

Workshop descriptions

Canadian Public Health Association and Calgary Sexual Health Centre

a) Exploring Sexually Transmitted and Blood-borne Infections and Stigma: An Introductory Workshop for Health and Social Service Professionals

This introductory workshop is intended for service providers that have a basic level of knowledge in the areas of substance use, STBBIs and sexuality and that have an interest in further developing their skill set. During this workshop, participants explore stigma, the multiple factors that contribute to stigma, and the potential impacts of stigma on clients as well as public health interventions. In addition, this workshop focuses on strategies that can be employed at both individual and organizational levels to foster change and ultimately create a more welcoming and inclusive environment for clients.

- Increase participant knowledge of the various forms of stigma and the many factors that may contribute to STBBI-related stigma, including personal values and beliefs as well as organizational policies and practices;
- Increase participant ability to self-reflect on personal values and beliefs related to STBBIs, substance use and sexuality;
- Enhance participant comfort in discussing STBBIs, substance use and sexuality;
- Increase awareness of how to develop a personal action plan for the delivery of STBBI prevention and related services that are neither stigmatizing nor discriminatory; and
- Increase participant knowledge about tools that can be used at an organizational level to create safer spaces for service users.

b) Moving Beyond the Basics: An Advanced Workshop about Sexual Health, Substance Use, STBBIs and Stigma

This advanced workshop is designed for service providers that are currently working in the areas of substance use, STBBIs, or sexuality. This workshop explores stigma and STBBIs, the multiple factors that contribute to stigma, and the potential impacts of stigma on clients as well as public health interventions. In addition, participants are provided with an opportunity to enhance their skills in discussing sexuality and substance use with their clients and are provided with several strategies and tools that can be employed to mitigate stigma within their workplace.

- Increase participant knowledge of the various forms of stigma and the many factors that may contribute to STBBI-related stigma, including personal values, beliefs, and professional practices;
- Increase participant ability to self-reflect on personal values and beliefs related to STBBIs, substance use and sexuality;
- Enhance participant skills in discussing STBBIs, sexuality, and substance use utilizing the *Sexual Health and Substance Use Discussion Guide*. This includes increased skills in providing service from a trauma informed lens, in a manner that is non-stigmatizing, empowering, and authentic;
- Increase participant awareness of how to develop a personal action plan for the delivery of STBBI prevention and related services that are neither stigmatizing nor discriminatory.

c) Challenging Organizational Stigma: A Workshop to Assist in the Provision of Safe and Inclusive Sexual Health, Harm Reduction and STBBI-Related Services

This workshop is intended for all individuals working in organizations that provide sexual health, harm reduction and/or sexually transmitted and blood borne infection (STBBI)-related care, including front-line

service providers, managers and administrators, and decision-makers. In this interactive workshop, participants have the opportunity to reflect on substance use, sexuality, STBBIs and related stigma. Participants critically analyze the policies, practices and culture of their own organization and assess the strengths and challenges faced by their organizations in providing safer and more respectful services. Participants work through various tools in order to develop strategies that can be used to address stigma and discrimination within their workplaces.

- Increase participant knowledge of the various forms of stigma and the many factors that may contribute to STBBI-related stigma, including personal values and beliefs as well as organizational policies and practices
- Increase participant ability to identify their organizational strengths and challenges in addressing stigma
- Enhance participant skills in developing strategies to decrease stigma on an organizational level and to create safe and supportive environments for clients