Your poster will be displayed in the Metropolitan Ballroom in the Convention Centre, Second Floor, of the [Westin Harbour Castle](), One Harbour Square, Toronto, Ontario. Please see below for further information.

Key Dates:

- **End of early-bird registration:**   **October 1, 2018**
- **Date to submit poster PDF:**   **October 10, 2018**
- **AFHTO 2018 Conference:**   **October 24 & 25, 2018**
  - Install poster: 7:00 to 7:45 AM, October 24, 2018
  - Remove poster: 3:00 to 4:00 PM, October 25, 2018

Poster Board Number and Location

Poster board numbers are now assigned based on the theme of your poster. Please see below on page 3.

Online Poster Gallery

To share your initiative with as many of your peers as possible, an online gallery of posters will be made available to members through AFHTO's website after the conference. To participate, **please email a PDF of your poster to [conference@afhto.ca]() by October 10, 2018**.

Poster Display Guidelines:

- The maximum size for posters is 46" (vertical) x 70" (horizontal)
- Posters are to be put into place before 7:45 AM on Wednesday, October 24, 2018, and removed at 3:00 PM on Thursday, October 25, 2018. Any posters still on the board after 4:00 PM will be disposed of by the poster board supplier.
- Attach your poster to the board with push pins (provided) or Velcro backs (self-supplied).

Registration

AFHTO's policy is that all who attend the AFHTO conference, including poster presenters, must register for the conference at the appropriate rate. Please [click here]() to register if you haven't already done so.

Interaction with Attendees

We encourage you to spend some time at your poster so that attendees can ask questions or discuss your work. Opportunities to do so have been built into the schedule and are listed below.

Day 1	Breakfast & Registration	8:00	–	10:00	a.m.
	Lunch Buffet	12:00	–	2:00	p.m.
	Poster & Exhibit Break	2:00	–	2:25	p.m.
Day 2	Breakfast & Registration	7:30	–	9:30	a.m.
	Poster & Exhibit Break	10:30	–	11:00	a.m.

When you are away from your poster, you may wish to leave business cards and/or a post-it note indicating when you expect to be there. This allows delegates who find your poster interesting to ask you questions later.

Tips for a Memorable Poster

There will be about 50 posters at the conference, which means no attendee will be able to engage deeply with all of them. You need to have an attention-grabbing poster that will draw people in and make a big impact on them in a small amount of time. Thomas Erren and Philip Bourne have published a great list of ten simple rules for a good poster presentation; below are just a few of the highlights:

- ✓ Determine the **purpose** of your poster *before* you start preparing it.

  > *"…ask yourself the following questions: What do you want the person passing by your poster to do? Engage in a discussion about the content? Learn enough to go off and want to try something for themselves? Want to collaborate? All the above, or none of the above but something else? Style your poster accordingly."*

- ✓ Sell your work in **ten seconds**. Prepare a quick "elevator pitch" that starts with an attention-grabbing statement or questions and then follows up with the thesis or major finding explored in your poster.

- ✓ Choose your **title** wisely. It may be the only thing attendees see before deciding whether to visit.

- ✓ Good **layout** is essential:
  - o Leave plenty of white space, which puts a reader at ease.
  - o Guide the reader through the information using arrows, numbering, or whatever else makes sense for your data.
  - o Never use less than 24-point font, and make sure the main points can be read at eye level, at a conversational distance.

- ✓ Be **concise**! Remember that a (good, carefully chosen) picture (graph/ table/ diagram) is worth a thousand words. Use graphics that can be understood at a glance but provide more detailed information upon closer inspection.

- ✓ Be friendly, personable, and **responsive** to readers' questions, but allow them to read your poster at their own pace. Provide business cards or handouts with your contact information in case they wish to follow up later.

Theme 1. Mental health and addictions

1. Person-Centred Risk Assessment Framework: Assessing and Managing Risk in Older Adults Living with Dementia
2. Evolution of a Primary Care-Based Psychiatry Program
3. Paying for Engagement: An Incentive-Based Program for Women Who Use Substances During Pregnancy
4. Improving Access to Social Worker Services by Reducing Wait Times
5. A Research Study of an Emotion Focused Mindfulness Group in Primary Care (Work in Progress)
6. Utilizing the Knowledge and Skills of a FHT Pharmacist and Social Worker for Opioid Weaning and Pain Management
7. Behaviours that Challenge in Adults with Intellectual and Developmental Disability: Is it Mental Health?
8. Inter-Professional Team Care Intervention in High Needs Area
9. OPIOIDS in CNCP-Identifying Your "At Risk" Patients at a FHT
10. From 'First Contact': Engaging Patients, Assessing Needs, and Reducing Wait Times for Mental Health Counselling
11. Motivate, Engage and Activate! How Occupational Therapists Empower Patients with Mental Health and Addiction Issues to Live Their Best Lives
12. Readiness for Patient Engagement in Primary Care Teams
13. Reducing Harm from Opioids: A Multi-Pronged Team-Based Approach

