



# 2018 Conference Registration Kit

RELATIONSHIP DESIGN  
WITH STARFIELD IN MIND



OCTOBER 24-25, 2018  
WESTIN HARBOUR CASTLE,  
ONE HARBOUR SQUARE,  
TORONTO, ONTARIO

**afhto** association of family  
health teams of ontario



# Welcome!

Thank you for joining us at the AFHTO 2018 Conference “Relationship Design with Starfield in Mind”!

Ontario’s health system is ever-changing, but these shifts aren’t always fluid or easy to predict. Each change has the potential for far-reaching implications, but the fundamentals remain- clinical innovations, the latest medical advances... these won’t make a lasting difference unless we foster, maintain and deepen relationships at all levels.

Over the next two days AFHTO’s 2018 Conference will show how we can contribute to a high performing health system, through a focus on the Starfield Principles. Together we’ll tackle how to make the most of opportunities and minimize challenges, both locally and regionally, to improve health, health care, and value for all Ontarians.

We hope you have fun and bring home a wealth of ideas to continue improving care in your communities.

## WHAT’S INSIDE?

Schedule at a Glance .....	2
Floorplan .....	4
Opening Plenary .....	5
Closing Plenary .....	6
Bright Lights .....	7
Members Only Sessions .....	8
Concurrent Session Schedule + Rooms .....	10
Poster Displays .....	12
Sponsors .....	14
Exhibitor List + Floorplan .....	15
Volunteer Acknowledgement .....	16

## THE GREAT #AFHTO2018 GAME IS ON!

Look for the game booklet and fulfill the challenges for your chance to win some excellent prizes, including a FitBit and Amazon Echo Smart speaker! Simply drop your completed entries into one of the ballot boxes on the registration desk (Convention Centre North).

Lucky winners will be drawn after the closing plenary session.


## STAY CONNECTED

Wi-Fi Network: Westin-MeetingRoom  
Access Code: AFHTO2018

For PSAV Onsite Tech Assistance: 647-212-6950

- Allows for one (1) connection per device
- Only for use in convention centre.  
Hotel guest rooms have separate login.

## GET SOCIAL

 **Facebook:** Association of Family Health Teams of Ontario (AFHTO)

 **Twitter:** @afhto

**JOIN THE CONVERSATION: #AFHTO2018**

# Schedule At a Glance

## SESSIONS TO BE CERTIFIED

### PRE-CONFERENCE DAY: TUESDAY, OCTOBER 23, 2018

TIME	SESSION	ROOM
5:00 PM – 8:00 PM	Members' Program Governing Through Healthcare Transformation: Leading Practices in Effective Governance and Collaborative Governance	Marine Room, Convention Centre South, 1st Floor

### CONFERENCE PROGRAM | WEDNESDAY, OCTOBER 24, 2018

TIME	SESSION	ROOM
8:00 AM – 10:00 AM	Registration and Breakfast	Metropolitan Ballroom Convention Centre North, 2nd Floor
10:00 AM – 12:00 PM	Addressing Mental Health and Addictions Needs in Primary Care <i>Leadership workshop open only to Board members, Board Chairs, EDs and Lead MDs/NPs of AFHTO member organizations</i>	Harbour Ballroom A & B Convention Centre South, 2nd Floor
12:30 PM – 2:00 PM	Lunch Buffet	Metropolitan Ballroom Convention Centre North, 2nd Floor
2:30 PM – 4:15 PM	Concurrent Session A (2:30 pm – 3:15 pm) Concurrent Session B (3:30 pm – 4:15 pm)	<i>Refer to agenda on badge or session schedule on pg. 10-11</i>
4:30 PM – 6:00 PM	Get More From Your EMR: Networking and knowledge exchange sessions & Expanding Care in the Community	<i>Refer to agenda on badge or session schedule on pg. 8</i>

### CONFERENCE PROGRAM | THURSDAY, OCTOBER 25, 2018

TIME	SESSION	ROOM
7:30 AM – 9:30 AM	Registration and Breakfast	Metropolitan Ballroom Convention Centre North, 2nd Floor
8:45 AM – 10:30 AM	Concurrent Session C (8:45 am – 9:30 am) Concurrent Session D (9:45 am – 10:30 am)	<i>Refer to agenda on badge or session schedule on pg. 10-11</i>
11:00 AM – 12:45 PM	Concurrent Session E (11:00 am -11:45 am) Concurrent Session F (12:00 pm – 12:45 pm)	<i>Refer to agenda on badge or session schedule on pg. 10-11</i>
12:45 AM – 2:30 PM	Lunch Buffet Closing Plenary with Jody Hoffer-Gittell (1:15 PM - 2:15 PM) <i>Transforming Relationships for High Performance – The Power of Relational Coordination</i>	Metropolitan Ballroom Convention Centre North, 2nd Floor

# Schedule At a Glance

## NON-CERTIFIED SESSIONS

### CONFERENCE PROGRAM | WEDNESDAY, OCTOBER 24, 2018

TIME	SESSION	ROOM
8:00 AM – 10:00 AM	Registration and Breakfast <i>Exhibit halls and poster displays open</i>	Metropolitan Ballroom Convention Centre North, 2nd Floor
8:30 AM – 9:30 AM	Annual General Meeting	Harbour Ballroom A & B Convention Centre South, 2nd Floor
9:00 AM – 12:00 PM	IHP Profession-based Networking Sessions	<i>Refer to agenda on badge or session schedule on pg. 9</i>
12:30 PM – 2:00 PM	Opening Plenary & Bright Lights Awards Ceremony	Metropolitan Ballroom Convention Centre North, 2nd Floor
2:00 PM – 2:25 PM	Poster and Exhibit Break	Metropolitan Ballroom Convention Centre North, 2nd Floor
5:30 PM	Exhibit Hall and Poster Displays Close	Metropolitan Ballroom Convention Centre North, 2nd Floor
6:30 PM – 7:30 PM	“New Faces, New Approaches: How to Navigate the New Government” <i>6:00 pm Entry (ticket required)</i>	Harbour Ballroom B & C Convention Centre South, 2nd Floor

