

# Brain Trauma, Troubles and Treatments in Primary Care

## Friday, November 30, 2012

Sponsored by the Brain Sciences Program at Sunnybrook Health Sciences Centre and the University of Toronto

Vaughn Estate, The Estates of Sunnybrook | 2075 Bayview Avenue, Toronto, Ontario

### Course Description

Our goal as health professionals is to preserve cognition by recognizing, preventing and treating diseases of the brain and mind. The focus of fifth annual Brain Sciences Day 2012 is on treatment of diseases affecting Brain and Mind in primary care. This year's themes will include presentations on psychological trauma, psychotropic drugs, dementia, stroke, falls prevention, mood disorders and cognitive behaviour therapy in office.

### Course Objectives

By attending this course, participants will be able to:

- Recognize how to prevent disorders of the brain and mind, including those due to trauma.
- Assess for changes in cognition related to medications, depression, stroke and dementia in the office
- Develop confidence in managing head trauma, headaches, mood disorders, stroke and dementia.

### PROGRAM

Each presentation will include time for questions from the audience.

8:00	<b>REGISTRATION &amp; COFFEE</b>	
8:30	<b>Welcome</b> .....	<i>Dr. Jocelyn Charles</i>
8:45	<b>Keynote Speaker: Trauma and Journalism</b> .....	<i>Dr. Anthony Feinstein</i>
9:45	<b>COFFEE BREAK</b>	
10:00	<b>Small Group Workshops</b> (each topic presented twice)	
	<b>Management of Behavioural Symptoms in Dementia</b> .....	<i>Drs. Nathan Herrmann &amp; Jocelyn Charles</i>
	<b>Differentiating Depression and Early Dementia</b> .....	<i>Dr. Ken Shulman</i>
	<b>Avoiding Drug-Drug Interactions</b> .....	<i>Dr. David Juurlink</i>
	<b>Approach to Dizziness in the Office</b> .....	<i>Dr. Mireille Norris</i>
	<b>Post-Stroke Care (including driving)</b> .....	<i>Dr. Richard Swartz</i>
	<b>Cognitive Assessment in the FP Office</b> .....	<i>Dr. Mary Tierney</i>
12:30	<b>LUNCH, MAIN BALLROOM</b>	
1:15	<b>Hot Brain Topics: Headaches: When to Order Imaging?</b> .....	<i>Dr. Jonathan Gladstone</i>
	<b>Concussion in Sports: What to Recommend?</b> .....	<i>Dr. Lori Feigelson</i>
	<b>Sleep Disorders: What Could Result?</b> .....	<i>Dr. Brian Murray</i>
2:15	<b>Small Group Workshops</b> (each topic presented twice)	
	<b>Management of Dementia</b> .....	<i>Drs. Sandra Black &amp; Dr. Jocelyn Charles</i>
	<b>CBT in the FP Office</b> .....	<i>Dr. Ari Zaretsky</i>
	<b>Mood Disorders in Youth: When to worry</b> .....	<i>Dr. Ben Goldstein</i>
	<b>Promoting Mobilization and Preventing Falls</b> .....	<i>Dr. Barb Liu, Deborah Brown-Farrell</i>
4:45	<b>Evaluations</b>	

### Accreditation

Continuing Education and Professional Development (CEPD), Faculty of Medicine, University of Toronto, is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME), a subcommittee of the Committee on Accreditation of Canadian Medical Schools (CACMS). This standard allows CEPD to assign credits for educational activities based on the criteria established by The College of Family Physicians of Canada, and the Royal College of Physicians and Surgeons of Canada.

Additionally, the Accreditation Council for Continuing Medical Education of the United States (ACCME) maintains a reciprocity relationship with CACME, which the American Medical Association (AMA) recognizes for the purpose of allowing Canadian medical schools the ability to accredit activities for AMA PRA Category 1. As a result of a reciprocal agreement between the AMA and the European Accreditation Council for CME (EACCME), this agreement permits CEPD to assign EACCME credits.

**Letters of Accreditation/Attendance** will be available online following the conference. Participants will be emailed information approximately two weeks after completion of the course specifying how to obtain their letters online.

