

RNAO Primary Care Nurse Institute – Draft Program

Module	Day/Time	Objectives
Day One – Sunday July 7, 2013		
Laying the foundation for success: Institute Overview	Module 1 3:30-5:30PM	By the end of the session the participant will be able to: <ul style="list-style-type: none"> Express an understanding of the overall purpose, goals, objectives and learning methodologies of the Institute as it relates to the Primary Care Nurse Task Force. Understand the phase one role descriptions developed by the Task Force. Outline up to 5 personal and professional behavioural objectives to be achieved during the institute Form primary learning networks that participants will work within during institute
Dinner	5:30-6:30PM	
Primary Care in Ontario – Where Are We & Where Are We Headed?	Module 1B 6:30-8:00PM PANEL	By the end of the session the participant will be able to: <ul style="list-style-type: none"> Understand current provincial primary care priorities and future direction. Analyze implications for the primary care nursing workforce. <p>Begin engaging in critical discussions regarding the preferred course for the future of primary care and primary care nursing.</p>
Networking Reception	Module 1C 8:00-9:30PM	By the end of the session the participant will be able to: <ul style="list-style-type: none"> Meet with colleagues and begin to form networks of support.
Day Two – Monday July 8, 2013		
Breakfast	7:15-8:45AM	
Introduction to the Day	8:45-9:00AM	
Care Coordination – Establishing a Framework for Action	Module 2A 9:00-11:15AM	By the end of the session the participant will be able to: <ul style="list-style-type: none"> Apply a health promotion lens to understand the theoretical frameworks underpinning care co-ordination. <ul style="list-style-type: none"> Context/rationale. Evidence. Strategies and approach. Anticipated outcomes/quality measures. Begin to explore application of a care co-ordination framework within chronic disease management, and other primary care areas of focus. Learn from an on-the-ground account of success factors and potential challenges that may be encountered when facilitating primary care-based co-ordination.

Module	Day/Time	Objectives
		<ul style="list-style-type: none"> ○ Brainstorm strategies to overcome barriers, and enhance successes. ● Identify the availability and location of resources to support primary care co-ordination.
Break	11:15-11:30AM	
Care Coordination – Navigating the System	Module 2B 11:30-12:30PM	<p>By the end of the session the participant will be able to:</p> <ul style="list-style-type: none"> ● Understand why patients and providers feel lost navigating through the system. ● Appreciate the: <ul style="list-style-type: none"> ○ Structure of Ontario’s health system. ○ Principles of health system navigation. ○ Resources available to guide the journey. ● Articulate in a general way, the role of a number of interprofessional providers.
Lunch	12:30-1:30	
Care Coordination – Using the Theoretical Framework and Therapeutic Communication in Care Coordination Application Exercise	Module 2C 1:30-3:30PM	<p>By the end of the session the participant will be able to:</p> <ul style="list-style-type: none"> ● Apply therapeutic communication techniques aimed to maximize the effectiveness and efficiency of the care co-ordination process and improve outcomes. <ul style="list-style-type: none"> ○ Communicating and sharing information across sectors/providers. ○ Maximizing time spent communicating and seeking information. ○ Ensuring that the patient is informed and kept up to date. ○ Leverage tools and resources available to facilitate communication. ● Develop, in groups, a co-ordinated patient care plan that identifies the: <ul style="list-style-type: none"> ○ Desired outcome. ○ Process needed to achieve the outcome. ○ Role of the care co-ordinator. ○ Role of the patient.
Break	3:30-3:45PM	
Care Coordination – Electronic Health Records ‘Tips n’ Tricks’	Module 2D 3:45-4:45PM	<p>By the end of the session the participant will be able to:</p> <ul style="list-style-type: none"> ● Apply general strategies that will optimize knowledge, skill and comfort in leveraging electronic health records in primary care (regardless of the specific platform being used).
Debrief	Module 2E 4:45-5:00PM	<p>By the end of the session the participant will be able to:</p> <ul style="list-style-type: none"> ● Consolidate and reflect on the learning that has occurred over the day.
Dinner	6:00-7:30PM	