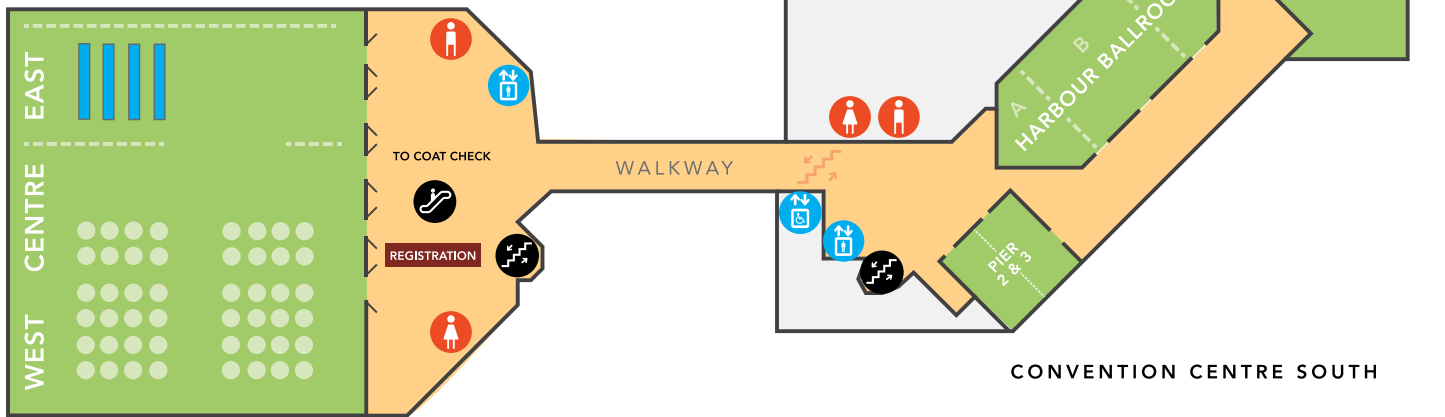
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10:30 AM – 11:00 AM	Poster and Exhibit Break	Metropolitan Ballroom Convention Centre North, 2nd Floor
12:45 PM – 2:30 PM	Lunch Buffet	Metropolitan Ballroom Convention Centre North, 2nd Floor
1:30 PM	Exhibit Hall Closes	Metropolitan Ballroom Convention Centre North, 2nd Floor

