



City Wide APN/NP Clinical Conference

Primary to Acute Care: Clinical Updates and Key Skills
Friday April 26, 2013

Hyatt Regency Hotel
370 King Street, Toronto

With the philosophy of advancing nursing practice and excellence through education, we welcome you to the City Wide Advanced Practice Nurse (APN)/ Nurse Practitioner (NP) Clinical Conference Day. Our goal is to provide comprehensive educational sessions in a timely manner to upcoming and practicing advanced practice nurses and nurse practitioners. Our sessions are provided by APNs, NPs and physicians who are experts in their fields.

Agenda

0730-0800 Registration (Continental Breakfast provided)

0800-0830 Welcome and Opening Comments
Dr. Joy Richards, VP, Chief Nursing Executive UHN

0830-0915 Advance Care Planning: How Can I Help?
Dr James Downer, MDCM, MHSc, FRCPC, UHN

Death is one of the most common health events in Canada, affecting almost 1% of the population each year. Yet Canadians are often unprepared for their death, leading to serious consequences for patients, family members, and the health care team. Advance Care Planning (ACP) is challenging, but it is an essential component for improving the quality of death and dying. Dr. Downer will discuss the state of ACP in Canada, the current barriers affecting ACP, and propose a new framework for viewing ACP in the continuum of care

0915-1000 Atrial Fibrillation in 2013: What's New?

Dr. Andrew C.T. Ha, MD, FRCPC

Atrial fibrillation (AF) is the most common cardiac arrhythmia encountered in clinical practice. AF is a leading cause of Emergency Room visits, a major risk factor for stroke and patient morbidity. As a result, there is intense interest to improve the ways by which this condition is managed, in order to improve patient care. Dr. Ha will discuss up-to-date, emerging topics, and a pragmatic and evidence-based template for the management of AF patients in the ambulatory setting.

1000-1030 Networking Break/ View Exhibits

1030-1130 Workshops demonstrating clinical decision making in the objective structured clinical examination (OSCE) approach will be presented. Assessment, differential diagnosis, investigations and evidence-based management of challenging clinical cases will be facilitated by expert NPs. (Pre-select one)

- A. Joint Ventures. A Brief Investment in Shoulder Injuries: Exam and Diagnosis
Stephanie Van Rooy, RN(EC), MN, NP-Adult, UHN
- B. Syncope: Not Just A Benign Faint
Nancy Marco Buckman, RN(EC), MN, NP-Adult, UHN
- C. The Heart of the Matter: Chest Pain
Shirley Strachan-Jackman, RN(EC), MN, NP-Adult, ENC(C), UHN
- D. Falls Assessment: Intercepting the Falling Cascade Experienced by Seniors
Sandra Tully, RN(EC), NP Adult, UHN, & Petal Samuel, RN, BScN, MAEd, UHN
- E. OW! My Belly!
Cathy Beaudreau, ENC(C), BScN, BA, NP-PHC, UHN

1130-1215 Lunch (provided)

Agenda

1215-1315 Workshops demonstrating clinical decision making in the objective structured clinical examination (OSCE) approach will be presented. Assessment, differential diagnosis investigations and evidence based management of challenging clinical cases will be facilitated by expert NPs. **(Pre-select one)**

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1315-1400 Sleep Apnea in Heart Failure: To Treat, or Not To Treat?
Dr. Douglas Bradley, MD, FRCPC, Toronto Rehab Institute

Obstructive sleep apnea (OSA) exposes the heart and circulation to a cascade of noxious stimuli and is associated with increased risk of death. Treating OSA in patients with heart failure (HF) is believed to improve heart function, but no randomized trials have been performed. Dr. Bradley will review the symptoms and causes of OSA and discuss the on-going large multi-national trial addressing treatment and outcomes.

1400-1415 Break

1415-1500 What's New in Diabetes: The CDA 2013 Clinical Practice Guidelines
Dr. Catherine Yu, MD, FRCPC, MHSc, St Michael's Hospital

Dr. Yu will discuss the latest updates in diabetes practice guidelines, offer insight and education to improving patient vascular protection through individualizing care. Dr Yu will also provide education on strategies for improved therapeutic management.

1500-1600 It's the Singer, Not the Song: How to Give a More Effective Presentation
Dr. Jay Keystone, MD, MSc (CTM), FRCPC, UHN

This talk outlines the elements of a lecture, focusing primarily on the practical aspects that make a presentation so effective. Dr. Singer will discuss 5 key elements required to make the lecture successful. This lecture will utilize humour, interactive learning and political incorrectness in order to show you, the participant, that the ability to give an excellent large group presentation is not genetic.

1600-1615 Wrap Up and Evaluation

Registration:

Early Bird Registration: \$125 (Deadline April 15)

Late Registration: \$150 (until April 23)

Student Registration (Proof of Full Time Status Required at Door): \$75 (Deadline April 23)

Online registration only: <https://ers.snapuptickets.com/UHN/9APN-NP/>

Contact: For any questions you may contact Patti Kastanias at patti.kastanias@uhn.ca

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