Module	Day/Time	Objectives
Day Three – Tuesday July 9, 2013		
Breakfast	7:15-8:45AM	
Introduction to the Day	8:45-9:00AM	
Holistic Assessment Theoretical Review of Body Systems	Module 3A 9:00-10:45AM	<p>By the end of the session the participant will be able to:</p> <ul style="list-style-type: none"> • Have an refreshed understanding of the basic physiology of major body systems: <ul style="list-style-type: none"> ○ Nervous. ○ Circulatory. ○ Endocrine. ○ Reproductive/Urinary. ○ Musculoskeletal. ○ Respiratory. • Outline the relevance of assessing each body system, from a nursing perspective, as an indicator of health/well-being in primary care.
Break	10:45-11:00AM	
Holistic Assessment – Theoretical Review of Assessment Techniques.	Module 3B 11:00-1:00PM	<p>By the end of the session the participant will be able to:</p> <ul style="list-style-type: none"> • Make critical observations in a demonstration of a head-to-toe physical assessment. • Express the principles of conducting a head-to-toe physical assessment. <ul style="list-style-type: none"> ○ Use of palpation, auscultation, percussion and visual inspection. ○ How to detect abnormalities. • Describe how to effectively document findings. • Identify the most commonly used laboratory tests in primary care. <ul style="list-style-type: none"> ○ Which tests? ○ Why are they used? ○ What are the implications of their use? • Understand what constitutes normal/abnormal laboratory testing outcomes and what the implications are for primary care nursing practice. • Consider sociocultural factors that can be assessed within a broader framework incorporating the social determinants of health.
Lunch	1:00-2:00PM	
Holistic Assessment – Application Exercise	Module 3C 2:00-3:30PM	<p>By the end of the session the participant will be able to:</p> <ul style="list-style-type: none"> • Conduct a head-to-toe assessment.

Module	Day/Time	Objectives
		<ul style="list-style-type: none"> • Review sociocultural factors influencing health. • Identify and interpret the findings of the assessment. • Initiate the appropriate next steps in response to the findings.
Break	3:30-4:00PM	
Physical Assessment- Application Exercise (cont.)	4:00-6:00PM	<p>By the end of the session the participant will be able to:</p> <ul style="list-style-type: none"> • Conduct a head-to-toe assessment. • Review sociocultural factors influencing health. • Identify and interpret the findings of the assessment. • Initiate the appropriate next steps in response to the findings.
Dinner	7:00-8:00PM	
Day Four – Wednesday July 10, 2013		
Breakfast	7:15-8:45AM	
Introduction to the Day	8:45-9:00AM	
Debrief	Module 4A 9:00-9:30AM	<p>By the end of the session the participant will be able to:</p> <ul style="list-style-type: none"> • Consolidate and reflect on the learning that has occurred over the previous day.
Nursing Interventions – Theoretical Review of Well-Baby Examination	Module 4B 9:30-10:15AM	<p>By the end of the session the participant will be able to:</p> <ul style="list-style-type: none"> • Understand the theoretical underpinnings of a well-baby examination. <ul style="list-style-type: none"> ○ Who, what, where, how and when. ○ Sociocultural implications. • Make critical observations in a demonstration on how to perform a well-baby examination.
Break	10:15-10:30AM	
Nursing Interventions – Application Exercise: Conducting a Well Baby Examination	Module 4C 10:30-12:30PM	<p>By the end of the session the participant will be able to:</p> <ul style="list-style-type: none"> • Conduct, document and interpret a well-baby examination through the use of clinical simulation.
Lunch	12:30-1:30PM	
Nursing Interventions – Theoretical Review of Well-Woman Examination	Module 4D 1:30-2:30PM	<p>By the end of the session the participant will be able to:</p> <ul style="list-style-type: none"> • Understand the theoretical underpinnings of a well-woman examination. <ul style="list-style-type: none"> ○ Who, what, where, how and when. ○ Sociocultural implications. • Make critical observations in a demonstration on how to perform a well-woman