# Westin Floorplan

HALLWAYS  
REGISTRATION  
BUFFET  
MEETING ROOMS

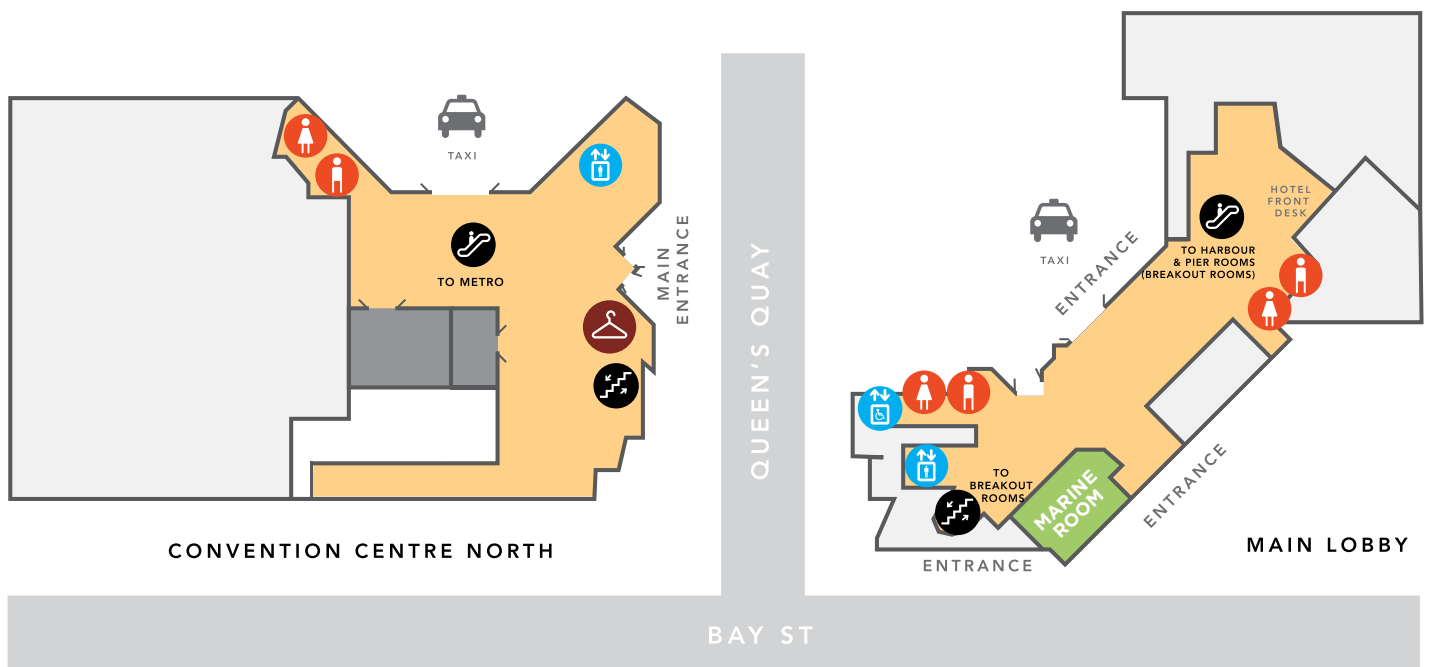
ESCALATOR/STAIRS  
ELEVATOR  
WASHROOMS  
COATCHECK



**METROPOLITAN BALLROOM**  
CONVENTION CENTRE NORTH

CONVENTION CENTRE SOUTH

## SECOND FLOOR



CONVENTION CENTRE NORTH

MAIN LOBBY

BAY ST

## STREET LEVEL

# Opening Plenary

## FROM PATIENT ENGAGEMENT TO PATIENT PARTNERSHIP: WHY LIVED EXPERIENCE MATTERS

Wednesday, October 24, 2018 | 12:30 pm – 1:00 pm  
Metropolitan Ballroom, Convention Centre North, 2nd floor

Patient engagement has been used to describe everything from the patient/provider relationship, patients being asked to provide feedback (satisfaction surveys) on their healthcare experience, to patients providing strategic advice and facilitating the opportunity to design healthcare policy that is 'patient centered'.

Patients and families speaking up and wanting to be involved in discussions and decisions about challenges they face in our healthcare system isn't new. What we're seeing in recent years is a clear culture shift of hospitals, healthcare bodies, and government striving to both 'hear' and 'listen' to patients and partnering with them to better understand how to incorporate this important 'lived experience' into healthcare policy, planning, design, and research.

In her presentation, Julie will reflect on her journey as a patient and family advisor. What were the opportunities and challenges, and what has she learned about the evolution of patient engagement, patient centred care, patient partnership and patient leadership. Julie will offer the audience an opportunity to reflect on how they think about patient engagement and inspire the continual evolution of this incredibly important to work in partnership with patients and families.



**SPEAKER: JULIE DRURY**  
Chair, Minister's Patient and Family Advisory Council

Julie Drury is passionate about the patient/family/professional partnership and experience in health and healthcare. She is an experienced patient/family engagement and partnership advisor having advised and chaired committees at the provider, hospital, organizational, provincial and national level. In her role, she facilitates and supports organizations in ensuring the patient and family perspective in health care policy design and decision making is a priority.

As the mother of a child who was diagnosed with SIFD, a rare form of mitochondrial disease, Julie has particular experience in rare disease, the challenges of system navigation, complex care and care coordination, palliative care and patient safety.

Julie is an experienced health policy analyst with an 18-year career with the federal public service, and respected for her highly collaborative work style, stakeholder engagement, and leadership skills. Julie is the inaugural Chair of the Minister's Patient and Family Advisory Council for the Ontario Ministry of Health and Long-Term Care. Julie's personal and professional experiences are focused on advising government on key health priorities that will have a real impact on patient care and experiences in Ontario and across Canada.



# Closing Plenary

## TRANSFORMING RELATIONSHIPS FOR HIGH PERFORMANCE – THE POWER OF RELATIONAL COORDINATION

Thursday, October 25, 2018 | 1:15 pm - 2:15 pm  
Metropolitan Ballroom, Convention Centre North, 2nd floor

Primary care is an essential element of successful systems of care. Yet when people build systems of care, they often neglect primary care. Regional planners say they have not been able to engage primary care, while primary care providers are disillusioned about being part of the solution when their work appears to be undervalued.

In the closing plenary Dr. Gittell will share evidence regarding the power of relational coordination – coordinating work through relationships of shared goals, shared knowledge and mutual respect – for addressing these challenges from the systems level to the front line of care.

Relational coordination among key stakeholders has been demonstrated to support healthcare quality, safety, efficiency, learning and innovation, while enhancing the engagement of both patients and care providers. Moreover, common sense interventions have been shown to strengthen relational coordination. Dr. Gittell will share the research evidence thus far, then introduce participants to two activities they can use with other stakeholders to diagnose and strengthen relational coordination where it is most urgently needed.



**SPEAKER: JODY HOFFER GITTELL**  
Professor of Management, Brandeis University  
Executive Director, Founder, Relational Coordination Research Collaborative

Jody Hoffer Gittell is a professor of management at Brandeis University's Heller School for Social Policy and Management. She founded the Relational Coordination Research Collaborative, bringing scholars and practitioners together to help organizations build relational coordination for high performance. She serves as co-founder and Chief Scientific Officer of a university spinoff called Relational Coordination Analytics offering relationship measurement and intervention support to organizations seeking to improve quality, efficiency, well-being and other performance outcomes.

Dr. Gittell has developed a theory of relational coordination, proposing that highly interdependent work is most effectively coordinated by frontline

workers with each other, their customers and their leaders, through relationships of shared goals, shared knowledge and mutual respect, supported by frequent, timely, accurate, problem-solving communication. Her research is published in a wide range of scientific journals.

More recently, Gittell's relational model of organizational change has extended the theory to address how organizations and their stakeholders increase relational coordination to achieve quality, efficiency, well-being and other performance outcomes. Dr. Gittell received her PhD from the MIT Sloan School of Management and taught for six years at the Harvard Business School before joining Brandeis University in 2001.



