

# Dietitians in Primary Health Care

Better Health • Better Care • Better Value



Dietitians in Primary Care are spearheading initiatives to identify vulnerable populations and offer timely interventions to improve health and quality of life.

**Primary Health Care Action Group (PHCAG) invites you to attend:**

## **5<sup>th</sup> Annual PHCAG RD Research Day**

**Tuesday May 16<sup>th</sup>, 830-4 PM**

### **RIM Park, ManuLife Sports Complex**

2001 University Ave, Waterloo, ON N2J 4k4

#### **Advocacy, Education and Outcomes: The Power of Working Together**

Join your colleagues for an interactive workshop on malnutrition and outcomes that will help you:

- Identify seniors at risk of malnutrition in your practice
- Gather tips, screening tools, and advice to get started
- Hear from local teams working to facilitate nutrition discharge planning
- Access new EMR tools to capture diabetes and malnutrition outcomes quickly and easily
- Connect with your QIDS facilitators to track nutrition outcomes to send to the Ministry
- Map out Nutrition Services in your region...Who are we seeing? Where are the gaps?

#### **Costs: Free event with Lunch**

To register email Ashley Hurley, Chair FHTRD Network at [ahurley@yourfamilyhealthteam.com](mailto:ahurley@yourfamilyhealthteam.com)

<b>AGENDA For THE DAY</b>	
8:15-8:30 AM	Registration
8:30 AM	Welcome + Opening Remarks
9:00-9:45 AM	<b>Why Screen Seniors for Nutritional Risk?</b> Dr. Heather Keller, Schlegel Research Chair Nutrition + Aging
9:45-10:30 AM	<b>Identifying Malnutrition Using SGA in 10 minutes or less</b> Bridget Davidson, Canadian Malnutrition Task Force
10:30-10:45 AM	Nutrition Break
10:45-12:00 AM	<b>How Do I Get Screening Started at My Clinic?</b> Panel of RD's + IHP's sharing tips, tools and lessons learned
12:00-1:00 PM	Lunch (Time to meet and mingle, see latest intern research on malnutrition screening)
1:00-1:45 PM	<b>Handover from Hospital</b> Panel of RDs, IHP's Improving Care Coordination and Nutrition Discharge Planning
1:45-2:30 PM	<b>What Can We Show For Our Work?</b> Capturing Outcomes Quickly and Easily with new EMR Tools- Amy Waugh/Denis Tsang PHCAG Outcome Working Group QIDDS and RDs working together to inform the Ministry Carol Mulder, Provincial Lead, QIDDS
2:30-2:45 PM	Nutrition Break
2:45-3:00 PM	<b>The Power of Working Together (Advocacy, Education, Outcomes)</b> Wage Parity, Webinars, Malnutrition Campaign. The Results are in.... a New Association is born
3:00-3:45 PM	<b>Mapping Nutrition Services: Where are the Gaps? How to begin?</b> K-W Example (Marg, Cara, Laura) Getting Started Today
4:00-4:15 PM	Closing Remarks, Evaluation, Plans for Next Steps

**Brought to you by:**

**Dietitians of Canada Ontario Primary Health Care Action Group (PHCAG)**

**Bringing together RDs across primary care to foster communication and collaboration, measure outcomes and share innovative programming and advocacy tools**

**Thank you to our sponsor Abbott Nutrition**