### Disclosure

Speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program.



## Planning Committee Members

**Dr. Jocelyn Charles**  
**Dr. Susan Deering**

**Dr. Krista Lanctot**  
**Dr. Purti Papneja**

## Faculty

\* Faculty of Medicine, University of Toronto

### Family Medicine

**Jocelyn Charles\***, MD, CCFP  
Medical Director,  
Sunnybrook Veterans Centre  
Chief, Family & Community Medicine,  
Sunnybrook Health Sciences Centre

### Geriatrics

**Deborah Brown-Farrell**, RN(EC),  
MHsc, GNC(C)  
Nurse Practitioner & Project  
Coordinator for Early Mobilization,  
Sunnybrook Health Sciences Centre

### Barb Liu, MD, FRCPC

Executive Director, Regional Geriatric  
Program, Sunnybrook Health Sciences  
Centre and Program Director, Geriatric  
Medicine, University of Toronto

### Mireille Norris, BscPT, FRDPD, MHsc

Internist/Geriatrician, Sunnybrook  
Health Sciences Centre, Assistant  
professor of Medicine University of  
Toronto, Education Director, Hospitalist  
Training Program

### Internal Medicine

#### David Juurlink, MD, PhD, FRCPC, FACMT, FAAC

Head, Division of Clinical  
Pharmacology and Toxicology,  
Sunnybrook Health Sciences Centre  
and University of Toronto

### Neurology

#### Sandra Black, MD, FRCPC

Brill Chair in Neurology,  
University of Toronto,  
Sunnybrook Health Sciences Centre

#### Jonathan Gladstone, MD, FRCPC

Consultant Neurologist & Headache  
Specialist, Director, Gladstone Headache  
Clinic, Headache Specialist, Headache  
Clinic, Sunnybrook Health Sciences  
Centre, Co-Director, Child & Adolescent  
Headache Clinic, The Hospital for  
Sick Children, Director of Neurology  
& Headache Medicine, Cleveland  
Clinic Canada, Headache/Neurology  
Specialist, WSIB Head & Neck Injury  
Clinic, Toronto Rehabilitation Institute

#### Brian Murray, MD, FRCPC

Associate Professor of Medicine\*  
Director, Sleep Medicine and Neurology  
Sunnybrook Health Sciences Centre

#### Richard Swartz, MD, PhD, FRCPC

Assistant Professor of Medicine\*  
Director, University of Toronto Stroke  
Program and Sunnybrook Stroke  
Research Unit  
Sunnybrook Health Sciences Centre

### Physical Medicine and Rehabilitation

#### Lori Feigelson, MD, FRCPC

Physical Medicine and Rehabilitation

### Psychiatry

#### Anthony Feinstein, MD, FRCPC

Professor of Psychiatry\*  
Neuropsychiatrist,  
Sunnybrook Health Sciences Centre

#### Ben Goldstein, MD, FRCPC

Adolescent Psychiatry, Sunnybrook  
Health Sciences Centre

#### Nathan Herrmann, MD, FRCPC

Professor of Psychiatry\*  
Psychiatrist, Head of the Division of  
Geriatric Psychiatry,  
Sunnybrook Health Sciences Centre

#### Ken Shulman, MD, FRCPC

Professor and Richard Lewar Chair of  
Geriatric Psychiatry\*,  
Chief, Brain Sciences Program,  
Sunnybrook Health Sciences Centre

#### Ari Zaretsky, MD, FRCPC

Psychiatrist-in-Chief, Sunnybrook  
Health Sciences Centre and Associate  
Professor, Department of Psychiatry,  
University of Toronto

### Psychology

#### Mary Tierney, PhD, CPsych

Professor of Family and  
Community Medicine\*  
Senior Scientist and Neuropsychologist,  
Sunnybrook Health Sciences Centre

## Registration Fees

### PARTICIPANT CATEGORY

Family Physicians - Full Day .....	\$175 CAD
Family Physicians - Half Day (does not include lunch) .....	\$110 CAD
Family Practice Nurse - Full Day .....	\$175 CAD
Family Practice Nurse - Half Day (does not include lunch) .....	\$110 CAD
Postgraduate Residents - Full Day (with proof of status).....	\$90 CAD
Other Health Professional.....	\$175 CAD

**Enrolment is limited. Apply early to avoid disappointment.**

## Online Registration

To register online and pay by VISA, MasterCard or American Express, please visit: [www.cepd.utoronto.ca](http://www.cepd.utoronto.ca). Click on "Search Events" or "Register Now" in the top right bar. Enter **Brain Sciences Day for Family Physicians** or event code: **PSR1219** in the "View by phrase or event code" entry form to find the course website.

