


### **Theme 1. Mental health and addictions**

1. Person-Centred Risk Assessment Framework: Assessing and Managing Risk in Older Adults Living with Dementia
2. Evolution of a Primary Care-Based Psychiatry Program
3. Paying for Engagement: An Incentive-Based Program for Women Who Use Substances During Pregnancy
4. Improving Access to Social Worker Services by Reducing Wait Times
5. A Research Study of an Emotion Focused Mindfulness Group in Primary Care (Work in Progress)
6. Utilizing the Knowledge and Skills of a FHT Pharmacist and Social Worker for Opioid Weaning and Pain Management
7. Behaviours that Challenge in Adults with Intellectual and Developmental Disability: Is it Mental Health?
8. Inter-Professional Team Care Intervention in High Needs Area
9. OPIOIDS in CNCP-Identifying Your “At Risk” Patients at a FHT
10. From 'First Contact': Engaging Patients, Assessing Needs, and Reducing Wait Times for Mental Health Counselling
11. Motivate, Engage and Activate! How Occupational Therapists Empower Patients with Mental Health and Addiction Issues to Live Their Best Lives
12. Readiness for Patient Engagement in Primary Care Teams
13. Reducing Harm from Opioids: A Multi-Pronged Team-Based Approach

### **Theme 2. Healthy relationships, healthy teams**

14. Expanding HAES® to Our Community by Delivering an Interdisciplinary Intuitive Eating Program at SETFHT
15. Understanding the Incentives and Disincentives that Influence Team Collaboration to Improve the Quality of Care for Depression and Anxiety in Ontario’s Family Health Teams
16. Aiming Our Sights High: Bringing Together Primary Care Practitioners of the Couchiching FHT for a Yearly QI Summit
17. Nurse Led Well Baby and Child Visit Program
18. An Interprofessional Approach to Developing a Homebound Patient Medication Safety Tool
19. An Application of Social Constructivism Theory to Improve the Utilization of a Community of Practice for Occupational Therapists Working in Primary Care

### **Theme 3. Expanding your reach**

20. INSPIRED – Scaling Up INSPIRED Approaches to COPD Care
  21. Here We Grow – The Evolution of an In-Home Interprofessional Primary Care Team to Include a Clinic Model
  22. Hearing Screening: Expanding Access with Mobile Technology and Giving Kids the Edge in School
  23. Infant Nutrition & Sleep – Creating and Implementing a Program for Sleepy New Parents
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24. Transgender Care Clinic
25. Chronic Pain: A Registered Nurse Led Self-Management Program
26. Palliative Care in Multi-Cultural Rural Communities: Interweaving Practice and Learning
27. Advances Evaluation Methods: An Examination of the Barrie and Community Family Health Team Diabetes Management Program
28. Optimization of Patient Visits to Improve Access and Quality of Care
29. Chomp and Stomp – Keeping Infants on Track

#### **Theme 4. The “How to” stream**

30. Breathing Easier: Using the Health Equity Impact Assessment to Ensure Equitable Delivery of a Primary Care Respiratory Program
31. ROAR: Addressing Literacy in Primary Care with Our Youngest Population
32. Providing Evidenced-Based Care as a Best Practice Spotlight Organization Pre-Designate
33. Power Over Pain: An Interdisciplinary Approach to the Treatment of Chronic Pain
34. Mediterranean Style Eating: Guide to Why and How
35. NutriSTEP: Is Your Child at Risk? Tips to Healthy Screening
36. Successfully Engaging Team Members in a FHT-Wide Implementation of the Telus PS Smoking Status Toolbar
37. Optimize Vascular Protection with ACE Inhibitors or ARBs in a Diabetic Population in a Community Based FHT – A Health Improvement Initiative and Validating the My Practice Report by Health Quality Ontario
38. The Journey to Cultural Competency – Learning Lessons Along the Way
39. Using EMR Reminders to Make a Difference to Renally Impaired Patients
40. Guelph FHT’s Evaluation Mindset: A Ten Year Evolution
41. Moving with the Times – Improving the Patient Experience with Communication and Technology
42. Agile Approach to FHT Emergency Preparedness
43. How to Reduce Cardio-Metabolic Risk in Your Patients through Diet and Exercise? Creating Community Collaborations and Optimizing Resources for the CHANGE Program
44. Upstream Healthcare: A Postpartum Gestational Diabetes Group
45. To Be or Not to Be... Assessing Hallux Abductovalgus Deformity as Part of the 60-Second Diabetic Foot Screen
46. Innovation Explosion: Developing and Using Strategies and Resources to Build the Capacity or Family Health Teams to Implement Baby-Friendly Best Practices
47. PPI DE-PRESCRIBING PROJECT - Where We Came From - Where We Are At Now - Where We Are Going
48. Learning How to Get Lucky: Enablers of High Performing Primary Care Teams

#### **Theme 5. Why hasn’t this expanded: scalable pilot programs**

49. The iDynaForm: An Innovative Tool to Efficiently Manage Patients with One or Multiple Chronic Diseases to Increase Scope for Allied Health and Build Capacity within Family Health Teams
50. Advance Care Planning: Building Capacity and Successful Implementation in Interdisciplinary Teams
51. Ontario’s First FHT to Achieve Baby-Friendly Designation – A Roadmap to Success
52. Levelling the Playing Field: Helping Patients with Severe Physical Disabilities in Your FHT