Theme 2. Healthy relationships, healthy teams

14. Expanding HAES® to Our Community by Delivering an Interdisciplinary Intuitive Eating Program at SETFHT
15. Understanding the Incentives and Disincentives that Influence Team Collaboration to Improve the Quality of Care for Depression and Anxiety in Ontario's Family Health Teams
16. Aiming Our Sights High: Bringing Together Primary Care Practitioners of the Couchiching FHT for a Yearly QI Summit
17. Nurse Led Well Baby and Child Visit Program
18. An Interprofessional Approach to Developing a Homebound Patient Medication Safety Tool
19. An Application of Social Constructivism Theory to Improve the Utilization of a Community of Practice for Occupational Therapists Working in Primary Care

Theme 3. Expanding your reach

20. INSPIRED – Scaling Up INSPIRED Approaches to COPD Care
21. Here We Grow – The Evolution of an In-Home Interprofessional Primary Care Team to Include a Clinic Model
22. Hearing Screening: Expanding Access with Mobile Technology and Giving Kids the Edge in School
23. Infant Nutrition & Sleep – Creating and Implementing a Program for Sleepy New Parents
24. Transgender Care Clinic
25. Chronic Pain: A Registered Nurse Led Self-Management Program
26. Palliative Care in Multi-Cultural Rural Communities: Interweaving Practice and Learning

27. Advances Evaluation Methods: An Examination of the Barrie and Community Family Health Team Diabetes Management Program
28. Optimization of Patient Visits to Improve Access and Quality of Care
29. Chomp and Stomp – Keeping Infants on Track

Theme 4. The "How to" stream

30. Breathing Easier: Using the Health Equity Impact Assessment to Ensure Equitable Delivery of a Primary Care Respiratory Program
31. ROAR: Addressing Literacy in Primary Care with Our Youngest Population
32. Providing Evidenced-Based Care as a Best Practice Spotlight Organization Pre-Designate
33. Power Over Pain: An Interdisciplinary Approach to the Treatment of Chronic Pain
34. Mediterranean Style Eating: Guide to Why and How
35. NutriSTEP: Is Your Child at Risk? Tips to Healthy Screening
36. Successfully Engaging Team Members in a FHT-Wide Implementation of the Telus PS Smoking Status Toolbar
37. Optimize Vascular Protection with ACE Inhibitors or ARBs in a Diabetic Population in a Community Based FHT – A Health Improvement Initiative and Validating the My Practice Report by Health Quality Ontario
38. The Journey to Cultural Competency – Learning Lessons Along the Way
39. Using EMR Reminders to Make a Difference to Renally Impaired Patients
40. Guelph FHT's Evaluation Mindset: A Ten Year Evolution
41. Moving with the Times – Improving the Patient Experience with Communication and Technology
42. Agile Approach to FHT Emergency Preparedness
43. How to Reduce Cardio-Metabolic Risk in Your Patients through Diet and Exercise? Creating Community Collaborations and Optimizing Resources for the CHANGE Program
44. Upstream Healthcare: A Postpartum Gestational Diabetes Group
45. To Be or Not to Be… Assessing Hallux Abductovalgus Deformity as Part of the 60-Second Diabetic Foot Screen
46. Innovation Explosion: Developing and Using Strategies and Resources to Build the Capacity or Family Health Teams to Implement Baby-Friendly Best Practices
47. PPI DE-PRESCRIBING PROJECT - Where We Came From - Where We Are At Now - Where We Are Going
48. Learning How to Get Lucky: Enablers of High Performing Primary Care Teams

Theme 5. Why hasn't this expanded: scalable pilot programs

49. The iDynaForm: An Innovative Tool to Efficiently Manage Patients with One or Multiple Chronic Diseases to Increase Scope for Allied Health and Build Capacity within Family Health Teams
50. Advance Care Planning: Building Capacity and Successful Implementation in Interdisciplinary Teams
51. Ontario's First FHT to Achieve Baby-Friendly Designation – A Roadmap to Success
52. Levelling the Playing Field: Helping Patients with Severe Physical Disabilities in Your FHT