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**Anxiety in Older Adults**

This form will register you for this 2 part educational activity:

1. Online learning module – to be completed before the webinar
2. Webinar (February 19th, 12:00 -1:00 pm ET)

After you have participated in both parts of the educational activity and completed an evaluation, you will receive a certificate of completion. There is no cost for this activity.

**Name:**

**Address:**

**Phone:**

**Email:**

**Your profession/discipline:**

**Years in practice** ❒ **< 10 years** ❒**10-20 years** ❒**21-30 years** ❒**30 + years**

**Job title:**

**Pre-activity questions:**

My comfort level working with older adults with anxiety:

 1 2 3 4 5

Not comfortable Extremely

 at all comfortable

I find it challenging working with older anxious adults:

 ❒ Yes ❒No ❒Not sure

Please comment:

I am confident in recognizing generalized anxiety disorder in older adults:

❒ Yes ❒ No ❒ Not sure

Please comment:

I am confident in being able to distinguish between generalized anxiety disorder and panic disorder in older adults.

List the features of a panic attack (include as many as you can):

Do you use standardized scale for assessing anxiety in your practice?

❒ Yes ❒ No

* If **yes**, which ones:

How confident are you in your ability to use them?

 1 2 3 4 5

Not comfortable Extremely

 at all comfortable

* If **no**, would you be more likely to use a standardized scale for assessing anxiety if you learned about how to use one? ❒ Yes ❒ No ❒ Maybe

Are you confident using standardized tools for assessing/measuring anxiety in your practice?

❒ Yes ❒ No ❒ Maybe

For the following questions please used the confidence scale below:

0 10 20 30 40 50 60 70 80 90 100

Cannot do at all Moderately can do Highly certain can do

How certain are you of your overall approach to assessing and managing your older clients/patients with anxiety?

0 10 20 30 40 50 60 70 80 90 100

Cannot do at all Moderately can do Highly certain can do

How certain are you of non-pharmacological approaches to managing your older clients/patients with anxiety?

0 10 20 30 40 50 60 70 80 90 100

Cannot do at all Moderately can do Highly certain can do

How certain are you of pharmacological/medication approaches to managing your older clients/patients with anxiety?

0 10 20 30 40 50 60 70 80 90 100

Cannot do at all Moderately can do Highly certain can do

**Thank you!**

**Please return your completed form by email or fax:**

**Email – scan form and send to cgrief@baycrest.org**

**Fax – 416-785-2450 Attn: Dr. Cindy Grief**

Once your form has been processed you will receive instructions on how to access the on-line learning module and the webinar. This may take up to a week, but all information will be provided prior to the start date of the online module.

Thank you,

Cindy Grief & Lisa Sokoloff