (taking into account time, capacity and financial resources)?</p> <p>3. How do you expect the care gap to be improved by this program?</p>
<p style="text-align: center;">DETERMINING HOW TO PROCEED</p> <p>Develop a check like for assessing program priority:</p> <ul style="list-style-type: none"> ○ <i>MOHLTC priority program</i> ✓ High Risk Group ○ <i>Not at Risk</i> ○ <i>Access (Enhanced)</i> ○ <i>Barriers to Care (Removed)</i> ✓ Unnecessary ER Visits (Reduced) ○ <i>Wait Times (Reduced)</i> ✓ Mission & Strategic Plan (Alignment) <p style="text-align: center;">When approved, move to Step 2.</p>	<p style="text-align: center;">Key Question to Consider</p> <p>1. How does this program idea align with the vision or strategic intent of the FHT/NPLC?</p> <p>2. What is the FHTs/NPLCs process of approval to move forward to the next step?</p>