# Bright Lights

## BRIGHT LIGHTS AWARDS CEREMONY

Wednesday, October 24, 2018 | 1:00 pm – 2:00 pm  
Metropolitan Ballroom, Convention Centre North, 2nd floor

The “Bright Lights” Awards recognize our members’ leadership, outstanding work and significant progress being made to improve the value delivered by interprofessional primary care teams across Ontario. Winners will be announced in seven categories aligned with the conference themes, for innovations that are scalable and sustainable, make a big impact, and can be shared with other teams across the province. Four award recipients will also receive an education grant valued at \$2,500.

“Bright Lights” Award recipients are:

- Innovators – making small changes for maximum impact to improve patient experience and outcomes
- Team Players – interprofessional teams, collaborators and relationship builders
- Demonstrating Impact – can show how their work is benefitting the health care system



# Members Only Sessions

## SESSIONS TO BE CERTIFIED

### TUESDAY, OCTOBER 23, 2018

TIME	SESSION	ROOM
5:00 PM – 8:00 PM	“Governing Through Healthcare Transformation: Leading Practices in Effective Governance and Collaborative Governance”	Marine Room, Convention Centre South, 1st Floor

### WEDNESDAY, OCTOBER 25, 2018

TIME	SESSION	ROOM
10:00 AM – 12:00 PM	Leadership Triad Session	Harbour Ballroom A & B

#### Addressing Mental Health and Addictions Needs in Primary Care

*Session open only to board members, chairs, EDs and Lead MDs or NPs of AFHTO member organizations.*

We have partnered with the Canadian Mental Health Association, Ontario, and co-designed a session to focus on mental health and primary care integration. Leaders from the CMHA chapters across the province will join us – leaders in primary care – to discuss how both sectors can work more closely together to ensure patients receive timely access to care.

4:30 PM – 6:00 PM	<b>EMR Networking and Knowledge Exchange</b> <ul style="list-style-type: none"> <li>• Accuro EMR (Pier 7 &amp; 8)</li> <li>• OSCAR EMR (Pier 9)</li> <li>• Telus Practice Solutions (Pier 4 &amp; 5)</li> </ul>	
4:30 pm – 6:00 pm	Expanding Care in the Community	Harbour A

# Members Only Sessions

## NON-CERTIFIED SESSIONS

WEDNESDAY, OCTOBER 25, 2018

TIME	SESSION	ROOM
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8:30 AM – 9:30 AM	<b>Annual General Meeting</b> • AFHTO Board Meeting (30 minutes following the AGM)	Harbour Ballroom A & B
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9:00 AM - 11:00 AM	<b>Interprofessional Networking Sessions</b>	<b>Metro Ballroom West</b>
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9:00 AM to 10 AM - Session with Catherine Donnelly, PhD, associate professor at the School of Rehabilitation Therapy, Queen's University

IHPs are a key piece of teams, but we do not yet have IHP-centric outcomes to show our merit. Catherine will discuss her research project that integrates outcomes in IHP practice.

10:00 AM to 11:00 AM - Clinically-focused discussion facilitated by Marg Alfieri, Chair, IHP Advisory Council

This is your opportunity to tell AFHTO, the inaugural IHP Advisory Council and each other what matters to you. What are the issues that keep you up at night? If there was one thing you would change in your practice/team what would it be?

11:00 AM - 12:00 PM	<b>Profession-Based Networking Sessions   Breakouts</b>	<b>Each profession will have their own room or table in Metro Ballroom</b>
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*Presented by the IHP Advisory Council and Session Leads*

This is an opportunity for all members to meet, mingle and share insights with peers in similar roles from across Ontario. Agendas for each session will be developed by their Lead or council member.

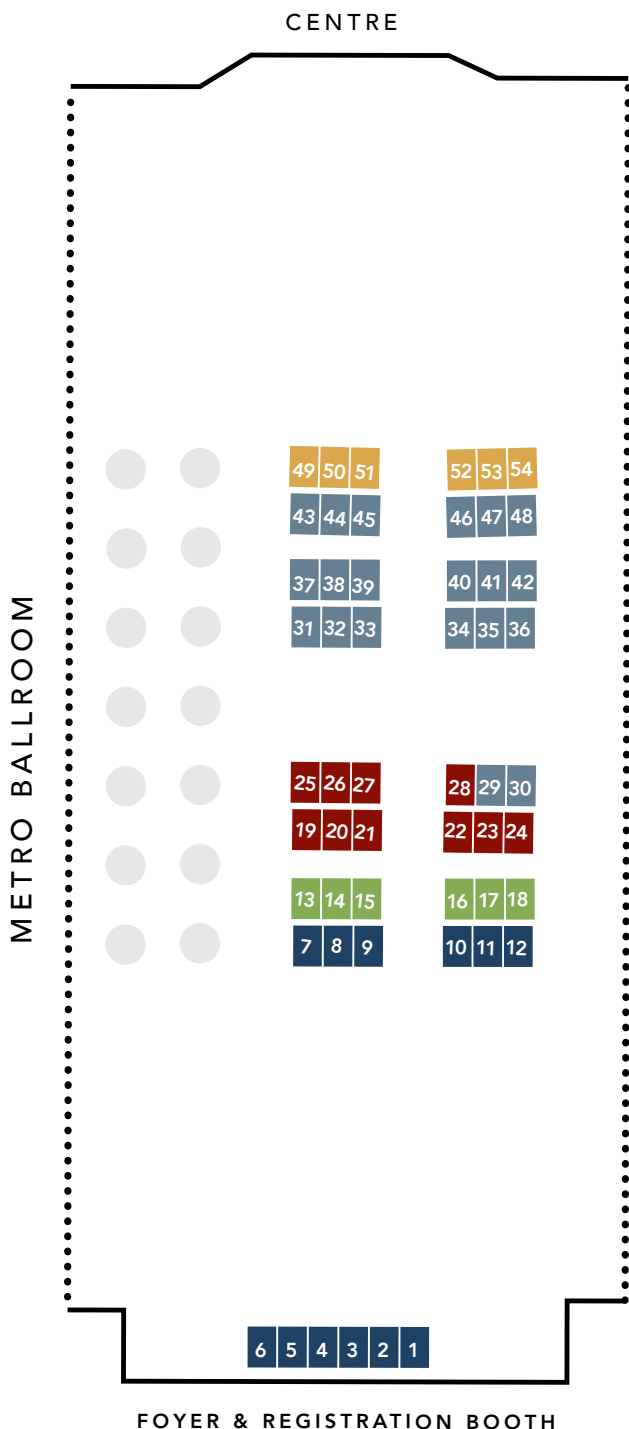
The following groups and communities of practice will participate and host a networking session:

