

Theme 1. Mental health and addictions

- 1. Person-Centred Risk Assessment Framework: Assessing and Managing Risk in Older Adults Living with Dementia
- 2. Evolution of a Primary Care-Based Psychiatry Program
- 3. Paying for Engagement: An Incentive-Based Program for Women Who Use Substances During Pregnancy
- 4. Improving Access to Social Worker Services by Reducing Wait Times
- 5. A Research Study of an Emotion Focused Mindfulness Group in Primary Care (Work in Progress)
- 6. Utilizing the Knowledge and Skills of a FHT Pharmacist and Social Worker for Opioid Weaning and Pain Management
- 7. Behaviours that Challenge in Adults with Intellectual and Developmental Disability: Is it Mental Health?
- 8. Inter-Professional Team Care Intervention in High Needs Area
- 9. OPIOIDS in CNCP-Identifying Your "At Risk" Patients at a FHT
- 10. From 'First Contact': Engaging Patients, Assessing Needs, and Reducing Wait Times for Mental Health Counselling
- 11. Readiness for Patient Engagement in Primary Care Teams
- 12. Reducing Harm from Opioids: A Multi-Pronged Team-Based Approach

Theme 2. Healthy relationships, healthy teams

- 13. Expanding HAES[®] to Our Community by Delivering an Interdisciplinary Intuitive Eating Program at SETFHT
- 14. Understanding the Incentives and Disincentives that Influence Team Collaboration to Improve the Quality of Care for Depression and Anxiety in Ontario's Family Health Teams
- 15. Aiming Our Sights High: Bringing Together Primary Care Practitioners of the Couchiching FHT for a Yearly QI Summit
- 16. Nurse Led Well Baby and Child Visit Program
- 17. An Interprofessional Approach to Developing a Homebound Patient Medication Safety Tool
- 18. An Application of Social Constructivism Theory to Improve the Utilization of a Community of Practice for Occupational Therapists Working in Primary Care

Theme 3. Expanding your reach

- 19. INSPIRED Scaling Up INSPIRED Approaches to COPD Care
- 20. Here We Grow The Evolution of an In-Home Interprofessional Primary Care Team to Include a Clinic Model
- 21. Hearing Screening: Expanding Access with Mobile Technology and Giving Kids the Edge in School
- 22. Infant Nutrition & Sleep Creating and Implementing a Program for Sleepy New Parents
- 23. Transgender Care Clinic

- 24. Chronic Pain: A Registered Nurse Led Self-Management Program
- 25. Palliative Care in Multi-Cultural Rural Communities: Interweaving Practice and Learning
- 26. Advances Evaluation Methods: An Examination of the Barrie and Community Family Health Team Diabetes Management Program
- 27. Optimization of Patient Visits to Improve Access and Quality of Care
- 28. Chomp and Stomp Keeping Infants on Track

Theme 4. The "How to" stream

- 29. Breathing Easier: Using the Health Equity Impact Assessment to Ensure Equitable Delivery of a Primary Care Respiratory Program
- 30. ROAR: Addressing Literacy in Primary Care with Our Youngest Population
- 31. Providing Evidenced-Based Care as a Best Practice Spotlight Organization Pre-Designate
- 32. Power Over Pain: An Interdisciplinary Approach to the Treatment of Chronic Pain
- 33. Mediterranean Style Eating: Guide to Why and How
- 34. NutriSTEP: Is Your Child at Risk? Tips to Healthy Screening
- 35. Successfully Engaging Team Members in a FHT-Wide Implementation of the Telus PS Smoking Status Toolbar
- 36. Optimize Vascular Protection with ACE Inhibitors or ARBs in a Diabetic Population in a Community Based FHT – A Health Improvement Initiative and Validating the My Practice Report by Health Quality Ontario
- 37. The Journey to Cultural Competency Learning Lessons Along the Way
- 38. Using EMR Reminders to Make a Difference to Renally Impaired Patients
- 39. Guelph FHT's Evaluation Mindset: A Ten Year Evolution
- 40. Moving with the Times Improving the Patient Experience with Communication and Technology
- 41. Agile Approach to FHT Emergency Preparedness
- 42. How to Reduce Cardio-Metabolic Risk in Your Patients through Diet and Exercise? Creating Community Collaborations and Optimizing Resources for the CHANGE Program
- 43. Upstream Healthcare: A Postpartum Gestational Diabetes Group
- 44. To Be or Not to Be... Assessing Hallux Abductovalgus Deformity as Part of the 60-Second Diabetic Foot Screen
- 45. Innovation Explosion: Developing and Using Strategies and Resources to Build the Capacity or Family Health Teams to Implement Baby-Friendly Best Practices
- 46. PPI DE-PRESCRIBING PROJECT Where We Came From Where We Are At Now Where We Are Going
- 47. Learning How to Get Lucky: Enablers of High Performing Primary Care Teams
- 48. The Role of Chiropody Within the Family Health Team

Theme 5. Why hasn't this expanded: scalable pilot programs

- 49. The iDynaForm: An Innovative Tool to Efficiently Manage Patients with One or Multiple Chronic Diseases to Increase Scope for Allied Health and Build Capacity within Family Health Teams
- 50. Ontario's First FHT to Achieve Baby-Friendly Designation A Roadmap to Success
- 51. Levelling the Playing Field: Helping Patients with Severe Physical Disabilities in Your FHT