Module	Day/Time	Objectives
		examination.
Break	2:30-2:45PM	
Nursing Interventions – Application Exercise: Conducting a Well- Woman Examination	Module 8B 2:45-4:00PM	By the end of the session the participant will be able to: <ul style="list-style-type: none"> • Conduct, document and interpret a well-woman examination.
Debrief	4:00-4:30PM	By the end of the session the participant will be able to: <ul style="list-style-type: none"> • Consolidate and reflect on the learning that has occurred over the day.
Dinner	5:00-6:00PM	
Evening Activity	6:00-8:00PM	
Day Five – Thursday July 11, 2013		
Breakfast	7:15-8:45AM	
Introduction to the Day	8:45-9:00AM	
Mental Health In Primary Care	Module 5A 9:00-10:30AM	By the end of the session the participant will be able to: <ul style="list-style-type: none"> • Understand principles of mental health care within the primary care context. <ul style="list-style-type: none"> ○ What is mental health? ○ Why is it important? ○ What are the major mental disorders? ○ What treatment options are used?
Break	10:30-10:45AM	
Mental Health Assessment and Referral Exercise	Module 5B 10:45-12:00PM	By the end of the session the participant will be able to: <ul style="list-style-type: none"> • Leverage best practices to conduct a general mental health assessment within the primary care context. • Identify appropriate referral options. • Become familiar with community resources and supports available for mental health care. • Explore the broader socioeconomic context related to experiences of mental illness.
Lunch	12:00-1:00PM	
Mental Health	Module 5B	By the end of the session the participant will be able to:

Module	Day/Time	Objectives
Assessment and Referral Exercise (cont.)	1:00-2:00PM	<ul style="list-style-type: none"> • Leverage best practices to conduct a general mental health assessment within the primary care context. • Identify appropriate referral options. • Become familiar with community resources and supports available for mental health care. • Explore the broader socioeconomic context related to experiences of mental illness.
Break	2:00-2:15PM	
The Older Adult in Primary Care	Module 5C 2:15-4:15PM	<p>By the end of the session the participant will be able to:</p> <ul style="list-style-type: none"> • Understand the unique considerations that must be addressed when working with older persons in primary care. • Express key principles of gerontological practice.
Debrief	Module 5D 4:15-5:00PM	<p>By the end of the session the participant will be able to:</p> <ul style="list-style-type: none"> • Consolidate and reflect on the learning that has occurred over the day.
Dinner	6:00-7:00PM	
Day Six – Friday July 12, 2013		
Breakfast	7:15-8:45AM	
Introduction to the Day	8:45-9:00AM	
What's Next – Moving Forward	Module 6A 9:00-11:30AM	<p>By the end of the session the participant will be able to:</p> <ul style="list-style-type: none"> • Engage in discussion and dialogue regarding the lessons learned and implications for practice. • Reflect back on the learning goals set at the beginning of the institute to identify whether they were achieved and what additional areas of growth are needed. • Outline and discuss how the role of the primary care nurse can be optimized within specific practice settings. • Identify personal and collective strategies that can enrich the primary care nursing, culture and describe how this can be carried out.
Closing Key Note – Change Management	Module 6B 11:30-12:30PM	<p>By the end of the session the participant will be able to:</p> <ul style="list-style-type: none"> • Identify the general principles of change management and the stages of change. • Consider strategies that can be applied to stimulate change.

Module	Day/Time	Objectives
Follow-up Webcast #1	One Month After Institute	TBD based on the expressed needs of the participants (i.e. immunization)
Follow-up Webcast #2	Three Months After Institute	TBD based on the expressed needs of the participants
Follow-up Webcast #3	Six Months After Institute	TBD based on the expressed needs of the participants

DRAFT