- Administration (Pier 2)
- Nurse (RN/RPN) (Harbour C)  
**10:00am start**
- Pharmacist (Pier 8)
- Registered Dietitian (Pier 9)
- Chiropodist (Metro Ballroom)
- Nurse Practitioner (Pier 7)  
**10:00am start**
- Physiotherapist (Metro Ballroom)
- Respiratory Therapist (Metro Ballroom)
- Health Promoter (Metro Ballroom)
- Occupational Therapist (Metro Ballroom)
- Quality Improvement Decision Support Specialist (QIDSS) (Marine)
- Mental Health and Social Worker (Pier 3)

	MENTAL HEALTH AND ADDICTIONS	HEALTHY RELATIONSHIPS, HEALTHY TEAMS	EXPANDING YOUR REACH	
<b>DAY ONE</b>				
<b>CS B</b> 3:30 PM — 4:15 PM	<b>A1 Building Strong Collaboration between Primary Care and Children's Mental Health Services</b> <i>ROCK (Reach Out Center for Kids); Caroline FHT</i> <b>Pier 2 &amp; 3</b>	NONE	<b>A3 A TIP for Interprofessional Complex Care – Sharing Your Team</b> <i>Sunnybrook Academic FHT</i> <b>Harbour A</b>	
<b>CS B</b> 3:30 PM — 4:15 PM	<b>B1 When Things Aren't Adding Up, Start Subtracting! De-Prescribing Sedative-Hypnotics</b> <i>Taddle Creek FHT</i> <b>Harbour A</b>	<b>B2 Optimizing Team Communication and Employee Engagement</b> <i>South East Toronto FHT</i> <b>Pier 4 &amp; 5</b>	<b>B3-a Building Positive Space in Primary Care to Improve Access for LGBTQ Patients</b> <i>Hamilton FHT</i> <b>Marine</b>	<b>B3-b Increasing Access and Safety to Newcomers</b> <i>Windsor FHT and St. Clair College</i> <b>Pier 2</b>
<b>DAY TWO</b>				
<b>CS D</b> 9:45 AM — 10:30 AM	<b>C1 Challenging Weight Bias in Diabetes Management: The Development and Implementation of a Group Integrating HAES and Intuitive Eating Principles</b> <i>Taddle Creek FHT, Diabetes Education Program</i> <b>Marine</b>	<b>CD1 Working Together: A Multi-Organizational Partnership to Support Pain Management and Opioid Prescribing in Primary Care Teams</b> <i>Health Quality Ontario; Hamilton FHT; CAMH</i> <b>Pier 5</b>	<b>C2 Out of the Ashes: Emergency Preparedness and Disaster Recovery</b> <i>Georgina NPLC</i> <b>Pier 7 &amp; 8</b>	
<b>CS D</b> 9:45 AM — 10:30 AM	<b>D1 Investing in the Next Generation: An Effective Partnership to Boost Social Competence in Children Struggling with Mental Health Issues and Learning Disabilities</b> <i>Couchiching FHT</i> <b>Marine</b>		<b>C3 Physiotherapy in Primary Health Care Teams: Enabling Upstream Management of Pain and Functional Limitations</b> <i>Four Villages CHC; Toronto Central LHIN</i> <b>Pier 9</b>	
<b>CS D</b> 9:45 AM — 10:30 AM		<b>D2 Full Scope Nursing in Primary Care = Access, Improvement &amp; Innovation</b> <i>Peterborough FHT</i> <b>Harbour B</b>	<b>D3-a Geriatric Care Outreach Team- Improving Care for At Risk Seniors in Our Community</b> <i>Algonquin FHT</i> <b>Harbour C</b>	<b>D3-b Guelph Residents' Health Matters: Guelph FHT Teams are Embedded in the Community</b> <i>Guelph FHT</i> <b>Pier 9</b>
<b>CS E</b> 11:00 AM — 11:45 AM	<b>E1 OPTIMUM: Optimizing Outcomes of Treatment Resistant Depression in Older Adults</b> <i>Centre for Addiction &amp; Mental Health</i> <b>Pier 7 &amp; 8</b>	<b>E2 Liberating Guelph FHT Structure: Leadership by ALL</b> <i>Guelph FHT</i> <b>Harbour B</b>	<b>E3 Adolescent Outreach: Reaching and Teaching Teens</b> <i>Sunnybrook Academic FHT</i> <b>Pier 5</b>	
<b>CS F</b> 12:00 PM — 12:45 PM	<b>F1 BounceBack: Free CBT Skill-Building Program Effective for Adults and Youth 15+ with Mild to Moderate Depression and Anxiety</b> <i>Canadian Mental Health Association, Ontario Division</i> <b>Harbour A</b>	<b>F2 Developing an Integrated Care Plan Through Collaborative Relationships</b> <i>Kirkland District FHT</i> <b>Pier 5</b>	<b>F3-a From Legislation to Lessons: Mounting a Collaborative Primary Care Response to Requests for Medical Assistance in Dying</b> <i>Hamilton FHT</i> <b>Pier 7 &amp; 8</b>	<b>F3-b Keep Your Friends Close and Your FHOs Even Closer: Expanding Mental Health Services to Three FHOs in Kitchener-Waterloo</b> <i>Centre for Family Medicine FHT</i> <b>Pier 9</b>