## Cancellation

Refunds will not be issued for cancellations received after **November 23, 2012**. A processing fee of \$40 will be retained on all cancellations. Requests for cancellation must be made in writing. Registrations are not transferable.

The University of Toronto reserves the right to cancel events. Registrants will be notified at the earliest possible date in the event of a cancellation. Registration fees for events cancelled by the University will be refunded; however the University will not be liable for any loss, damages or other expenses that such cancellations may cause.

## Accommodation & Location Maps

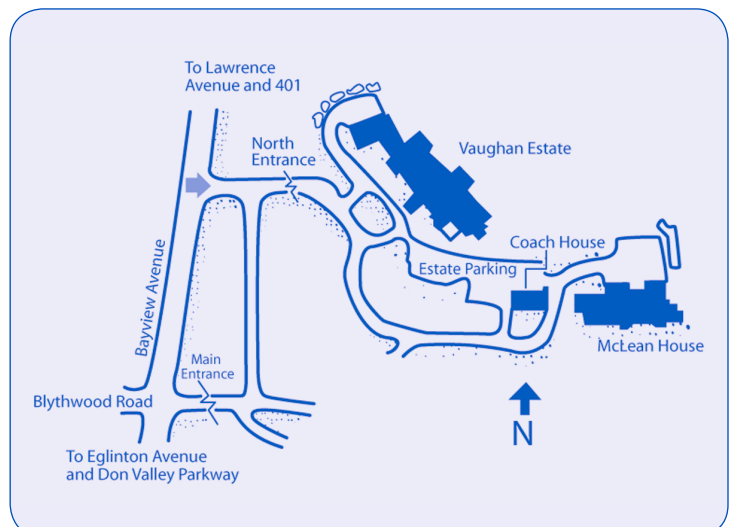
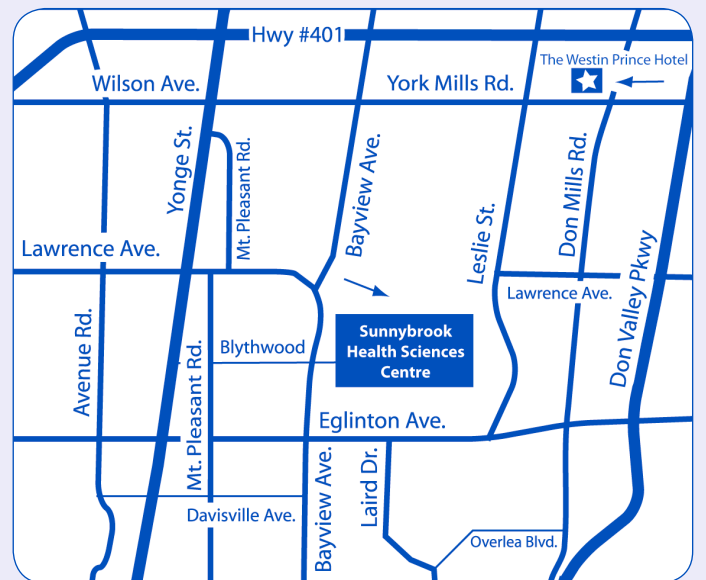
### Recommended:

The Westin Prince Hotel, 900 York Mills Road

**Phone:** 416.444.2511 **Website:** [www.starwoodhotels.com](http://www.starwoodhotels.com)

Or, visit Tourism Toronto's website for other hotel options:

[www.seetorontonow.com](http://www.seetorontonow.com)



## For Information

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