THE “HOW TO” STREAM		WHY HASN'T THIS EXPANDED: SCALABLE PILOT PROGRAMS		THE FUTURE OF THE REGIONAL APPROACH TO HEALTHCARE	
<p><b>A4-a Team-Based Transition Management- A Hospital Discharge Follow-up Process</b> <i>Tilbury District FHT; Windsor FHT</i> <b>Harbour B</b></p>	<p><b>A4-b A Customizable Approach to Optimizing EMR Proficiency in Your Practice: OntarioMD's EMR Practice Enhancement Program</b> <i>OntarioMD Inc.</i> <b>Harbour C</b></p>	<p><b>A5 You're the Chef – Hands on Nutrition Education</b> <i>Thames Valley FHT</i> <b>Pier 7 &amp; 8</b></p>		<p><b>A6 Improving Quality Together</b> <i>North Huron FHT; North Perth FHT</i> <b>Pier 4 &amp; 5</b></p>	
<p><b>B4 Stop Banging Your Head Against a Wall: How to Measure, Discuss, and Improve Timely Access to Team-Based Primary Care</b> <i>St. Michael's Hospital Academic FHT</i> <b>Harbour B</b></p>		<p><b>AB5 The North Star - Leading the Way in Collective Action</b> <i>Manitoulin Central FHT; Powassan and Area FHT</i> <b>Pier 9</b></p>	<p><b>B5-a The BETTER Approach: Implementing an Innovative, Evidence-Based Program for Cancer and Chronic Disease Prevention and Screening in Primary Care</b> <i>St Joseph's Urban FHT; University of Toronto</i> <b>Harbour C</b></p>	<p><b>B5-b Scaling-Up the Eating Disorders Bridge Program: the FHT Model at its Best</b> <i>Markham FHT</i> <b>Pier 7 &amp; 8</b></p>	<p><b>B6 New Primary Care Provider Orientation – A South West LHM and HealthForceOntario Partnership</b> <i>Partnering for Quality; HealthForceOntario</i> <b>Pier 3</b></p>
<p><b>C4 Thinking Outside the Box: Applying Lean Tools in Primary Care</b> <i>Kawartha North FHT; Leamington and Area FHT; City of Lakes FHT</i> <b>Harbour B</b></p>	<p><b>CD4 Nothing About Them Without Them: Creating a Meaningful Patient and Family Advisory Council (PFAC)</b> <i>Sunnybrook Academic FHT</i> <b>Harbour A</b></p>	<p><b>C5 “Failure is the Best Teacher”: Lessons Learned from our FHTs' Greatest Misses</b> <i>Kawartha North FHT; City of Kawartha Lakes FHT; Northumberland FHT</i> <b>Pier 4</b></p>		<p><b>C6-a (Sub)Regional Collective Problem Solving and Strategizing</b> <i>Windsor FHT; Leamington and Area FHT; Tilbury District FHT; Harrow Health Centre FHT; Chatham Kent FHT</i> <b>Harbour C</b></p>	<p><b>C6-b A Balancing Act – The Incremental Approach to Non-Rostered Patient Access of SETFHT Programs &amp; Services</b> <i>South East Toronto FHT</i> <b>Pier 2 &amp; 3</b></p>
<p><b>D4 Increasing Cancer Screening Rates and Reducing Related Disparities: Insights for Your Team</b> <i>St. Michael's Hospital Academic FHT</i> <b>Pier 4</b></p>		<p><b>D5 Did You Know a Malnourished Senior is 73% More Likely to Fall Than a Well Nourished Senior?</b> <i>Hamilton FHT; Upper Grand FHT</i> <b>Pier 7 &amp; 8</b></p>		<p><b>D6 Collaborative Development of a Primary Care Network in Burnaby, British Columbia</b> <i>Burnaby Health Services &amp; Hospital; Burnaby Division of Family Practice</i> <b>Pier 2 &amp; 3</b></p>	
<p><b>E4-a Time to Talk – A Toolkit to Engage Caregivers and Providers in Primary Care</b> <i>STAR FHT; Huron Perth Healthcare Alliance; North Huron and North Perth FHTs; Change Foundation</i> <b>Pier 4</b></p>	<p><b>E4-b Legal Health Clinic</b> <i>McMaster Family Practice; McMaster University</i> <b>Pier 9</b></p>	<p><b>E5-a Managing and Mitigating Low Back Pain and Opioid Use in Interprofessional Teams: The Primary Care Low Back Pain Pilots</b> <i>Belleville NPLC; Mount Forest Chiropractic; Mount Forest FHT; Impact Physiotherapy</i> <b>Harbour C</b></p>	<p><b>E5-b Why Does Money Matter Anyway? Advocating For Income Supports to Increase Health</b> <i>St. Michael's Hospital Academic FHT</i> <b>Pier 2 &amp; 3</b></p>	<p><b>E6 Enhancing Patient Experiences And Outcomes Via A Unique Windsor-Essex County Partnership between Public Health, Community Health Centres, Family Health Teams, and Nurse Practitioner Led Clinics</b> <i>Windsor-Essex County Health Unit</i> <b>Harbour A</b></p>	
<p><b>F4-a How to OutFIT Your Practice and Patients: the Fecal Immunochemical Test</b> <i>Cancer Care Ontario</i> <b>Marine</b></p>	<p><b>F4-b 21 Questions Healthcare Boards Should Be Asking About Risk</b> <i>Healthcare Insurance Reciprocal of Canada</i> <b>Harbour B</b></p>	<p><b>F5 Integrating Advance Care Planning into Primary Care Teams</b> <i>Bridgepoint FHT</i> <b>Harbour C</b></p>		<p><b>F6 Primary Care Health Link Coordination / System Navigation Experiences</b> <i>Maple FHT; Kingston Health Link; Rural Hastings Health Link</i> <b>Pier 4</b></p>	

# Poster Displays



## THEME 1: MENTAL HEALTH AND ADDICTIONS

1. Person-Centred Risk Assessment Framework: Assessing and Managing Risk in Older Adults Living with Dementia
2. Evolution of a Primary Care-Based Psychiatry Program
3. Paying for Engagement: An Incentive-Based Program for Women Who Use Substances During Pregnancy
4. Improving Access to Social Worker Services by Reducing Wait Times
5. A Research Study of an Emotion Focused Mindfulness Group in Primary Care (Work in Progress)
6. Utilizing the Knowledge and Skills of a FHT Pharmacist and Social Worker for Opioid Weaning and Pain Management
7. Behaviours that Challenge in Adults with Intellectual and Developmental Disability: Is it Mental Health?
8. Inter-Professional Team Care Intervention in High Needs Area
9. OPIOIDS in CNCP-Identifying Your "At Risk" Patients at a FHT
10. From 'First Contact': Engaging Patients, Assessing Needs, and Reducing Wait Times for Mental Health Counselling
11. Readiness for Patient Engagement in Primary Care Teams
12. Reducing Harm from Opioids: A Multi-Pronged Team-Based Approach

## THEME 2: HEALTHY RELATIONSHIPS, HEALTHY TEAMS

13. Expanding HAES® to Our Community by Delivering an Interdisciplinary Intuitive Eating Program at SETFHT
14. Understanding the Incentives and Disincentives that Influence Team Collaboration to Improve the Quality of Care for Depression and Anxiety in Ontario's Family Health Teams
15. Aiming Our Sights High: Bringing Together Primary Care Practitioners of the Couchiching FHT for a Yearly QI Summit
16. Nurse Led Well Baby and Child Visit Program
17. An Interprofessional Approach to Developing a Homebound Patient Medication Safety Tool
18. An Application of Social Constructivism Theory to Improve the Utilization of a Community of Practice for Occupational Therapists Working in Primary Care



### **THEME 3: EXPANDING YOUR REACH**

19. INSPIRED – Scaling Up INSPIRED Approaches to COPD Care
20. Here We Grow – The Evolution of an In-Home Interprofessional Primary Care Team to Include a Clinic Model
21. Hearing Screening: Expanding Access with Mobile Technology and Giving Kids the Edge in School
22. Infant Nutrition & Sleep – Creating and Implementing a Program for Sleepy New Parents
23. Transgender Care Clinic
24. Chronic Pain: A Registered Nurse Led Self-Management Program
25. Palliative Care in Multi-Cultural Rural Communities: Interweaving Practice and Learning
26. Advances Evaluation Methods: An Examination of the Barrie and Community Family Health Team Diabetes Management Program
27. Optimization of Patient Visits to Improve Access and Quality of Care
28. Chomp and Stomp – Keeping Infants on Track

### **THEME 4: THE “HOW TO” STREAM**

29. Breathing Easier: Using the Health Equity Impact Assessment to Ensure Equitable Delivery of a Primary Care Respiratory Program
30. ROAR: Addressing Literacy in Primary Care with Our Youngest Population
31. Providing Evidenced-Based Care as a Best Practice Spotlight Organization Pre-Designate
32. Power Over Pain: An Interdisciplinary Approach to the Treatment of Chronic Pain
33. Mediterranean Style Eating: Guide to Why and How
34. NutriSTEP: Is Your Child at Risk? Tips to Healthy Screening
35. Successfully Engaging Team Members in a FHT-Wide Implementation of the Telus PS Smoking Status Toolbar
36. Optimize Vascular Protection with ACE Inhibitors or ARBs in a Diabetic Population in a Community Based FHT – A Health Improvement Initiative and Validating the My Practice Report by Health Quality Ontario
37. The Journey to Cultural Competency – Learning Lessons Along the Way

38. Using EMR Reminders to Make a Difference to Renally Impaired Patients
39. Guelph FHT’s Evaluation Mindset: A Ten Year Evolution
40. Moving with the Times – Improving the Patient Experience with Communication and Technology
41. Agile Approach to FHT Emergency Preparedness
42. How to Reduce Cardio-Metabolic Risk in Your Patients through Diet and Exercise? Creating Community Collaborations and Optimizing Resources for the CHANGE Program
43. Upstream Healthcare: A Postpartum Gestational Diabetes Group
44. To Be or Not to Be... Assessing Hallux Abductovalgus Deformity as Part of the 60-Second Diabetic Foot Screen
45. Innovation Explosion: Developing and Using Strategies and Resources to Build the Capacity of Family Health Teams to Implement Baby-Friendly Best Practices
46. PPI DE-PRESCRIBING PROJECT - Where We Came From - Where We Are At Now - Where We Are Going
47. Learning How to Get Lucky: Enablers of High Performing Primary Care Teams
48. The Role of Chiropraxy Within the Family Health Team

### **THEME 5: WHY HASN’T THIS EXPANDED: SCALABLE PILOT PROGRAMS**

49. The iDynaForm: An Innovative Tool to Efficiently Manage Patients with One or Multiple Chronic Diseases to Increase Scope for Allied Health and Build Capacity within Family Health Teams
50. Ontario’s First FHT to Achieve Baby-Friendly Designation – A Roadmap to Success
51. Levelling the Playing Field: Helping Patients with Severe Physical Disabilities in Your FHT



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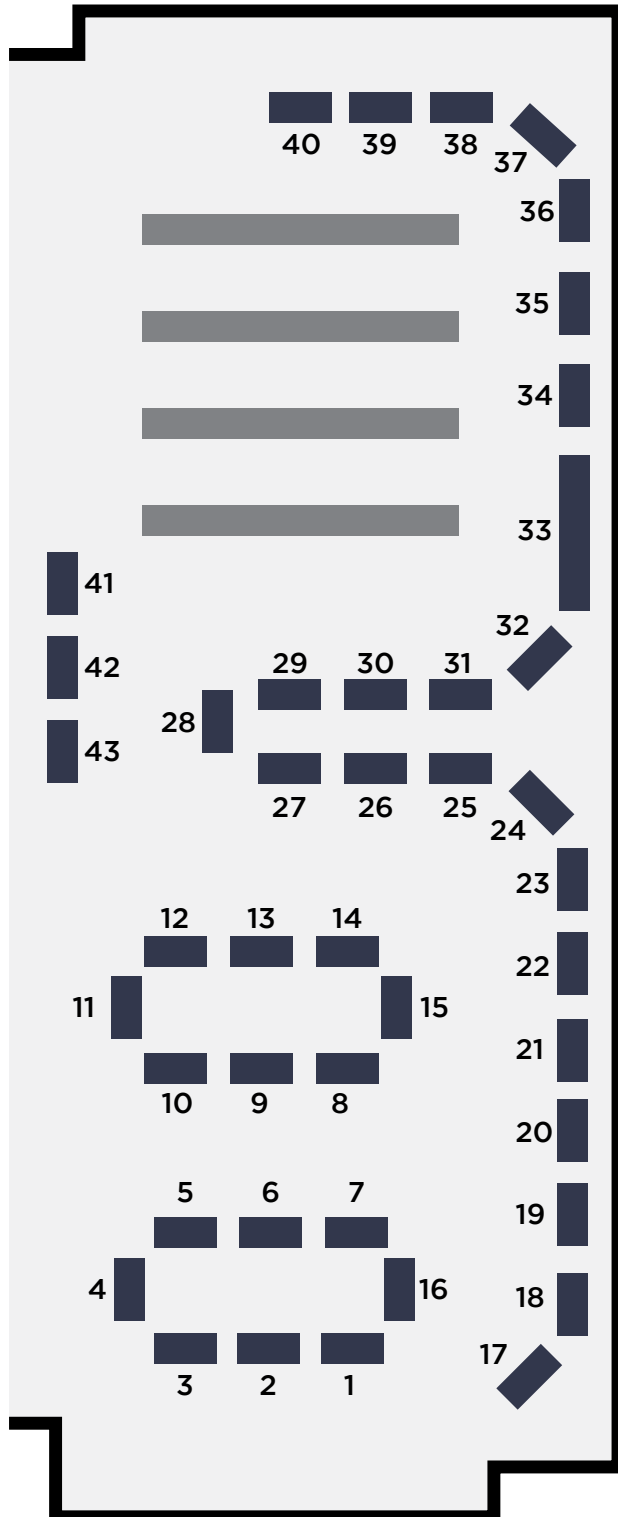
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The AFHTO Conference would not be possible without the dedicated time and expertise provided by our team of volunteers. A sincere thank you to the following volunteers for all of their hard work to develop the AFHTO 2018 Conference program!

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September 19 & 20, 2019  
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The call for Concurrent Session and Poster abstracts will open in April 2019.

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- This Group Learning program has been reviewed by the College of Family Physicians of Canada and is awaiting final certification by the College's Ontario Chapter.
- Attendance at this program entitles certified Canadian College of Health Leaders members (CHE / Fellow) to 1.75 Category II credits for Pre-Conference on Oct 24th and 6 Category II credits for the Conference toward their maintenance of certification requirement

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## The Association of Family Health Teams of Ontario (AFHTO)

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The Association of Family Health Teams of Ontario (AFHTO) is a not-for-profit association representing Ontario's primary care teams, which includes Family Health Teams, Nurse Practitioner-Led Clinics and others who provide interprofessional comprehensive primary care. AFHTO works to support the implementation and growth of primary care teams by promoting best practices, sharing lessons learned, and advocating on behalf of all primary care teams. Evidence and experience show that team-based comprehensive primary care is delivering better health and better value to patients.